

Resource Your directory for child and family services on the Navajo Nation Guide



FIRST THINGS FIRST

Navajo Nation Region

This is your directory of organizations and referral agencies that provide services to children and their families throughout the Navajo Nation. If you would like additional copies of this guide, would like to suggest corrections, or would like to be included in the next edition, please contact Rodina Jordan-Dahozy, Program Coordination Specialist, at (928) 810-4306 or rjordan@firstthingsfirst.org

About First Things First

Approved by Arizona voters, First Things First (FTF) works to ensure that our youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, FTF Regional Partnership Councils—in collaboration with local leaders—identify the education and health needs of children birth through age 5 in their communities and fund strategies to address those needs.

First Things Navajo Nation Regional Partnership Council

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www.firstthingsfirst.org/regions/navajo-nation







Disclaimer

The publishers have taken every reasonable measure to ensure the information in this Resource Guide is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of the agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify Rodina Jordan-Dahozy at First Things First, Navajo Nation Regional Office at (928) 810-4306 or rjordan@firstthingsfirst.org

Diné Early Childhood Cultural Teachings and Traditions

Hózhóojí doo lighaash (The Blessing Way Ceremony) is performed for expectant mothers, who are in their third trimester to protect them during childbirth and to ensure the baby's safe delivery. Tó Asdzáán dóó Chahałheeł Asdzáán (Water Woman and Darkness Woman) nurture the child in the womb for nine months.

Hózhóogo Anoosééł /Jinoosééł (Growing in Beauty) signifies that all Navajo children grow and develop into healthy individuals within an environment of caring parents, extended family and community.

Tádídíín Bizaajaa' (Feeding of the Corn Pollen) Immediately after birth, the baby is fed corn pollen and breast milk as an introduction to Naadáá' dóó Nanise' Ch'iyáán (Earth Foods). Thereafter, the Holy Ones maintain a constant vigil as the baby enters the earthly world of air, water, fire and elements of Mother Earth, Father Sky, Sunshine. In earlier times, when mothers gave birth in the Hogan, it was customary to briefly expose the baby's head to heat from the fireplace for ancestry purposes. Ko'Diné'é (Fire People) welcome the child to the living world to light and warmth. Nahasdzáán dóó Yádiłhił (Mother Earth and Father Sky) nurture the child's development to become a unique, balanced and purposeful individual.

K'é dóó Ádóone'é (Welcome of Kinship and Clans) The baby is welcomed with terms of endearment Shiyázhí (My Little One), Shi'áwéé' (My Baby) when the parents first get to hold their newborn. Thereafter, the child is told their four clans: ninłj (mother's clan; you are), báshinilchíín (father's clan; you are born for), da nicheii (your maternal grandfathers are), da ninalí (your paternal grandfathers are). The declaring of clans puts responsibility of the child on those who are recognized within the child's clan groups. The child will eventually learn they themselves are responsible for respecting and aiding those surrounding him/her representing the K'é (kinship) concept.

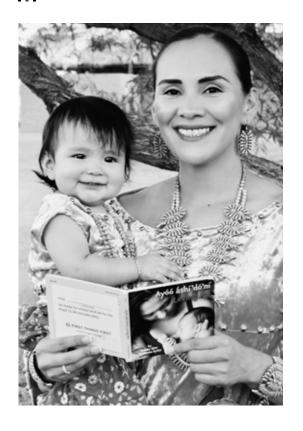
Bízhi' Ílnééh (Naming Ceremony) Before the baby's first laugh, a respected or retired military relative is given the honor of giving the child their Diné name. The baby's name can be chosen based on a relative's characteristics or based on the baby's trait and image as a warrior. When the placenta is offered back to nature, the child is introduced by their sacred name. Traditionally, an appropriate name for a male baby was Hashkéh (Challenger with Anger), and an appropriate female baby's name was Bah or Baa' (Active in War).

Awééts'áál (Cradle Board) After the baby is born, a Cradle Board is made by the child's father, grandfather or uncle to keep the baby safe so the mother can do her daily chores. Cradle Boards are made of oak, cottonwood, pine or cedar trees and are laced together with thin strips of leather that represent Atsoolghał (Female Lightning), Atsiniltlish (Male Lightning), Akétlióól (The Root) and Shá Bitl'óól (Sunbeam). The Cradle Board features a wide, wooden Nááts'íílid (Rainbow) over the baby's head that protects the child. A Yoolgai (White Shell) stone is placed on the female child's right hand side of the Cradle Board. A Dootl'izhii (Turquoise) stone is placed on the male child's lefthand side of the Cradle Board. Babies are wrapped tightly with a blanket and laced securely onto the board. It is believed that the flat board will give the baby a strong, straight back and that a soft supporting pad will help the infant form a nice round head while the security of the board produces a calm personality. The Cradle Board is blessed with corn pollen, prayers, songs and good thoughts for the baby. The design and construction of the Navajo style cradle board originated from Hane' of our mother, Asdzáá Nádleehí/Yoołgaii Asdzáán (Changing Woman/White Shell Woman).

Áwéé' Ch´ídeeldlo' (Baby's First Laugh) Diné tradition states a baby is considered to be of two worlds at birth: first, that of the Holy People, and second, that of the Earth Surface People. As weeks pass, adults wait and listen for the child's first chuckle - a sign of joy that signals the desire to join his/her family and community. In commemoration of this event, the person who witnesses the first laugh/giggle hosts an Áwéé' Ch'ídeeldlo' (Baby's First Laugh Ceremony). Guests often bear gifts. Before partaking of the traditional meal, a line is formed to receive an offering from the baby. The host helps the baby as he/she places a small piece of salt in the guests' hand. The salt is placed on the food, and is meant to rejuvenate the good character in each recipient and serve as the first in a lifetime of generous acts by the child. Relatives will greet the child by kinship terms and express a life of generosity and gratitude. It is believed that when the child laughs, the Holy One blesses the child with personality, uniqueness and capabilities.

Early Brain Development Information

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90% of a child's brain develops by age 5.

You are your child's first teacher. The job of helping your child succeed in school starts the day they are born. Developmentally appropriate learning and play activities can make the most of this crucial period, helping children get ready to succeed in life and in school.

Critical skills, like motivation, self-discipline, focus and self-esteem, begin to take root from birth to 5 years old.

Successful people share these traits and we must give children the tools to develop these essential skills. The early years provide the richest opportunity, more than any other time of life, to prepare the brain for a lifetime of learning. Results, not effort, are what matters.

Strong families are the building blocks of a strong society.

Positive, nurturing experiences in a child's first 5 years lay the foundation for a lifetime. It's crucial that parents have the tools they need to support young children with stable, nurturing environments in their earliest years.

"Healthy development in the early childhood years provides the building blocks for educational achievement, responsible and disciplined citizenship, lifelong wellbeing, strong kinship and communities, and successful parenting of the next generation. What can we do as parents, relatives, and leaders during this incredibly critical period is to ensure our children have a strong foundation of development, family and cultural values, and love. We need to practice and acknowledge the importance of early childhood development and learn how to support children and families during this critical stage. Our Navajo children hold the future of our great Navajo Nation."

- Navajo Nation First Lady Phefelia Nez



TABLE OF CONTENTS

CHILD CARE RESOURCES	10 - 14	FAMILY SUPPORT	25 - 48
Arizona Kith and Kin Project	10	PARENT, CAREGIVER, FAMILY RESOURCES	
Quality First Off Reservation Child Care Scholars	ship11	Navajo Nation Department of Family Services	25
Navajo Nation Child Care & Development Fund	(CCDF) 12	Libraries/Literacy Resources	26
Child Care Providers	12	Car Seat Resources	28
Central Navajo Region	12	Office of Diné Youth	29
Eastern Navajo Region	12	HOME VISITING PROGRAMS	
Fort Defiance Region	13	Growing in Beauty Home Visitation Program	30
Northern Navajo Region	13	The Family Spirit Program	
Western Navajo Region	13	The raining Spirit Hogiani	
		LEGAL	
		Navajo Nation Judicial Branch	31
EADLY EDUCATION	15 - 19	Navajo Nation DNA—People's Legal Services	32
EARLY EDUCATION	15 - 19	Birth Certificate Information	
		Navajo Nation Tribal Enrollment Services	34
Navajo Head Start/Early Head Start	15	ASSISTANCE PROGRAMS	
Preschool and Pre-Kindergarten Programs	15	Navajo Nation Department of Self-Reliance	35
Central Navajo Region	15	Financial Assistance Program (DFS)	
Eastern Navajo Region		Navajo Nation Department of Child Support Service:	
Fort Defiance Region		, , , , , , , , , , , , , , , , , , , ,	
Northern Navajo Region	16	EMPLOYMENT	
Western Navajo Region		Navajo Department of Workforce Development	
BIE Family and Child Education Programs		Vocational Rehabilitation	40
Central Navajo Region		HIGHER EDUCATION—FINANCIAL AID AND SCHO	LARSHIP
Eastern Navajo Region		Federal Student Aid	41
Fort Defiance Region		Navajo Nation Scholarship and Financial Assistance	41
Northern Navajo Region		American Indian College Fund	
Western Navajo Region	19	First Things First College Scholarships	42
DISABILITIES & SPECIAL NEEDS	S 20 - 24	HIGHER EDUCATION—COLLEGES, UNIVERSITIES, TECHNICAL COLLEGES	
		Navajo Tribal Colleges and Universities	44
		Public Arizona Colleges and Universities	45
RESOURCES	20	Private Arizona Colleges and Universities	46
Early Intervention Information		Public New Mexico Colleges and Universities	47
Early Intervention Services on the Navajo Nation		Private New Mexico Colleges and Universities	48
Growing In Beauty—AZ Early Intervention		Other Colleges and Universities	48
Division of Developmental Disabilities			
Disabilities and Special Education Schools	23		
ADVOCACY AND LEGAL ORGANIZATIONS			
Raising Special Kids	24		
Disability Law and Rights Organizations	24		

TABLE OF CONTENTS

BASIC NEEDS

NUTRITION AND FOOD RESOURCES	Chapter Houses	60 - 68
Nutrition Assistance Program (DES)49	Central Navajo Agency	60
Navajo Nation Food Distribution Program	Eastern Navajo Agency	61
Navajo WIC Nutrition Program50	Fort Defiance Agency	63
I.H.S./638 Baby-Friendly Hospital Initiative51	Northern Navajo Agency	65
Breastfeeding Resources51	Western Navajo Agency	67
Navajo Fruit & Vegetable Prescription Program52	Traditional and Cultural Services	69
St. Jude Food Bank53		
St. Mary's Food Bank53		
HOUSING	HEALTH & WELL BEING	70 - 74
Navajo Housing Authority54	HEALIN & WELL BEING	/0 - /4
Community Housing & Infrastructure Department55		
Home Site Lease—Navajo Land Department55	COUNSELING, BEHAVIORAL HEALTH, SUBSTANC	
Home Loan Program—Navajo Nation Credit Services 56	Navajo Treatment Center for Children and Their Fa	
Native Partnership for Housing56	Division of Behavioral and Mental Health Services	71
Section 184 Indian Home Loan Guarantee Program 56	CRISIS LINES, HELPLINES AND HOTLINES	
Rural Development Housing Program57	Crisis Lines	72
Flagstaff Housing Authority57	Other Helplines and Hotlines	72
San Juan County Housing Authority57		
	DOMESTIC AND SEXUAL VIOLENCE RESOURCES	
UTILITIES AND TRANSPORTATION	Navajo Nation Strengthening Families Program	73
Navajo Tribal Utility Authority58	Other Domestic and Sexual Violence Resources	73
Navajo Transit System 59	Central Navajo Region	73
	Eastern Navajo Region	74
	Fort Defiance Region	74

49 - 59

COMMUNITY RESOURCES

60 - 69

Northern Navajo Region74

6	2020 Navajo	Nation Family	Resource	Guide

HEALTH & WELL BEING

75 - 81

HEALTH & WELL BEING

82 - 88

	WEL	LNESS	PROC	GRAM	S
--	-----	-------	------	------	---

Navajo Nation Special Diabetes Program	7:
Wellness/Fitness Centers	7
HEALTH INSURANCE	
HEALTH INSURANCE	
Health Insurance Coverage	. 70
HOSPITALS AND CLINICS	
.H.S. or 638 Hospitals and Clinics	7
Central Navajo Region	7
Eastern Navajo Region	7
Fort Defiance Region	. 78
Northern Navajo Region	. 78
Western Navajo Region	. 79

Note: To inquire about the availability of services (dental, optometry, etc.), please refer to the description under each health care facility listed on each page.

