

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Colorado River Indian Tribes Region is defined as the Arizona part of the Colorado River Reservation, including the town of Parker. The region lies entirely in La Paz County.



GET THIS INFO ONLINE:

[FirstThingsFirst.org / Find-Programs](https://FirstThingsFirst.org/Find-Programs)



## Parenting

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

### Parenting Activities

Participate in family-friendly workshops, classes, story times and other events to have fun with your child, learn more about child development, positive parenting, health and literacy, and meet other parents.

#### **Colorado River Indian Tribes Early Literacy Program Colorado River Indian Tribes Library**

Kathryn Probst | (928) 669-1339  
[kathryn.probst@crit-nsn.gov](mailto:kathryn.probst@crit-nsn.gov)



## Child Health and Development

All children develop differently, but it helps to know if they're meeting typical milestones or could use extra assistance, and many medical and dental problems can be prevented.

### Nutrition and Physical Activity

Participate in a series of fun classes to be more informed about nutrition and wellness and help motivate your family to eat healthy and be physically active.

#### **Colorado River Indian Tribes Nutrition and Physical Activity Program Colorado River Indian Tribes Department of Health Services**

Shawni Laffoon | (928) 575-1287  
[shawni.laffoon@crit-dhs.org](mailto:shawni.laffoon@crit-dhs.org)



## Quality Child Care and Preschool

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: [FirstThingsFirst.org](https://FirstThingsFirst.org)

### Summer Transition to Kindergarten

Helps children who may not have had any preschool experiences and their families to prepare for the transition to kindergarten.

#### **Transition to Kindergarten Program Arizona PBS**

Misty Standeford | (480) 869-0183  
[misty.haas@asu.edu](mailto:misty.haas@asu.edu)



## Birth to Five Helpline

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



**Southwest Human Development**  
1-877-705-KIDS (5437)  
[birthtofivehelpline.org](http://birthtofivehelpline.org)

### LEARN MORE

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at [FirstThingsFirst.org/Regions/Colorado-River-Indian-Tribes](https://FirstThingsFirst.org/Regions/Colorado-River-Indian-Tribes) or call **928.854.8732**.

# FIRST THINGS FIRST 

 AZFirstThingsFirst

 @AZFTF

 @azfirstthingsfirst

*Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.*

*In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified on 11/02/2021.*