Off Tribal Land I.H.S. or 638 Clinics and Hospitals 80 Other Hospitals and Clinics 81

ORAL HEALTH RESOURCES

Arizona—Holbrook, Winslow, Flagstaff	82
Arizona—Flagstaff (continued), Page	83
New Mexico—Gallup	83
New Mexico—Farmington	84
VISION HEALTH RESOURCES	
Arizona—Holbrook, Winslow, Flagstaff, Page	85
New Mexico—Gallup and Farmington	. 86
PUBLIC SAFETY	
Police Departments	87
Fire Departments/Stations	87
Navajo Nation Emergency Medical Services	87
Family Emergency Number Listing	88

FIRST THINGS FIRST

POSITIVE, NURTURING **EXPERIENCES IN A CHILD'S** FIRST FIVE YEARS LAY THE FOUNDATION FOR A LIFETIME.

Visit our website to find programs in your Arizona community.

FirstThingsFirst.org





"Nothing Out of the Question"

birthtofivehelpline.org

Download the FREE Birth to Five Helpline app!





Parenting doesn't come with a handbook.

The Birth to Five Helpline from Southwest Human
Development is a free service open to all Arizona families
with young children looking for the latest child development
information from experts in the field. Early childhood
professionals can also take advantage of the free program.

Topics addressed include:

·Sleep

- · General Child Development
- · Health and Nutrition
- Potty Training

· Safetv

- · Fussiness/Colic
- · Challenging Behaviors
- Parenting
- · Feeding and Eating
- · And more!

You can call the Helpline to speak with one of our bilingual (English/Spanish) early childhood specialists, Monday through Friday from 8 a.m. to 8 p.m.

FIRST THINGS FIRST

The Navajo Division of Social Services/Department of Family Services Foster Care & Adoption program is committed to meeting the needs of the Navajo Children locally and nationally by recruiting Navajo families interested in becoming a foster and/or adoptive family.

Our goal is to ensure that Navajo children have an opportunity to have permanent homes that are safe, encouraging and committed to maintaining the child's cultural identity. It is important for Navajo children to be placed with tribal members to maintain their culture and language.

Keep our tradition alive; open your home and hearts for our children who need homes and families.

"Nih ayóó'ooni' dóó ajooba' baa ho'niih"



For more information please contact:

P.O. Box 704
Window Rock, AZ 86515

Phone: (928) 871-6556 | Fax: (928) 871-7009

KidsCare Health Coverage is FREE

for children enrolled in a tribe!



KidsCare covers health, vision, dental AND behavioral health services on and off tribal lands.

Apply by calling

1.800.377.3536

or visit www.CoverAZ.org

Do you care for children of friends or family in your home?



Arizona Kith and Kin Project

Join us for weekly gatherings with others who care for children in their homes! Training, support, school readiness materials and safety equipment are available at no cost.

Training topics include:

- · Brain Development
- · First Aid/CPR
- · Activities for Children
- · Developmental Ages and Stages
- · Language and Literacy
- · Arranging the Environment
- Nutrition
- · Guidance and Discipline

Meetings are held at various location throughout Phoenix and surrounding communities. Child care is provided at no cost

For more information or to register please contact:

Jacqueline Diaz 480-829-0500 x1124 Arizona Kith and Kin Project



The Arizona Kith and Kin Project is a program of the Association for Supportive Child Care.





Parents-Quality First Off Reservation Child Care Scholarship Program

Balancing parenthood with your education and/or career can be overwhelming. The Quality First Navajo Nation, Arizona Off-Reservation Scholarship Program was designed for families who are permanent residents of the Navajo Nation but are temporarily living in other parts of the state while they pursue a post-secondary education. These scholarships are awarded directly to the families and transfer with the child.

Eligibility Criteria:

- Must enroll in a minimum of one course at an accredited college or university each session courses are offered.
- Must be a permanent resident of the Navajo Nation (living off tribal lands to attend school)
- Have a household income at or below 200% of the current year's federal poverty level
- Have a child between the ages of 0-5 not yet eligible for kindergarten

Instructions:

Please download the Navajo Nation Off-Reservation Family Application from azftfscholarships.org/scholarship-types or call Valley of the Sun United Way (VSUW) at 1-866-973-0012 to have the forms e-mailed to you.

After completing these forms fax or email them to Valley of the Sun United Way at (602) 240-6326 or regionalscholarships@vsuw.org. Once VSUW receives and reviews your application you will be contacted with a decision.

If approved, you will need to select a Quality First participating provider with a star rating of 2 or higher. The Quality First center that you select will be notified and sent an award letter with your approval packet.

Child Care and Preschool Providers—Quality First

Quality First works with child care and preschool providers across Arizona to improve the quality of their early learning settings for children from birth to age 5.

More than 1,000 child care centers, homes and preschool programs across the state of participate in Quality First. Each is supported with training and resources to help improve their programs in ways that nurture the emotional, social and academic development of every child.

Interested in becoming a Quality First provider? Visit our website QualityFirstAZ.com/apply-to-quality-first for more information.

Navajo Nation Child Care & Development Fund (CCDF)

The Navajo Nation Child Care and Development Fund (CCDF) Program's primary mission is to provide quality child care to the Navajo communities. The purpose of providing child care is to ensure that the family can become self-sufficient through employment or becoming employable in the near future. This can be done by employment, job training or through higher education. This is accomplished through the tribal child care centers or private providers.

Families interested in child care through the Child Care & Development Fund must apply with their local Casework Unit to be considered for enrollment into any CCDF child care provider program.

Administration Office

P.O. Box 2425 Window Rock, AZ 86515 Phone: (928) 871-6629 Fax: (928) 871-7077

Chinle Casework Unit

P.O. Box 128 Chinle, AZ 86503 Phone: (928) 674-2094

Crownpoint Casework Unit

P.O. Box 1717 Crownpoint, NM 87313 Phone: (505) 786-2435

Fort Defiance Casework Unit

P.O. Box 1416 St. Michaels, AZ 86511 Phone: (928) 871-7295

Shiprock Casework Unit

P.O. Box 837 Shiprock, NM 87420 Phone: (505) 368-1532/1582

Tuba City Casework Unit

P.O. Box 6 Tuba City, AZ 86545 Phone: (928) 283-3470

Child Care Providers

- Child Care & Development Fund (CCDF) provider. Contact your local Casework Unit to apply.
- First Things First Quality First Center visit qualityfirstaz.com for center star rating.

Central Navajo Region

Kii Doo Baa I/II Child Care Center ■◆

1 mile East of HWY 191 (behind Chinle Community Center) Chinle, AZ 86503

Phone: (928) 624-2033 and 2549

Many Farms Child Care Center ■◆

Southwest on Navajo Rte. 59 250 yards West of the Many Farms **Chapter House** Many Farms, AZ 86538

Phone: (928) 781-3618

Nooseli Beolta Child Care Center 128 ■ ◆

1 Circle Drive College West of Diné College Gymnasium Tsaile, AZ 86556

Phone: (928) 724-6909

Tsaile Child Care Center ■◆

1 Circle Drive College West of Dine College Gymnasium Tsaile, AZ 86556

Phone: (928) 724-2217

Cottonwood/Tselani Child Care Center ■

Tselani/Cottonwood, AZ

Pinon Child Care Center ■◆

Southwest of Pinon Middle School Pinon, AZ 86510

Phone: (928) 725-3760

Eastern Navajo Region

T'iists'ozi Child Care Center ■

Crownpoint, NM 87313 Phone: (505) 786-2430

Navajo Technical University (NTU) Child Care Services

Navajo Technical University Campus Crownpoint, NM 87313

Phone: (505) 786-4122

Child Care Providers (continued)

- Child Care & Development Fund (CCDF) provider. Contact your local Casework Unit to apply.
- First Things First Quality First Center visit qualityfirstaz.com for center star rating.

Fort Defiance Region

Little Miss Muffet Child Care Center **■**◆

Pinehill Blvd. Fort Defiance, AZ 86504 Phone: (928) 729-4511

Karigan Child Care Center ■◆

Narbono West Circle St. Michaels, AZ 86511 Phone: (928) 810-5050

Little Folks Daycare & Preschool ■◆

North 12th Walnut Ave. Navajo, NM 87328 Phone: (928) 206-6080

Northern Navajo Region

Alchini Nizhoni Child Care Center I and II ■

Shiprock, NM Phone: (505) 368-3691 and 3692

Hogback Child Care ■

Hogback, NM Phone: (505) 368-2742

Two Grey Hills Child Care Center

Two Grey Hills, NM Phone: (505) 789-3102

Western Navajo Region

Child Development Learning Center T.C.U.S.D. #15 Tuba City High School)

Warrior Dr. Tuba City, AZ 86045 Phone: (928) 283-1065

Lillian's Playhouse ■◆

Tuba City, AZ

Phone: (928) 283-3488

The Hopi Tribe Child Care Program |

101 Hopi Day Dr. Kykotsmovi Village, AZ, 86039 Phone: (928) 734-3583

C.O.P.E. Center (K.U.S.D. #27 Monument Valley High School) ◆

North HWY 163 Kayenta, AZ 86033 Phone: (928) 697-2120

Leupp Child Care Center ■◆

Navajo Rte. 15 Leupp, AZ 86035 Phone: (928) 686-3298





Quality matters in child care and preschool.

Find Programs Near You at **QualityFirstAZ.com**

Child Care Providers (continued)

- Child Care & Development Fund (CCDF) provider. Contact your local Casework Unit to apply.
- First Things First Quality First Center visit qualityfirstaz.com for center star rating.

Western Navajo Region-Holbrook, Winslow and Flagstaff (continued)

Holbrook Educational Daycare L.L.C.

115 West Erie St. Holbrook, AZ 86025 Phone: (928) 524-6014

Melissa's Family Daycare

2124 Desert View Dr. Winslow, AZ 86047 Phone: (928) 587-7405

Pooh's Playhouse •

1017 Apache Ave. Winslow, AZ 86047 Phone: (928) 289-4159

Mary's Little Lambs Childcare & Daycare •

100 North Warren Ave. Winslow, AZ 86047 Phone: (928) 289-2987

Eagles Crest Child Enrichment Center (F.U.S.D. #1) ◆

Infant and toddler child care; full-time preschool.

Flagstaff High School 400 West Elm Ave. Flagstaff, AZ 86001 Phone: (928) 773-8127

Childtime Childcare

Infant and toddler child care; preschool. 109 East Oak Ave. Flagstaff, AZ 86001 Phone: (928) 773-1181

The Duck Pond (Flagstaff Cooperative Preschool)

755 North Bonito St. Flagstaff, AZ 86001 Phone: (928) 774-3491

Pinecone Preschool L.L.C.

Infant and toddler child care; prekindergarten.

2901 North King St. Flagstaff, AZ 86004 Phone: (928) 526-0072

Little Ropers Center (F.U.S.D. #1)

Infant and toddler child care; full-time preschool.

Sinagua High School 3950 East Butler Ave. Flagstaff, AZ 86004 Phone: (928) 527-5526

Foresight Learning Center •

Preschool and kindergarten; programs for ages 2 to 6.

8245 Kochfield Rd. Flagstaff, AZ 86004 Phone: (928) 527-8337

Head Heart Hands Preschool

Infant and toddler child care; pre-kindergarten classroom. 400 West Aspen Ave. Flagstaff, AZ 86001

Phone: (928) 856-9793

Puente de Hozho — Flagstaff **Cooperative Preschool**

Accepts children age 3 to 5; bilingual education.

3401 North 4th St. Flagstaff, AZ 86004 Phone: (928) 226-1209

Kingdom Kids Preschool and Play Center •

Infant and toddler child care; preschool. 1806 East Rte. 66

Flagstaff, AZ 86004 Phone: (928) 226-7178

EARLY EDUCATION

Navajo Head Start and Early Head Start

Interested families must apply through their local Agency Office to be considered for enrollment into any Head Start or Early Head Start. Please contact your agency office for a list of Navajo Head Start centers currently in operation.

Headquarters Administration

P.O. Box 3479 Window Rock, AZ 86515 Phone: (928) 871-6902 Fax: (928) 871-7886

Chinle Agency

Phone: (928) 674-2156 Fax: (928) 674-2147

Fort Defiance Agency

Phone: (928) 729-4016 Fax: (928) 729-4317

Shiprock Agency

Phone: (505) 368-1202 Fax: (505) 368-1217

Tuba City Agency

Phone: (928) 283-3223 Fax: (928) 283-3238

Preschool and Pre-Kindergarten Programs

- Child Care & Development Fund (CCDF) provider. Contact your local Casework Unit to apply.
- First Things First Quality First Center visit qualityfirstaz.com for center star rating.

Central Navajo Region

Chinle Elementary School Preschool (C..U.S.D. #24)

HWY 191 and Navajo Rte. 7 Chinle, AZ 86503 Phone: (928) 674-9302

Canyon De Chelly Preschool (C.U.S.D. #24)

HWY 191 Chinle, AZ 86503 Phone: (928) 674-9202

Many Farms Elementary School Preschool (C..U.S.D. #24)

HWY 191 Many Farms, AZ 86538 Phone: (928) 674-9000

Tsaile Public School Preschool (C.U.S.D. #24)

HWY 12 Tsaile, AZ 86556 Phone: (928) 724-3331

Pinon Elementary School Preschool (P.U.S.D. #4)

1 mile North of Navajo Rte. 41 Pinon, AZ, 86510 Phone: (928) 725-2200

Eastern Navajo Region

Catherine A. Miller Elementary School Preschool (G.M.C.S)

6102 Challenger Rd. Church Rock, NM 87311 Phone: (505) 721-1400

Chee Dodge Elementary School Preschool (G.M.C.S)

641 North HWY 491 Yatahey, NM 87375 Phone: (505) 721-1300

Crownpoint Elementary School Preschool (G.M.C.S)

#1 Codetalker Dr. Crownpoint, NM 87313 Phone: (505) 721-1500

David Skeet Elementary School Preschool (G.M.C.S)

Rte. 45 Jones Ranch Rd. Vanderwagen, NM 87326 Phone: (505) 721-1700

Ramah Elementary School Preschool (G.M.C.S)

27 Lewis St., Ramah, NM 87321 Phone: (505) 721-3700

Thoreau Elementary School Preschool (G.M.C.S)

#6 Fourth Ave., Thoreau, NM 87323 Phone: (505) 721-4400

Tohatchi Elementary School Preschool (G.M.C.S)

100 Chuska Rd., Tohatchi, NM 87325 Phone: (505) 721-4700

Twin Lakes Elementary School Preschool (G.M.C.S)

19 miles North HWY 491 HC 30 Gallup, NM

Phone: (505) 721-5100

Preschool and Pre-Kindergarten Programs (continued)

- Child Care & Development Fund (CCDF) provider. Contact your local Casework Unit to apply.
- First Things First Quality First Center visit qualityfirstaz.com for center star rating.

Fort Defiance Region

Navajo Elementary School Preschool (G.M.C.S)

123 Cedar Ave. Navaio, NM 87328 Phone: (505) 721-3500

Tsehootsooi Integrated Preschool I and II (W.R.U.S.D. #8)

Navajo Rte. 12 Fort Defiance, AZ 86504 Phone: (928) 729-6754

St. Michael Indian School Preschool •

1 Lupton Rd. St. Michaels, AZ 86511 Phone: (505) 979-5590

Hilltop Christian School **Pre-Kindergarten**

02A Deerfield St. Tse Bonito, NM 87301 Phone: (505) 371-5726

Ganado Primary School Preschool (G.U.S.D. #20)

HWY 191 and HWY 264 Ganado, AZ 86505 Phone: (928) 755-1200

Sanders Elementary School Preschool (S.U.S.D. #18)

P.O. Box 250 Sanders, AZ 86512 Phone: (928) 688-4750

Northern Navajo Region

Newcomb Elementary School Preschool (C.C.S.D.)

P.O. Box 7917 Newcomb, NM 87455 Phone: (505) 696-3415

Naschitti Elementary School Preschool (C.C.S.D.)

Drawer F Sheep Springs, NM 87364 Phone: (505) 732-4204

Kirkland Early Childhood Center Preschool (C.C.S.D.)

10 CR 6400 Kirkland, NM 87417 Phone: (505) 598-4550

Mesa Elementary School Preschool (C.C.S.D.)

P.O. Box 1803 Shiprock, NM 87420 Phone: (505) 368-4529

Nizhoni Elementary School Preschool (C.C.S.D.)

P.O. Box 3567 Shiprock, NM 87420 Phone: 368-4565

Ojo Amarillo Elementary School Preschool (C.C.S.D.)

P.O. Box 768 Fruitland, NM 87416 Phone: (505) 960-5271

Robert Charley Preschool Program (R.M.U.S.D #27) ◆

HC 61 HWY 160 West, Mile Post 448 Teec Nos Pos, AZ 86514 Phone: (928) 656-0169

Montezuma Creek Elementary School Preschool (S.J.S.D.)

HWY 162 Montezuma Creek, UT 84534 Phone: (435) 678-1261

Bluff Elementary School Preschool (S.J.S.D.)

Old Main HWY 191 Bluff, UT 84512 Phone: (435) 678-1296

Blanding Elementary School Preschool (S.J.S.D.)

302 South 100 Blanding, UT 84511 Phone: (435) 678-1871

Preschool and Pre-Kindergarten Programs (continued)

- Child Care & Development Fund (CCDF) provider. Contact your local Casework Unit to apply.
- First Things First Quality First Center visit qualityfirstaz.com for center star rating.

Western Navajo Region

Tse'bii'nidzisgai Elementary School Pre-Kindergarten (S.J.S.D.)

HWY 163, 10 West Medical Dr. Monument Valley, UT 84536

Phone: (435) 678-1286

Page Preschool (P.U.S.D. #8)

450 South Navajo Dr. Page, AZ 86040

Phone: (928) 608-4173

ABC Preschool (K.U.S.D. #27)

400 Mesa View Dr. Kayenta, AZ 86033 Phone: (928) 697-2461

Luepp Public School Preschool (F.U.S.D. #1) ■ ◆

40 miles East of Flagstaff Leupp, AZ 86035

Phone: (928) 686-3298

Indian Wells Elementary School Preschool (H.U.S.D #3)

Junction of HWY 77 and Navajo Rte. 15 Indian Wells, AZ 86031

Phone: (928) 654-3622

Hulet Elementary School Preschool (H.U.S.D #3)

600 West Buffalo St. Holbrook, AZ 86502 Phone: (928) 524-6181

Bonnie Brennan Elementary Preschool (W.U.S.D. #1)

100 Cochise Dr. Winslow, AZ 86047 Phone: (928) 288-8400

Eagles Crest Child Enrichment Center (F.U.S.D. #1)

Infants and toddler child care; full-time preschool.

Flagstaff High School 400 West Elm Ave. Flagstaff, AZ 86001

Phone: (928) 773-8127

Childtime Childcare

Infants and toddler child care; preschool.

109 East Oak Ave. Flagstaff, AZ 86001 Phone: (928) 773-1181

Pinecone Preschool L.L.C. ◆

Infant and toddler child care; prekindergarten.

2901 North King St. Flagstaff, AZ 86004 Phone: (928) 526-0072

Little Ropers Center (F.U.S.D. #1) ◆

Infants and toddler child care; fulltime preschool.

Sinagua High School 3950 East Butler Ave. Flagstaff, AZ 86004

Phone: (928) 527-5526

Y Kidz Preschool (Flagstaff Family YMCA)

Early learning programs for children age 1 to 5.

1001 North Turquoise Dr. Flagstaff, AZ 86001

Phone: (928) 326-2781

San Francisco de Asis Catholic School

Preschool and pre-kindergarten classrooms.

1600 East Rte. 66 Flagstaff, AZ 86001 Phone: (928) 779-1337

Head Heart Hands Preschool

Infant and toddler child care; prekindergarten classroom.

400 West Aspen Ave. Flagstaff, AZ 86001 Phone: (928) 856-9793

STAR School

Preschool classroom. 145 Leupp Rd. Flagstaff, AZ 86004 Phone: (928) 415-4157

Puente de Hozho — Flagstaff **Cooperative Preschool**

Accepts children age 3 to 5; bilingual education.

3401 North 4th St. Flagstaff, AZ 86004 Phone: (928) 226-1209

Nimble Noggins/Summit Gymnastics Academy

Preschool.

1926 North 4th St. Suite 7 Flagstaff, AZ 86004 Phone: (928) 699-4369

Kingdom Kids Preschool and Playcenter •

Infants and toddler child care; preschool.

1806 East Rte. 66 Flagstaff, AZ 86004 Phone: (928) 226-7178

EARLY EDUCATION

Bureau of Indian Education Family and Child Education (FACE) Programs

FACE Program services integrate language and culture in two settings: home and school. The goals of the FACE Program are to:

- support parents/primary caregivers in their role as their child's first and most influential teacher;
- increase family literacy;
- to strengthen family-school-community connections;
- promote the early identification and services to children with special needs;
- increase parent participation in their child's learning;
- support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program;
- and to promote lifelong learning.

FACE Programs are available at the schools listed below.

Central Navajo Region

Many Farms Community School

HWY 191 North P.O. Box 70 Many Farms, AZ 86538 Phone: (928) 781-6221

Nazlini Community School, Inc.

North Navajo Rte. 27 HC 58 Box 35 Ganado, AZ 86505 Phone: (928) 755-6125

Rough Rock Community School

HWY 59, HC 61, RRTP P.O. Box 680 Chinle, AZ 86503 Phone: (928) 728-3701

Eastern Navajo Region

Alamo Navajo Community

School HWY 169, Milepost 29 P.O. Box 907 Alamo, NM 87825 Phone: (575) 854-2635

Baca/Dlo'ay Azhi Community School

I-40, Exit 63, North Frontage Rd. P.O. Box 509 Prewitt, NM 87045 Phone: (505) 972-2769

Bread Springs Day School

750 East Bread Springs HWY P.O. Box 1117 Gallup, NM 87305 Phone: (505) 778-5665

Chi Chi'l Tah/Jones Ranch **Community School**

831 Cousins Rd. P.O. Box 278 Vanderwagen, NM 87326 Phone: (505) 778-5574

Mariano Lake Community School

HWY 371, Navajo Rte. 49, Mile Marker 13 P.O. Box 787 Crownpoint, NM 87313 Phone: (505) 786-5265

Pueblo Pintado Community

School HCR 79 Box 80, Cuba, NM 87013 Phone: (505) 655-3341

Ramah Navajo FACE - Pine Hill Schools

Indian Service Rte. 125, Pine Hill Campus - Early Intervention Department P.O. Box 369 Pine Hill, NM 87357 Phone: (505) 775-3242

T'iis Ts'ozi Bi'Olta Community School (Crownpoint)

HWY 371, Navajo Rte. 9, Bldg. 1771 P.O. Box 178 Crownpoint, NM 87313 Phone: (505) 786-6160

To'Hajiilee Community School

I-40 West, Exit 131 P.O. Box 3438 To'Hajiilee, NM 87026 Phone: (505) 908-2426

Tse 'ii' ahi' Community School

Navaio Rte. 9 P.O. Box 828 Crownpoint, NM 87313 Phone: (505) 786-5389

Wingate Elementary School

SR 400 & Circle Moon Dr. P.O. Box 1. Ft. Wingate, NM 87316 Phone: (505) 488-6300

EARLY EDUCATION

Bureau of Indian Education Family and Child Education (FACE) Programs (continued)

Fort Defiance Region

Greasewood Springs Community School, Inc.

Building 432 & HWY 15 HC58 Box 60 Ganado, AZ 86505 Phone: (928) 654-3331

Kin Dah Lichi'i Olta, Inc.

HWY 264, 5 miles East of Ganado P.O. Box 800 Ganado, AZ 86505 Phone: (928) 755-3439

Northern Navajo Region

Aneth Community School

HWY 162, CR 466 Aneth, UT 84532 P.O. Box 600, Montezuma Creek, UT 84534 Phone: (435) 651-3271

Atsá Biyáázh Community School

Building A—1418 Pinon St. P.O. Box 1809 Shiprock, NM 87420 Phone: (505) 368-2100

Beclabito Day School

Clifford Ward Dr. HWY 64 P.O. Box 1200 Shiprock, NM 87420 Phone: (928) 656-3556

Cove Day School

HWY 13 P.O. Box 2000 Red Valley, AZ 86544 Phone: (928) 653-4457

Dzilth-Na-O-Dith-Hle **Community School**

35 CR 7585 P.O. Box 5003 Bloomfield, NM 87413 Phone: (505) 960-0356

Hanaa'dli Community School

#700 CR 7150 P.O. Box 639 Bloomfield, NM 87413 Phone: (505) 960-3411

Na'Neelzhiin Ji'Olta (Torreon) HCR 79

Box 9 Cuba, NM 87013 Phone: (505) 731-2272

T'iis Nazbas Community School

1 mile South of HWY 160 on BIA Rd. N5114 P.O. Box 2002 Teec Nos Pos, AZ 86514 Phone: (928) 656-3252

Western Navajo Region

Kayenta Community School

1000 Main St. P.O. Box 188 Kayenta, AZ 86033 Phone: (928) 697-3439

Leupp School Inc.

Navajo Rte. 15 Leupp, AZ HC 61, Box D Winslow, AZ 86035 Phone: (928) 686-6211

Little Singer Community School

HC61, 7 miles South of Birdsprings Chapter P.O. Box AQ Winslow, AZ 86047 Phone: (928) 686-6108

NaaTsis'Aan Community School

Navajo Rte. 16 P.O. Box 1010 Tonalea, AZ 86044 Phone: (928) 672-2335

Early Intervention Information

What is Early Intervention?

Parents, guardians, foster parents and family members know their child best. They observe the health and development of their child daily though routines, play and interactions. Sometimes parents/caregivers may have concerns that their child is not meeting the milestones for his or her age. Other times home visitors, health care providers, child care providers or early education teachers may identify concerns for a child's development and share them with the parent/ caregiver.

These concerns may be observed by the way a child:

- Plays, sees, hears (physical development),
- Interacts with others (social-emotional development),
- Learns (cognitive development),
- and communicates (language/speech development).

Why is Early Intervention important?

Addressing concerns early on in a child's life is important. If the parent, guardian or caregiver is interested in learning more about the additional support their child can receive, there are early intervention resources that can help them. Early intervention resources can have a maximum impact by enhancing the early growth and development in infants and toddlers, who may have or are at risk for developmental delays or disabilities, by providing individualized support and services to the child and their family.

- Children who receive early intervention have improved outcomes and increased success and independence in the long run.
- Early intervention can have a positive impact on a child's health, development and academic success.
- Early intervention therapies can alleviate the financial burden of therapy in the long run by reducing the need for continuing intensive therapy.

What can I do if I have concerns about my child's development?

- Talk to your child's doctor and share your concerns. Don't wait. Acting early can make a real difference!
- Complete a milestone checklist for your child's age.
 - Center for Disease Control (CDC) Milestone checklist Search online: CDC Milestone Checklist. The CDC's Developmental Milestones link will provide checklists for age 2 months to 5 years.
 - CDC's Milestone Tracker App Download it free today on iOS and Android devices.
- Ask about a developmental screening.
 - Ask your child's doctor to conduct a developmental screening and/or if you are concerned about possible signs of autism, an autism screening (generally completed at 18 and 24 months).
 - · Parents have FREE access to the Ages & Stages Questionnaires® (ASQ), one of many general developmental screening tools, by visiting **easterseals.com** and searching ASQ.
- Get an Evaluation for your child.
 - Call your local public school district to get information about their upcoming Child Find events. The Individuals with Disabilities Education Act (IDEA) includes the Child Find mandate. Child Find requires all Public Education Agencies (school districts) to identify, locate and evaluate ALL children birth through 21, who may have or are at risk for developmental delays or disabilities. Screening procedures include vision and hearing screenings along with developmental screenings.

Early Intervention Services on the Navajo Nation

CHILD IDENTIFICATION

There is a concern about the child's growth, development and/or learning. These concerns can be identified by parents/ caregivers, relatives, home visitors, child care providers, school teachers or health care providers based on:

- · Observation the way a child plays, sees, hears, interacts with others, learns and communicates and/or
- A milestone checklist or a developmental screening completed.

THE CHILD IS BIRTH TO AGE 3.

Referral & Intake

- The parent/guardian can start the online or phone referral process for their child; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/guardian before referring and starting the online or phone referral process.

Who to contact:

Growing in Beauty

Navajo Nation Arizona and New Mexico Early Intervention Provider P.O. Box 1420, Window Rock, AZ 86515 Phone: (928) 871-6338 Toll Free: (866) 341-9918

Baby Watch Early Intervention Program

San Juan School District Early Intervention Program is the Navajo Nation Utah Early Intervention Provider 200 North Main, Blanding, UT 84511 Phone: (435) 678-1222

Evaluation & Assessment

The Early Intervention program (for children age 0-3) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns.

Child is Found Ineligible for Services

If the child is age 0-3:

The child's family receives information on growth and development. Referrals are made to other community resources, if appropriate. The child may be reevaluated at a later date.

If the child is age 3-21:

The school system will notify the parent/guardian in writing and explain why the child has been found "not eligible." The parent/guardian will be given information about what they can do if they disagree with the decision.

THE CHILD IS AGE 3 TO 21.

Referral & Intake

- The parent/guardian can contact their local school district (Public Education Agency) to get information on the next Child Find event, where the child can be evaluated: or.
- The parent/guardian can take the child to their local school district (Public Education Agency) to be evaluated; or,
- A home visitor, child care provider, early education teacher or health care provider obtains permission from the parent/ guardian before referring the child to be evaluated by their local school district or Child Find event.

Evaluation & Assessment

The **school district** (for children age 3-21) conducts a comprehensive multidisciplinary developmental evaluation and assessment of the child's development and the family's needs and concerns within 45 calendar days of the date they are notified about the child.

ELIGIBILITY DETERMINATION

Child is Found Eligible for Services

If the child is age 0-3:

Individualized Family Service Plan (IFSP) The family of an eligible child meets with the Early Intervention (EI) team to create an IFSP, usually in the home or in a community setting. The EI team provides services as outlined in the IFSP. The EI team reviews the child's IFSP as needed throughout the year. The IFSP is updated annually with the family.

Transition: As the child approaches their third (3rd) birthday, the family and local El program prepare for transition to special education preschool, school district (K-12) and/or other community based services.

If the child is age 3-21:

When a concern is identified through evaluation procedures, the parent/guardian must be notified within 10 school days and informed of procedures to follow up on the child's needs. For example:

- The child may be referred to the school's study team for preintervention services; or,
- If the child may have a disability, a comprehensive evaluation will be necessary to determine the child's eligibility for special education and related services. A team, of which the parent/guardian will be a member of, will meet to begin the process.

Growing In Beauty – Arizona Early Intervention

The Navajo Nation Growing in Beauty — Arizona Early Intervention Program provides culturally appropriate services to Navajo children age birth to 5 years old and their families. The Growing in Beauty staff provide service coordination and direct services, which include:

- receiving and processing referrals from pediatricians, health care professionals, and other service providers;
- providing developmental screening assessments and evaluations for children;
- making referrals and ensuring supports into appropriate early childhood settings or preschool programs;
- providing ongoing developmental screening and family support/resources;
- and providing advocacy and training for families.

To enroll your child into the program, please contact your local service unit, or call/contact to make an Arizona Early Intervention referral to:

Phone: (928) 871-6338

Toll Free: (866) 341-9918

Administrative Office

P.O. Box 1420 Window Rock, AZ 86515 Toll-free: 1(866) 341-9918 Phone: (928) 871-6521

Chinle Office

P.O. Box 1893 Chinle, AZ 86503 Phone: (928) 674-2159 Fax: (928) 674-2199

Window Rock Office

P.O. Box 1420 Window Rock, AZ 86515 Phone: (928) 871-6338 Fax: (928) 871-7865

Kayenta Office

P.O. Box 2819 Kayenta, AZ 86033 Phone: (928) 697-5686 Fax: (928) 697-5625

Tuba City Office

P.O. Box 2669 Tuba City, AZ 86045 Phone: (928) 283-3361 or 3481 Fax: (928) 283-3482

Gallup Office

P.O. Box 510 Gallup, NM 87305 Phone: (505) 722-9289 Fax: (505) 722-9251

Crownpoint Office

P.O. Box 921 Crownpoint, NM 87313 Phone: (505) 786-2259 Fax: (505) 786-2261

Shiprock Office

P.O. Box 1969 Shiprock, NM 87420 Phone: (505) 368-1043 Fax: (505) 368-1047

Division of Developmental Disabilities

The Arizona Department of Economic Security I Division of Developmental Disabilities and the Navajo Nation Social Services provide services and programs to eligible members with cognitive disabilities, autism, epilepsy and cerebral palsy.

Main Office

Intersection of HWY 264 & Navajo Rte. 12 North

P.O. Box 439

Window Rock, AZ 86515

Phone: (928) 674-8325 Fax: (928) 871-2400

Chinle Office

North HWY 191, Building 7395A P.O. Box 2150

Chinle, AZ 86503

Toll Free: 1(800) 560-8325

Fax: (928) 674-3757

Tuba City Office

50 South Main Street P.O. Box 1199 Tuba City, AZ 86045

Phone: (928) 283-4012 or 4008

Fax: (928) 283-5586

Disabilities and Special Education Schools

St. Michaels Association for Special Education

HWY 264, 1 mile North on Mustang Rd.

St. Michaels, AZ 86511

Phone: (928) 871-2812

Arizona State Schools For The Deaf and Blind Agency Administration

Tucson:

P.O. Box 88510 Tucson, AZ 85754

Phone: (520) 770-3458 / Fax: (520) 770-3711

Phoenix:

800 West Washington Phoenix, AZ 85007

Phone: (602) 771-5347 / Fax: (602) 771-4869

Phoenix Campus

7654 North 19th Ave. Phoenix, AZ 85021

Phone: (602) 771-5300 / Fax: (602) 771-5364

Tucson Campus

P.O. Box 85000 Tucson, AZ 85754

Phone: (520) 770-3863 / Fax: (520) 770-3007

North Central Regional Cooperative (NCR)

Serving the northern region of Arizona including: Prescott, Verde Valley Region, Sedona, Kingman, Navajo/Hopi Reservation and Flagstaff

1000 East Butler Ave., #115

Flagstaff, AZ 86001

Phone: (928) 774-0655 / Fax: (928) 773-9229

Eastern Highlands Regional Cooperative (EHR)

Serving northeastern Arizona

153 West Vista Holbrook, AZ 86025

Phone: (928) 524-1320 / Fax: (928) 524-1325

Raising Special Kids

Raising Special Kids exists to improve the lives of children with the full range of disabilities, from birth to age 26, by providing support, training, information and individual assistance so families can become effective advocates for their children.

Raising Special Kids — Phoenix Office

5025 East Washington St., Suit 204 Phoenix, AZ 85034

Phone: (602) 242-4366

Southern Arizona - Tucson

Phone: (520) 441-4007

Northern Arizona - Flagstaff (Serves Navajo Nation)

Phone: (928) 444-8834

Southern Arizona - Yuma

Phone: (928) 444-8803

Disability Law and Rights Organizations

Utah Disability Law Center, Inc.

205 North 400 West Salt Lake City, UT 841038 Phone: 1(800) 662-9080 Fax: (801) 363-1437

Website: disabilitylawcenter.org

Native American Disability Law Center

905 West Apache Street Farmington, NM 87401

Toll-free: 1(800) 862-7271 Phone: (505) 566-5880 Fax: (505) 566-5889

Email: info@nativedisabilitylaw.org

Arizona Center for Disability Law, Inc.

Website: azdisabilitylaw.org

Tucson Location

177 North Church Ave., Suite 800 Tucson, AZ 85701

Toll Free: 1(800) 922-1447 Phone: (520) 327-9547 Fax: (520) 884-0992

Email: center@azdisabilitylaw.org

Phoenix Location

5025 East Washington St., Suite 202

Phoenix, AZ 85034

Toll Free: 1(800) 927-2260 Phone: (602) 274-6287 Fax: (602) 274-6779

Email: center@azdisabilitylaw.org

Disability Rights New Mexico, Inc.

Website: drnm.org

Albuquerque

3916 Juan Tabo Blvd., NE Albuquerque, NM 87111

Phone: (505) 256-3100 Toll Free: 1(800) 432-4682 Fax: (505) 256-3184

Email: info@drnm.org

Las Cruces

133 Wyatt Dr., Suite 11 Las Cruces, NM 88005

Phone: (575) 541-1305 Fax: (575) 647-9056

Navajo Nation Department of Family Services – Navajo Nation Division of Social Services

The Department of Family Services (DFS) provides specialized programs that guide and support families. Each Program serves a specific purpose and can be found in most DFS field offices throughout the Navajo Nation. The programs are the:

- Youth Home Program Boys and Girls group home, counseling, tutoring services, child home care services.
- **Diné Elderly Protection Program** adult protective services/Investigations, elderly protective services/ investigations, elderly and adult case management, adult and elderly permanency services, crisis Intervention and support services for victims of elderly abuse.
- Adult In-Home Care Program elderly in-home care services
- Navajo Nation Long Term Care Program long term care case management services for AHCCCS.
- **Healthy Families Program** intensive family, parent(s) in-home based services, parenting skills education & training, family living skills development, family group conferencing, intensive child permanency services.
- **Alchini Biilnaanish Program** child foster care recruiting, foster home licensing and certification, home studies, foster care training.
- **Children & Families Well Being Program** intake/reporting, child protective services/investigations, child case management, family conferencing.
- Alchini bi bee haz'aanii Title IV-E Program determine IVE eligibility for children in out of home placement.

Administration

2296 Administration Bldg. 2 P.O. Box 704

Window Rock, AZ 86515 Toll free: 1(866) 251-5651

Phone: (928) 871-6556 Fax: (928) 871-7009

Fort Defiance Office

Window Rock Blvd. Bldg. 2689

P.O. Box 950

Fort Defiance, AZ 86504 Phone: (928) 871-7978

Fax: (928) 810-8570

Ganado Office

300 yards East of Ganado Chapter

P.O. Box 210

Ganado, AZ 86505

Phone: (928) 755-5930

Fax: (928) 755-5939

Dilkon Office

Dilkon Chapter Compound

HC 63, Box J

Winslow, AZ 86047

Phone: (928) 675-8030 Fax: (928) 657-8098

Chinle Office

Rte. 7, BIA 136C

P.O. Box 1000

Chinle, AZ 86503

Phone: (928) 674-2012 Fax: (928) 674-5740

Pinon Office

1/2 mile West of Pinon Conoco

P.O. Box 685

Pinon, AZ 86510

Phone: (928) 725-3287

Fax: (928) 725-3480

Kayenta Office

HWY 163 Bldg. KA-46

P.O. Box 520

Kayenta, AZ 86033

Phone: (928) 697-5530

Fax: (928) 697-5540

Tuba City Office

Edgewater Dr. and Pine St.

P.O. Box 280

Tuba City, AZ 86045

Phone: (928) 283-3266

Fax: (928) 283-3276

Kaibeto Sub-Office

P.O. Box 1905

Kaibeto, AZ 86053

Phone: (928) 673-5860 or 5862

*No answer call Tuba City Office

Fax: (928) 673-5870

Shiprock Office

Naataanii Nez Bldg., 1st floor

P.O. Box 3289,

Shiprock, NM 87420

Phone: (505) 368-1185

Fax: (505) 368-1177

Crownpoint Office

Chapter House Rd. Bldg.

P.O. Box 936

Crownpoint, NM 87313

Phone: (505) 786-2236

Fax: (505) 786-2238

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Tohajiilee

117 Tribal Rd. N7071

P.O. Box 3138

Tohajiilee, NM 87026

Phone: (505) 908-2549

Fax: (505) 908-2550

Alamo Sub-Office

Call Tohajiilee Office for schedule of services in Alamo.

Library and Literacy Resources

Navajo Nation Library — Navajo **Nation Museum**

HWY 264 Loop Rd. P.O. Box 9040

Window Rock, AZ 86515

Hours: Monday-Friday 8AM-5PM

Phone: (928) 871-6376

Little Free Library

The Little Free Library belongs to everyone and the books are always free. If you see a book that you like, take it from the Little Free Library locations. If you are interested in contributing books, please deliver them to Tséhootsooí Dine Bi'Olta', who will replenish the library as needed, or put the books into the Little Free Library.

Website: littlefreelibrary.org

Window Rock location:

Across Wells Fargo Bank, between Cocina de Dominguez and Mikasa 2

Fort Defiance locations:

- In front of the Tséhootsooí Medical Center main entrance.
- Rez Refuge, Rio Puerco Acres.

Other locations:

- Dził Ditłooí School of Empowerment, Action and Perseverance (D.E.A.P. School), Navajo, NM.
- Black Mesa Community School, Black Mesa, AZ.

Diné College Kinyaa'áanii Charlie **Benally Library** — Tsaile 1

1 Circle Dr., Navajo Route 12 P.O. Box 1000 Tsaile, AZ 86556

Hours: Varies by season and

intercessions

Phone: (928) 724-6757

Diné College Senator John D. Pinto Library — Shiprock

HWY 64 and N570 P.O. Box 580 Shiprock, AZ 87420

Hours: Varies by season and

intercessions

Phone: (505) 368-3646

Diné College Library — Crownpoint

P.O. Box 580 Shiprock, AZ 87420

Hours: Varies by season and

intercessions

Phone: (505) 368-3646

Tuba City Public Library

78 Main St.

Tuba City, AZ 86045

Hours: Monday-Thursday 10AM-7PM

Closed Friday and Saturday

Sunday 1PM-5PM Phone: (928) 283-5856 Fax: (928) 283-6188

Kayenta Community Library

1/4 mile North HWY 163 P.O. Box 2670 Kayenta, AZ 86033

Hours: Monday-Friday 9AM-5PM Phone: (928) 697-5563 or 5564 Email: kayentalibrary@gmail.com

Sanders Public Library

Off I-40, Exit 339 North Frontage Rd. East P.O. Box 1000 Sanders, AZ 86512

Hours: Monday and Wednesday

12PM-6PM

Tuesday and Thursday 10AM-6PM Friday and Saturday CLOSED

Phone: (928) 688-2677

Navajo County Library District

121 West Buffalo St. P.O. Box 668 Holbrook, AZ 86025

Hours: Monday-Thursday 8AM-6PM;

Friday 8AM-5PM

Toll Free: 1(866) 928-5244 Phone: (928) 524-4745

Winslow Public Library

420 West Gilmore Winslow, AZ 86047

Hours: Tuesday 10AM-5PM; Wednesday 10AM-7PM Thursday & Friday 10AM-5PM

Saturday 10AM-2PM Phone: (928) 289-4982

Holbrook Public Library

403 Park St. Holbrook, AZ 86025

Hours: Closed Monday, Tuesday 10AM-5PM

Wednesday-Thursday 12PM-7PM Friday 12PM-5PM, Saturday 10AM-3PM

Toll Free: 1(866) 524-3732 Phone: (928) 524-3732

Hopi Public Library

1 Main St. P.O. Box 123

Kykotsmovi, AZ 86039

Hours: Monday-Thursday 8AM-5PM;

Friday 9AM-4PM

Phone: (928) 205-8073 or 8074 /

Fax: (928) 734-4545

Cell: (928) 205-8073 or 8074

Email: hopi@navajocountylibraries.org

Polacca Branch Library — in First **Mesa Youth Center**

HWY 264 Milepost 392

P.O. Box 123

Kykotsmovi, AZ 86039

Hours: Tuesday and Thursday 9AM-5PM

Phone: (928) 205-8073

Coconino County Public Library

300 West Aspen Ave. Flagstaff, AZ 86001

Hours: Monday-Thursday 10AM-9PM Friday 10AM-7PM; Saturday 10AM-6PM

Sunday 10AM-2PM Phone: (928) 213-2330

Book Mobile stops: Cameron Simpson's Market, Kaibeto, Bitter Springs, Leupp Chapter House, Marble Canyon, The Gap,

Star School, Twin Arrows Casino.

*Please call the library for the dates and times.

Library and Literacy Resources (continued)

Reach Out and Read

Website: reachoutandread.org

Reach Out and Read believes all families should have the tools and information they need to make reading aloud a daily routine. They help integrate reading into pediatric practices, advise families about the importance of reading with their children, and share books that serve as a catalyst for healthy childhood development. At each Well Child Check appointment, a child receives a book from their pediatrician to take home. Participating pediatric clinics on the Navajo Nation are:

- Tuba City Regional Health Care
- Lechee Health Facility
- Kayenta Health Center
- Dennehotso Health Station
- Inscription House Health Center
- Tséhootsooí Medical Center
- Nahata' Dziil Health Center
- Sage Memorial Hospital
- Dilkon Clinic
- Leupp Clinic
- Chinle Comprehensive Health Care
- Tsaile Health Center
- Pinon Health Center

Salina Bookshelf, Inc. Multicultural Publishing

Salina Bookshelf is an independent publisher of multicultural materials which include textbooks, children's picture books, chapter books, informational texts, reference books, audio books and language learning materials. Salina Bookshelf specializes in dual language books in Navajo/English and Hopi/English.

1120 West University Ave. Suite 102

Flagstaff, AZ 86001

Toll free: 1(877) 527-0070

Website: salinabookshelf.com

Heritage Language Resource Center — San Juan School **District**

Providing Navajo and Ute language materials (books, CDs/music, DVDs, clan materials, Coyote stories, games, posters, calendars, etc.) for sale to schools or individuals.

28 West, 200 North Blanding, UT 84511

Phone: (435) 678-1230 / Fax: (435) 678-1283

Website: media.sjsd.org

Unite for Literacy

Website: www.uniteforliteracy.com

Picture books written in English and Navajo, and narrated in both

languages.

Native Child Dinétah

Website: nativechild.com

Native Child Dinétah's goal is to help preserve and continue Navajo culture, language and history. Materials available to anyone interested in Navajo culture.

Dolly Parton's Imagination Library

Website: imaginationlibrary.com

Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to children from birth until they begin school, no matter their family's income.

Imagination Library Affiliates

ARIZONA:

- Chinle Boarding School—BIE FACE
- Greasewood Springs Community School—BIE FACE
- Kin Dah Lichii' Olta
- Nazlini Community School, Inc.
- Pinon Community School, Inc.
- Rough Rock Community School—BIE FACE
- T'iis Nazbas Community School—BIE FACE
- Kayenta Community School—BIE FACE
- Leupp School, Inc.—BIE FACE
- Hopi Public Library
- United Way of Northern Arizona, Flagstaff

UTAH:

Aneth Community School—BIE FACE

NEW MEXICO:

- Atsa' Biyaazh Community School—BIE FACE
- Dzilth-Na-O-Dith-Hle Community School—BIE FACE
- Pueblo Pintado Community School—BIE FACE
- Baca/Dlo'ayazhi Community School—BIE FACE
- Bread Springs Day School—BIE FACE
- Mariano Lake Community School—BIE FACE
- Wingate Elementary School—BIE FACE
- Ramah Navajo School Board Inc.—BIE FACE
- Na'Neelzhiin Ji' Olta School—BIE FACE
- Alamo Navajo School—BIE FACE

Car Seat Resources

The utilization of a car seats is important for the safety of all children. Installing a car seat for younger children and babies can be a challenge. Child Passenger Safety Technicians in your community can check to make sure your car seats are installed correctly and to teach you to use and install a car seat on your own.

Safe Kids Navajo Nation

Please call for car seat check/installation events across the Navajo Nation.

Lead Organization:

Navajo Nation Division of Public Safety

P.O. Box 1509

Window Rock, AZ 86515 Phone: (928) 871-7299

Inspection Station Information: Department of Highway Safety

#16 Old Coal Mine Rd.

Navajo Transportation Complex

Hours: Friday 8:00AM-5:00PM Appointment Required: Yes

Contact: (505) 371-8322

Tséhootsooí Medical Center — Public Health Nursing

*No free car seats available for distribution. Please call for a car seat check/installation appointment.

Phone: (928) 729-8471

Tuba City Regional Health Care — Office of **Environmental Health**

Please call for a car seat check/installation appointment. Monthly classes are available in Session I and Session II courses. Session I is 10AM-12PM (no children allowed) and Session II is 1PM-3PM (child and vehicle must be present). If the child's car seat is expired, the family may receive a free, new car seat upon completion of both Sessions.

Phone: (928) 283-2844 or 2857

Kayenta Health Center — Health Education (Navajo **Department of Health)**

*Availability of car seats is limited. Please call for a car seat check/installation appointment.

Phone: (928) 697-4225 or 4223

Winslow Indian Health Care Center — Office of **Environmental Health**

Please call for a car seat check/installation appointment. Walkins and appointments are welcome on Mother Child Health Days (every Thursday). Any other day is appointment based. In order to receive a free car seat, the child and vehicle must be present.

Phone: (928) 289-8013

Gallup Indian Medical Center — Office of **Environmental Health**

*No free car seats available for distribution. Please call for a car seat check/installation appointment.

Phone: (505) 722-1717

Crownpoint Health Care Facility — Office of **Environmental Health**

*No free car seats available for distribution. Please call for a car seat check/installation appointment.

Phone: (505) 786-6403 or 6406

Northern Navajo Medical Center — Office of **Environmental Health**

*No free car seats available for distribution. Please call for a car seat check/installation appointment.

Phone: (505) 368-7460

Office of Diné Youth

The Office of Diné Youth exists to advocate, educate and develop resilient healthy generations of youth through partnerships to balance and live in a diverse society. There are agency offices located in Chinle, AZ; Crownpoint, NM, Fort Defiance, AZ; Shiprock, NM; and Tuba City, AZ. The Administration office is located in Window Rock, AZ at the Department of Dine Education Center. Please contact local offices for location of programs.

Programs offered by the Office of Diné Youth:

- Youth Career Incentive Program
- Recreation Program
- Youth Counseling Program
- High School Preparatory and Enrichment Programs

Administration Office

P.O. Box 1599 Window Rock, AZ 86515 Phone: (928) 871-6518 or 6882

Fax: (928) 871-7618

Chinle Agency Office

P.O. Box 847 Chinle, AZ 86503

Phone: (928) 674-2064 or 2066

Fax: (928) 674-2067

Crownpoint Agency Office

P.O. Box 1141 Crownpoint, NM 87313 Phone: (505) 786-2000 or 2001 Fax: (505) 786-2006

Fort Defiance Agency Office

P.O. Box 2090 Fort Defiance, AZ 86504

Phone: (928) 729-4336 or 4338/4329

(Gymnasium) Fax: (928) 729-4339

Shiprock Agency Office

P.O. Box 3257 Shiprock, NM 87420 Phone: (505) 368-1125 or 1127/1126 Fax: (505) 368-1132

Tuba City Agency Office

P.O. Box 2380 Tuba City, AZ 86045

Phone: (928) 283-3021 or 3023

Fax: (928) 283-3048

Growing In Beauty Home Visitation Program

The Navajo Nation Growing in Beauty Home Visitation Program provides culturally appropriate services within the home of families with their young children (parents, prenatal, and birth to 3 years of age). Home visitation provides support for parents to better understand their child's development skills through daily home activities.

The Benefits of Home Visiting

- Increases parenting knowledge, parent child interaction and involvement through two scheduled visits per month and monthly parent/family gatherings for parent training, parent-child activities and culture nights.
- Early detection of potential health concerns and developmental delays through developmental screenings.
- Helps prevent child abuse and neglect.
- Helps increase school readiness and success.
- Promotes early literacy.
- Supports the family's well-being, while emphasizing on culture and language.
- Connects families with local agencies and programs.

Families interested in enrolling into the Growing In Beauty Home Visitation Program may contact one of the following programs in their geographic area:

Black Mesa	Community	School

Phone: (928) 674-3632

Cottonwood Day School

Phone: (928) 725-3235

Dennehotso Boarding School

Phone: (928) 658-3201

Dilkon Community School

Phone: (928) 675-2311

Kayenta Agency Office

Phone: (928) 697-5626

Chinle Agency Office

Phone: (928) 674-2186

Pinon Community School

Phone: (928) 725-3250

Window Rock Agency Office

Phone: (928) 871-7458

Rock Point Community School

Phone: (928) 659-4221

Seba Dalkai Boarding School

Phone: (928) 657-3208

Shonto Preparatory School

Phone: (928) 672-3556

Tuba City Boarding School

Phone: (928) 283-2330

The Family Spirit Program

Family Spirit is a culturally-based home visiting program for Native American mothers and babies. Family Spirit is the largest and only evidence-based home visiting program designed for and with Native American communities. Family Spirit was developed and evaluated by Johns Hopkins Center for American Indian Health, in partnership with the Navajo Nation and other Tribal communities. Family Spirit lessons are delivered from pregnancy through the child's 3rd birthday. Family Spirit is designed to be taught by community health workers. The Family Spirit Program is replicated nationally through a coordinating office in Chinle, AZ. Various programs on the Navajo Nation have been trained to use Family Spirit.

For more information on Family Spirit replication nationally and on the Navajo Nation, contact the Chinle office at (928) 674-3911.

Navajo Nation Judicial Branch

Administrative Office of the Courts

P.O. Box 520 Window Rock, AZ 86515

Office of the Chief Justice

Phone: (928) 871-7669 Fax: (928) 871-6866

Administration

Phone: (928) 871-6762 Fax: (928) 871-6761

Human Resources

Phone: (928) 871-7023 Fax :(928) 871-6862

Navajo Nation Probation Services

P.O. Box 520 Window Rock, AZ 86515

Phone: (928) 871-6625 Fax: (928) 871-7566

Navajo Nation Peacemaking Program

P.O. Box 520 Window Rock, AZ 86515 Phone: (928) 871-6388

Fax: (928) 871-6120

Supreme Court of the Navajo Nation

P.O. Box 520 Window Rock, AZ 86515

Phone: (928) 871-6763 Fax: (928) 871-7016

Alamo / To'hajiilee Judicial District: Alamo Court

HWY 169 P.O. Box 5458 Alamo, NM 87825

Phone: (575) 854-2668 or 2669

Fax: (575) 854-2660

Alamo / To'hajiilee Judicial District: To'Hajiilee Court

Exit 131, North 5 miles from I-40 P.O. Box 3101-A Canoncito, NM 87026

Phone: (505) 908-2817 or 2818

Fax: (505) 908-2819

Aneth Judicial District

Between Aneth Chapter & Aneth Head Start P.O. Box 320 Montezuma Creek, UT 84534

Phone: (435) 651-3545 Fax: (435) 651-3546

Chinle Judicial District

Navajo Rte. 27 P.O. Box 547 Chinle, AZ 86503

District Court: (928) 674-2070 or 2071

Family Court: (928) 674-2070

Fax: (928) 674-2089

Crownpoint Judicial District and Pueblo Pintado Circuit Court

2925 State Route 371 Crownpoint, NM

RA 3363D, East Route 9 Pueblo Pintado, NM

P.O. Box 6

Crownpoint, NM 87313

District/Family Court: (505) 786-2072

Fax: (505) 786-2086

Dilkon Judicial District

North Side of Dilkon Chapter House, Dilkon, AZ

HC 63 Box 787 Winslow, AZ 86047

District/Family Court: (928) 657-8140 or 8141/8142

Fax: (928) 657-8146

Dził Yijiin Judicial District

North of Pinon Chapter P.O. Box 129 Pinon, AZ 86510

District/Family Court: (928) 725-3781

Fax: (928) 725-3786

Kayenta Judicial District

North of MP 394 and HWY 163 P.O. Box 2700 Kayenta, AZ 86033

District Court: (928) 697-5549 Family Court: (928) 697-5550 or 5541

Fax: (928) 697-5546

Ramah Judicial District

429 BIA 125 & Mountain View, 20 miles southeast of Ramah P.O. Box 309 Ramah, NM 87321

Phone: (505) 775-3218 Fax: (505) 775-3399

Shiprock Judicial District

HWY 64 & HWY 491, Northside P.O. Box 1168 Shiprock, NM 87420

District Court: (505) 368-1270 Family Court: (505) 368-1287

Fax: (505) 368-1288

Tuba City Judicial District

240 South Main St. P.O. Box 725 Tuba City, AZ 86045

District/Family Court: (928) 283-3140

Fax: (928) 283-3158

Window Rock Judicial District

Temporarily at Administrative Offices modular building, East of Navajo Nation Veterans Memorial Park (Call to confirm location)

P.O. Box 5520

Window Rock, AZ 86515

District Court: (928) 871-6626

Family Court: (928) 871-6471 or 7562

Fax: (928) 871-7560

Navajo Nation DNA - People's Legal Services, Inc.

Dinébe'iiná Náhiiłna be Agha'diit'ahii which means "attorneys who work for the economic revitalization of The People" or DNA — People's Legal Services, provides free civil legal services to low-income people who otherwise could not afford to hire an attorney. Services focus on family and domestic issues, housing consumer, education, employment, public benefits, health, individual rights and youth issues.

Administration Office

North of the Ch'ihootso Indian Market Place P.O. Box 306 Window Rock, AZ 86515

Phone: (928) 871-4151 Fax: (928) 871-5036

Chinle DNA

Chinle Chapter Complex P.O. 767 Chinle, AZ 86503

Phone: (928) 674-5242 Fax: (928) 674-2410

Tuba City DNA

220 South Main St. P.O. Box 765 Tuba City, AZ 86045 Phone: (928) 283-5265

Fax: (928) 283-5460

Dulce-Jicarilla Apache

5 Dulce Rock Rd. P.O. Box 1671 Dulce, NM 87528

Phone: (705) 759-7568 Fax: (575) 759-7564

Hopi DNA

HWY 264, behind the Hopi Law **Enforcement Complex** P.O. Box 558 Keams Canyon, AZ 86034

Phone: (928) 738-2251/5345

Fax: (928) 738-5343

Hopi Public Defender

HWY 264, behind the Hopi Law **Enforcement Complex** P.O. Box 558 Keams Canyon, AZ 86034

Phone: (928) 738-5231 or 5234

Fax: (928) 738-5343

Farmington DNA

709 North Butler Ave. Farmington, NM 87401 Phone: (505) 325-8886 Fax: (505) 327-9486

Flagstaff DNA

2323 East Greenlaw Lane Suite 1 Flagstaff, AZ 86004

Phone: (928) 774-0653 Fax: (928) 774-9452

Birth Certificate Information

Arizona

Apache County Public Health Services District

The Office of Vital Records issues certified copies of birth and death certificates for births and deaths that occurred in the state of Arizona only. It would be advisable to call prior to coming in, especially if you are traveling a long distance. Cash payments are no longer accepted. Only money orders and debit/credit cards may be used for both in-person and mail in requests.

110 East 1st South St. Johns, AZ 85936

Hours: Monday-Thursday 8AM-4PM

Phone: (928) 337-7525

Mail requests for certified copies to:

Apache County Public Health P.O. Box 697, St. Johns, AZ 85936

Satellite Office Locations:

Chinle, AZ-monthly, 9AM-3PM Ganado, AZ—monthly, 9AM-3PM

Teec Nos Pos, AZ—every other month, 9AM-1PM

Coconino County Public Health Services District

CCPHSD can issue certified copies of birth certificates only for births that occurred in the state of Arizona only. It would be advisable to call prior to coming in, especially if you are traveling a long distance. Payment in the form of cash, cashiers check, money order, credit/debit cards and personal check will be accepted.

2625 North King St. Flagstaff, AZ 86004

Hours: Monday-Friday 8AM-4:30PM

Phone: (928) 679-7272 Toll Free: 1(877) 679-7272

Mail requests for certified copies to:

Coconino County Public Health Service District, Birth Certificate Services 2625 North King St., Flagstaff, AZ 86004

Satellite Office Locations:

Page—CCPHSD Northern Region Office

New Mexico

McKinley County Public Health Office

MCPH Office issues certified copies of birth and death certificates for births and deaths that occurred in the state of New Mexico only. A valid government issued ID is required for all transactions. Cost of record is \$10 in cash, money order, or certified check. No debit/credit cards or personal checks accepted.

1919 College Dr. Gallup, NM 87301

Hours: Monday & Thursday 8:30AM-3PM

Tuesday 8AM-11AM Phone: (505) 722-4391

San Juan County Clerk's Office

The San Juan County Clerk's Office can issue certified copies of birth certificates only for births that occurred in the state of New Mexico only. A valid government issued ID is required for all transactions. Cost of record is \$10 in cash, money order, or certified check. No debit/credit cards or personal checks accepted.

355 South Miller Farmington, NM 87401

Hours: Monday-Friday 8:30AM-11:30AM, 1PM-3PM

Phone: (505) 327-4461

Utah

San Juan County Health Department

The San Juan County Health Department can issue certified copies of birth certificates only for births that occurred in the state of Utah only. A completed application, valid identification, and correct fee is required.

735 South 200 West Suite B Blanding, UT 84511

Hours: Monday, Wednesday, Friday 8:30AM-4:30PM

Phone: (435) 359-0038

Mail requests for certified copies to:

San Juan Public Health 735 South 200 West Suite B Blanding, UT 84511

Navajo Nation Tribal Enrollment Services

A person must be at least 1/4 (one quarter) Diné to be enrolled as a member of the Navajo Nation. To determine if you are eligible for tribal membership, or to register as a tribal member, contact your local Tribal Enrollment Services office. Required documentation to bring: original birth certificate (no copies).

Chinle Navajo Agency - Tribal **Enrollment Services**

0.2 miles Southeast of Chinle **Chapter House** P.O. Box 2527

Chinle, AZ 86503

Phone: (928) 674-2279

Eastern Navajo Agency - Tribal **Enrollment Services**

Southeast Corner of Rte. 9 and Chaco Blvd.

P.O. Box 148

Crownpoint, NM 87313

Phone: (505) 786-2034

Ramah - Tribal Enrollment **Services**

Office closed until further notice. Call Eastern (Crownpoint) Navajo Agency Office for assistance.

P.O. Box 148 Ramah, NM 87321

Phone: (505) 775-3328 Fax: (505) 775-5364

Navajo Office of Vital Records and Identification

Window Rock Blvd. Bldg. 2353 P.O. Box 3240 Window Rock, AZ 86515 Phone: (928) 871-6386 Fax: (928) 871-6397

Northern Navajo Agency -**Tribal Enrollment Services**

Naataanii Nez Complex, Rte. 491 South, Southwest of USPS P.O. Box 60

Shiprock, NM 87420

Phone: (505) 368-1334

Western Navajo Agency – Tribal **Enrollment Services**

407 Warrior Dr. P.O. Box 1510 Tuba City, AZ 86503

Phone: (928) 283-3404 or 3425

Fax: (928) 283-3378

Navajo Nation Department of Self-Reliance

The Navajo Nation Department for Self-Reliance Program (DSR) provides short-term cash benefits to families with minor children for their basic needs while assisting the adults to secure sustainable employment through appropriate support, work experience opportunities, training and education. If you have any questions regarding other Navajo Nation Division of Social Services programs, please call the Administration Office (928) 871-6851 or visit their office at 2296 Administration Building #2, Window Rock, AZ.

Support Services

48 West HWY 264 **Quality Inn Office Complex** P.O. Box 2279 Window Rock, AZ 86515

Toll free: 1(866) 347-2403 Phone: (928) 810-8592 Fax: (928) 810-8557

Chinle Office

Imperial Mart Circle, Navajo Rte. 7 P.O. Box 2420 Chinle, AZ 86503

Toll Free: 1(866) 700-5175 Phone: (928) 674-8194 Fax: (928) 674-2351

Saint Michaels Office

AZ HWY 264 Bldg. 53B P.O. Box 920 St. Michaels, AZ 86511 Phone: (928) 810-8592

Fax: (928) 810-8598

Greasewood Office

East of the Greasewood Chapter House HC 58 Box 75 Ganado, AZ 86505 Phone: (928) 654-3910

Fax: (928) 654-3920

Tuba City Office

North Main St. Suite 103 P.O. Box 3050 Tuba City, AZ 86045

Toll Free: 1(866) 731-7015 Phone: (928) 283-6613 Fax: (928) 283-3407

Kayenta Office

1000 Main St. and Pony Rd. P.O. Box 570 Kayenta, AZ 86033 Phone: (928) 697-5660 Fax: (928) 697-5665

Gallup Office

2907 East Aztec Ave. Gallup, NM 87301

Toll Free: 1(866) 704-6940 Phone: (505) 722-8940 Fax: (505) 722-8959

Crownpoint Office

Lower Point Rd. HWY 371 P.O. Box 818 Crownpoint, NM 87313 Toll Free: 1(866) 784-1694 Phone: (505) 786-2384

Fax: (505) 786-2394

Farmington Office

701 East 20th St. Farmington, NM 87401 Phone: (505) 278-8190

Financial Assistance Program – Navajo Nation Department of Family Services

The Financial Assistance Program helps individuals and households overcoming hardship to become self-sufficient through education of financial management, home energy saving and referral to programs. The following assistance service can be found in most DFS field office throughout the Navajo Nation:

- Low Income Home Energy Assistance (LIHEAP)
- General Assistance (GA)
- Community Service Block Grant (CSBG)
- and burial assistance (at some locations).

Please call to inquire about required documentation to apply for assistance.

Administration

Window Rock Blvd. P.O. Box 704 Window Rock, AZ 86515 2296 Administration Bldg. 2

Toll free: 1(866) 251-5651 Phone: (928) 871-6556 Fax: (928) 871-7009

Fort Defiance Office

Window Rock Blvd. Bldg. 2689 Southeast of the President's Office P.O. Box 950 Fort Defiance, AZ 86504

Phone: (928) 871-7978 Fax: (928) 810-8570

Ganado Office

300 yards East of the Ganado Chapter House P.O. Box 210 Ganado, AZ 86505

Phone: (928) 755-5930 Fax: (928) 755-5939

Dilkon Office

Dilkon Chapter Compound, Bldg. 5582 HC 63, Box J Winslow, AZ 86047

Phone: (928) 675-8030 Fax: (928) 657-8098

Chinle Office

Navajo Rte. 7, BIA 136C P.O. Box 1000 Chinle, AZ 86503 Phone: (928) 674-2012

Pinon Office

Fax: (928) 674-5740

1/2 mile West of Pinon Conoco P.O. Box 685

Pinon, AZ 86510

Phone: (928) 725-3287 Fax: (928) 725-3480

Kayenta Office

HWY 163 Bldg. KA-46 P.O. Box 520 Kayenta, AZ 86033 Phone: (928) 697-5530 Fax: (928) 697-5540

Tuba City Office

Fax: (928) 283-3276

Edgewater Dr. and Pine St. P.O. Box 280 Tuba City, AZ 86045 Phone: (928) 283-3266

Kaibeto Sub-Office

P.O. Box 1905 Kaibeto, AZ 86053

Phone: (928) 673-5860 or 5862

Fax: (928) 673-5870

*If there is no answer call the

Tuba City Office.

Shiprock Office

Naataanii Nez Bldg., 1st floor P.O. Box 3289 Shiprock, NM 87420 Phone: (505) 368-1185 Fax: (505) 368-1177

Crownpoint Office

Chapter House Rd. Bldg. P.O. Box 936 Crownpoint, NM 87313 Phone: (505) 786-2236 Fax: (505) 786-2238

Tohajiilee

117 Tribal Rd. N7071 P.O. Box 3138 Tohajiilee, NM 87026 Phone: (505) 908-2549 Fax: (505) 908-2550

Alamo Sub-Office

Call the Tohajiilee Office for the schedule of services in Alamo.

Navajo Nation Department of Child Support Sercives

The Navajo Nation Department of Child Support Services provides child support services, including: establishing paternity, establishing child support and medical support obligations, modifying Office of Hearings and Appeals administrative orders, and enforcing court ordered child support.

Central Administration

St. Michaels Professional Plaza, HWY 264, Mission Rd. P.O. Box 7050 Window Rock, AZ 86515

Phone: (928) 871-7194 Fax: (928) 871-7196

Fort Defiance Agency Office

St. Michaels Professional Plaza Suite 102 St. Michaels, AZ 86511 Phone: (928) 871-6895 Fax: (928) 871-6878

Chinle (Central) Agency Office

La Casa Blanca Complex Office, 200 East Navajo Rte. 7 P.O. Box 160 Chinle, AZ 86503

Phone: (928) 674-2300 Fax: (928) 674-2307

Tuba City (Western) Agency Office

900 North Main St. Bldg. 2582 Tuba City, AZ 86045

Phone: (928) 283-3416 Fax: (928) 283-3423

Fax: (505) 786-2206

Crownpoint (Eastern) Agency Office

Navajo Rte. 9, HWY 371 Bashas Shopping Center Suite 7 P.O. Box 1940 Crownpoint, NM 87313 Phone: (505) 786-2207

Shiprock (Northern) Agency Office

City Market Shopping Center Suite 13 P.O. Box 3499 Shiprock, NM 87420

Phone: (505) 368-1006 Fax: (505) 368-1036

NM Customer Service Line (In-State):

1(800) 288-7207

NM Customer Service Line (Out-of-State):

1(800) 585-7631

Navajo Department of Workforce Development

The Navajo Department of Workforce Development provides the following services for eligible persons:

- ADULT BASIC EDUCATION Short-term course training for GED certificate attainment.
- OCCUPATIONAL SKILLS TRAINING Short-term vocational skills training and tuition payment assistance with the following Approved Training Providers:
 - Arizona College (Phoenix, AZ)
 - Brookline College (Albuquerque, NM and Phoenix, AZ)
 - Carrington College(Albuquerque, NM and Phoenix, AZ)
 - Gateway Community College (Phoenix, AZ)
 - Field Ironworkers Apprenticeship (Phoenix, AZ)
 - Refrigeration School, Inc. (Phoenix, AZ)
 - San Juan Community College (Farmington, NM)
 - University of New Mexico Gallup Branch (Gallup, NM)
 - Utah State University Blanding Campus (Blanding, UT)
- WORK EXPEREINCE Paid temporary (short-term) employment to obtain job skills using designated worksite.
- JOB/WORK READINESS Workshops and training sessions provided to improve employability skills; resume development, interviewing skills, work ethics, filling out job applications, computer skills, job search skills, leadership and self-awareness development.
- SUPPORTIVE SERVICES COSTS Based on need; may include lodging, meals, transportation, safety clothing, prescription eyewear, job search and incentive payments.
- WORKFORCE INNOVATION AND OPPORTUNITY ACT (WIOA) SUPPLEMENTAL YOUTH SERVICES PROGRAM Work experience opportunities for youth age 14-24 year of age at designated worksites.

ELIGIBILY REQUIREMENTS:

- Native American with Certificate of Indian Blood (CIB)
- 18 years and older
- Must meet any one (not all) of the following:
 - · Is an individual living on a low income
 - Recipient of a bona fide lay-off notice
 - Unemployed or underemployed (conditions apply)
- If applicable, male applicants 18 and older, must register or be registered for Selective Service.

(continued on next page)

Navajo Department of Workforce Development (continued)

Window Rock Administration

Tribal Hill Drive Bldg. #FA-2754 P.O. Box 1889 Window Rock, AZ 86515

Phone: (928) 871-7707 or 7724 Fax: (928) 871-7116

Central Navajo Workforce Center

Navajo Rte. 7 East of NTU-Chinle Campus P.O. Box 589 Chinle, AZ 86503

Phone: (928) 674-2177 or 2171

Fax: (928) 674-2174

Eastern Navajo Workforce Center

1/2 block North BIA Rd. P.O. Box 266 Crownpoint, NM 87313 Phone: (505) 786-2167 or 2158

Fax: (505) 786-2170

Fort Defiance Workforce Center

0.2 miles South of the Scouts Fieldhouse P.O. Box 1489 Fort Defiance, AZ 86504

Phone: (928) 729-4015 or 4180

Fax: (928) 729-4179

Greasewood Workforce Sub-Office

Greasewood, AZ Phone: (928) 654-3914

Tohatchi Workforce Sub-Office

Tohatchi, NM

Phone: (505) 733-2835

Northern Navajo Workforce Center

HWY 64, Northeast of Shiprock NTUA P.O. Box 1870 Shiprock, NM

Phone: (505) 368-1094 Fax: (505) 368-1115

Montezuma Creek Workforce Sub-Office

900 East HWY 262 Aneth, UT 84510

Phone: (435) 651-3503 Fax: (928) 651-3526

Western Navajo Workforce Center

170 South Main St. P.O. Box 915 Tuba City, AZ 86045

Phone: (928) 283-3320 or 3323

Fax: (928) 283-3337

Kayenta Workforce Sub-Office

Kayenta, AZ

Phone: (928) 697-5666 Fax: (928) 697-5568

Luepp Workforce Sub-Office

Luepp, AZ

Phone: (928) 686-3242 Fax: (928) 686-3239

Vocational Rehabilitation – Department of Diné Education OSERS

The Department of Diné Education — Office of Special Education and Rehabilitation Services (OSERS) provides vocational rehabilitation services to eligible American Indians with disabilities who are interested in going to work. The goal of Vocational Rehabilitation is to assist people with disabilities to obtain and maintain employment.

What services may be provided?

Vocational Rehabilitation services are designed to achieve an employment objective consistent with the unique strengths, resources, priorities, concerns, abilities and capabilities of the individual.

The following are the types of vocational rehabilitation services an individual with a disability may qualify for:

- an assessment for determining eligibility and vocational need;
- counseling, guidance and work-related placement services;
- mental/physical restoration;
- maintenance for additional costs incurred while participating in rehabilitation;
- tuition, books/supplies, personal needs, allowances, room and/or board, transportation;
- interpreter services for individuals who are deaf and services for those who are blind or visually impaired;
- occupational licenses, tools, equipment, initial stocks, and supplies;
- recruitment and training services;
- rehabilitation technology services;
- independent living services;
- · Native Healing services;
- and information and referral.

Who is eligible for Vocational Rehabilitation Services?

To be eligible for Vocational Rehabilitation services, an individual must:

- be an enrolled member of an Indian Tribe;
- reside on or near the reservation (10 mile radius);
- have a physical or mental impairment which constitutes or results in a substantial impediment to employment;
- and require vocational rehabilitation services in terms of an employment outcome.

How to apply for Vocational Rehabilitation

Write, call or visit the office nearest your home for an appointment. Individuals will need to complete an application for vocational rehabilitation services. Bring in records or information about your disability (e.g. records from your doctor, psychologist or school). Please call your local office for eligibility and location.

Administration Office

P.O. Box 1420 Window Rock, AZ 86515

Toll-free: 1(866) 341-9918

Phone: (928) 871-6338 / Fax: (928) 871-7865

Kayenta Office

P.O. Box 2819, Kayenta, AZ 86033

Phone: (928) 697-5685 Fax: (928) 697-5625

Tuba City Office

P.O. Box 2669, Tuba City, AZ 86045

Phone: (928) 283-3481 Fax: (928) 283-3482

Chinle/Ganado Office

P.O. Box 1893, Chinle, AZ 86503

Phone: (928) 674-2132 Fax: (928) 674-2199

Fort Defiance Office

P.O. Box 1420, Window Rock, AZ 86515

Phone: (928) 871-6338 Fax: (928) 871-7865

Shiprock Office

P.O. Box 1969, Shiprock, NM 87420

Phone: (505) 368-1043 Fax: (505) 368-1047

Crownpoint Office

P.O. Box 921, Crownpoint, NM 87313

Phone: (505) 786-2259 Fax: (505) 786-2261

Federal Student Aid – US Department of Education

Use the Free Application for Federal Student Aid (FAFSA®) form to apply for financial aid for college or grad school. The 2020-21 FAFSA form became available on Oct. 1, 2019, for the 2020-21 award year (which runs from July 1, 2020, to June 30, 2021). The 2019-20 FAFSA form became available on Oct. 1, 2018, for the 2019-20 award year (which runs from July 1, 2019, to June 30, 2020).

Website: studentaid.ed.gov/sa/fafsa

Office of Navajo Nation Scholarship and Financial Assistance

The Office of Navajo Nation Scholarship & Financial Assistance (ONNSFA), provides enrolled members of the Navajo Nation an opportunity to achieve their educational goals. Five agency offices are available to serve students. Toll-free telephone numbers and the ONNSFA Student Portal at onnsfa.org are available to help students navigate the ONNSFA application process.

Central Administration Office

Navajo Education Center Morgan Blvd. 1st floor P.O. Box 1870

Window Rock, AZ 86515

Phone: (928) 871-7444 Fax: (928) 871-7410

Email: onnsfa_admin@navajo-nsn.gov

Chinle Agency Office

Navaio Rte. 7 (across Denny's Restaurant) P.O. Box 2358 Chinle, AZ 86503

Toll Free: 1(800) 919-9269 Fax: (928) 674-2331

Email: onnsfachinle@navajo-nsn.gov

Crownpoint Agency Office

Navajo Technical University **Empowerment Building** P.O. Box 1080

Crownpoint, NM 87313 Toll Free: 1(866) 254-9913

Fax: (505) 786-2178

Email:

onnsfacrownpointnm@navajo-nsn.gov

Parchment e-transcripts should be emailed to:

Fort Defiance Agency Office

Navajo Education Center Morgan Blvd. 1st floor P.O. Box 1870 Window Rock, AZ 86515

Toll Free: 1(800) 243-2956 Fax: (928) 871-6561

Email: onnsfacentral@navajo-nsn.gov

Shiprock Agency Office

BIA Nat'aani Nez Complex Room 111 P.O. Box 1349 Shiprock, NM 87420 Toll Free: 1(866) 223-6457 Fax: (505) 368-1338

Email: onnsfashiprock@navajo-nsn.gov

Tuba City Agency Office

BIA Western Agency Administration Bldg. 407, Rooms 112-117

P.O. Box 370 Tuba City, AZ 86045 Toll Free: 1(866) 839-8151

Fax: (928) 283-3215

Email: onnsfatubacity@navajo-nsn.gov

American Indian College Fund

The American Indian College Fund has been the nation's largest charity supporting Native student access to higher education. The College Fund provides scholarships to American Indian and Alaska Native college students seeking undergraduate and graduate degrees at tribal colleges, nonprofit, and accredited schools. The College Fund also provides programming to improve Native American student access to higher education, as well as the support and tools for them to succeed once they are there.

> Toll Free: 1(800) 776-3863 (FUND) Phone: (303) 426-8900 Fax: (303) 426-1200 Website: collegefund.org

WHY USE THE REGISTRY?



increase your knowledge in early childhood, and advance your career.

Training and professional development opportunities:

- Search by topic, instructor, and location
- · Find all DES mandatory trainings
- · Register for trainings near you
- · Meet the annual requirements for licensing

Administrator tools:

· Conveniently track and store staff qualifications: professional development and employment history

Manage your career profile:

- · Keep a record of your training and credentials in one place
- · Easily make updates as you complete classes and training
- · Identify your strengths and the areas where you need more professional development

Share your qualifications with employers:

 Have your education credentials verified for employers and/or licensing agencies

Access First Things First College Scholarships to take college classes toward a degree or credential in early childhood (only available through the Registry).

To become a member of the Arizona Early Childhood Workforce Registry, visit AZregistry.org.



- SUPPORTED BY -拱 FIRST THINGS FIRST



FIRST THINGS FIRST SCHOLARSHIPS AND INCENTIVES

Financial scholarships to support eligible individuals in completing a credential, associate degree, or bachelor's degree in early childhood education or related field.

College Scholarship for Early Childhood Professionals

The FTF College Scholarship provides the early childhood workforce working directly with or on behalf of young children birth through age 5 access to education and training to achieve degrees, credentials, and specialized skills to promote children's development.

Bonus Program

The FTF Bonus Program is a financial incentive offered to scholars who are continuing their education in the early childhood education field.

REWARD\$

The Professional REWARD\$ program is a First Things First statewide initiative offering a financial incentive to child care professionals working with children birth through age 5.

> For scholarship information contact:

1.855.818.6613

info@thearizonaregistry.org

For a step-by-step scholarship guide, visit:

azearlychildhood.org



SUPPORTED BY ---## FIRST THINGS FIRST



FAMILY SUPPORT

Navajo Tribal Colleges and Universities

Diné College

Programs: Certificate, Associate Degrees, Bachelor Degrees,

Master Degrees

Toll free: 1(877) 988-DINE (3463)

Website: dinecollege.edu

Tsaile Campus

Navajo Rte. 12, 1 Circle Dr.

Tsaile, AZ 86556

Phone: (928) 724-6600 Fax: (928) 724-6835

Shiprock Branch

1228 Yucca St. P.O. Box 580

Shiprock, NM 87420 Phone: (505) 368-3500

Tuba City Site

600 Edgewater Dr.

P.O. Box 1716

Tuba City, AZ 85045

Phone: (928) 283-5113 Fax: (928) 283-5350

Chinle Site

HWY 191 & Navajo Rte. 7 Tseyi Shopping Center Chinle, AZ 86503

Phone: (928) 674-3319 Fax: (928) 674-8488

Crownpoint Site

HWY 371 & Navajo Rte. 9

P.O. Box 57

Crownpoint, NM 87313

Phone: (505) 786-7391 Fax: (505) 786-5240

Window Rock Site

Tribal Hill Dr. P.O. Box 1924

Window Rock, AZ 86515

Phone: (928) 871-2230 Fax: (928) 871-2395

Navajo Technical University

Programs: Adult Education/GED, Certificate, Associate Degrees,

Bachelor Degrees, Master Degrees

Phone: (505) 786-4119 Website: navajotech.edu

Crownpoint Campus

Lowerpoint Rd., HWY 371

P.O. Box 849

Crownpoint, NM 87313

Phone: (505) 786-4100 Fax: (505) 786-5644

Chinle Campus

P.O. Box 849

Chinle, AZ 86503

Phone: (928) 674-5764 Fax: (928) 674-5768

Teec Nos Pos Campus

P.O. Box 848

Teec Nos Pos, AZ 86514

Phone: (928) 656-3600

Kirtland Instructional Site

540 Rd. 6580

Kirkland, NM 87417

Phone: (505) 598-4585

Zuni Instructional Site

67 301 North

Zuni, NM 87327

Phone: (505) 782-6010 or 6022

Public Arizona Colleges and Universities

Public, 4-year		
Northern Arizona University (Flagstaff)	(928) 523-9011 nau.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
University of Arizona (Tucson)	(520) 621-0898 arizona.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
Arizona State University (Tempe)	(480) 965-6113 asu.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
Public, 2-year		
Glendale Community College (Glendale)	(623) 845-3000 gccaz.edu	Certificate and Associate Programs
Chandler-Gilbert Community College (Chandler)	(480) 732-7280 cgc.edu	Certificate and Associate Programs
Rio Salado College (Tempe)	1(800) 729-1197 riosalado.edu	Certificate and Associate Programs
Arizona Western College (Yuma)	(928) 317-6000 azwestern.edu	Certificate and Associate Programs
Estrella Mountain Community College (Avondale)	(623) 935-8000 estrellamountain.edu	Certificate and Associate Programs
Mesa Community College (Mesa)	(480) 461-7000 mesacc.edu	Certificate and Associate Programs
Paradise Valley Community College (Phoenix)	(602) 787-7862 paradisevalley.edu	Certificate and Associate Programs
Eastern Arizona College (Thatcher)	1(800) 678-3808 eac.edu	Certificate and Associate Programs
Gateway Community College (Phoenix)	(602) 286-8200 gatewaycc.edu	Certificate and Associate Programs
Phoenix College (Phoenix)	(602) 285-7800 phoenixcollege.edu	Certificate and Associate Programs
Central Arizona College (Coolidge)	1(800) 237-9814 centralaz.edu	Certificate and Associate Programs
Scottsdale Community College (Scottsdale)	(480) 423-6000 scottsdalecc.edu	Certificate and Associate Programs
Pima Community College (Tucson)	(520) 206-4500 pima.edu	Certificate and Associate Programs
Cochise Community College (Sierra Vista)	1(800) 966-7943 cochise.edu	Certificate and Associate Programs
Tohono Oʻodham Community College (Sells)	(520) 383-8401 tocc.edu	Certificate and Associate Programs
Yavapai College (Prescott)	(928) 445-7300 yc.edu	Certificate and Associate Programs
South Mountain Community College (Phoenix)	(602) 243-8000 southmountaincc.edu	Certificate and Associate Programs
Northland Pioneer College (Holbrook, Hopi, Kayenta, Whiteriver, Show Low, Snowflake/Taylor, Winslow, St. Johns, Springerville-Eagar)	(928) 532-6111 npc.edu	Certificate and Associate Programs
Mohave Community College	(928) 855-7812 mohave.edu	Certificate and Associate Programs

Private Arizona Colleges and Universities

Arizona Christian College (Phoenix)	1(800) 247-2697 arizonachristian.edu	Online, Undergraduate
Embry-Riddle Aeronautical University (Prescott)	1(800) 888-3728 erau.edu	Certificate, Undergraduate, Graduate Programs
Prescott College (Prescott)	1(877) 350-2100 prescott.edu	Certificate, Undergraduate, Graduate Programs
nternational Baptist College and Seminary (Chandler)	1(800) 422-4858 ibcs.edu	Certificate, Undergraduate, Graduate Programs
Ottawa University (Phoenix)	1(855) 774-7713	Online, Undergraduate, Graduate Program
Private, for-profit, 4-year		
Grand Canyon University (Phoenix)	1(855) 428-5673 gcu.edu	Undergraduate, Graduate, Graduate Certificate Programs
University of Phoenix (Phoenix and Tucson)	1(844) 937-8679 phoenix.edu	Certificate, Undergraduate and Graduate Programs
Southwest University of Visual Arts (Tucson)	1(800) 825-8753 suva.edu	Undergraduate and Graduate Programs
University of Advancing Technology (Tempe)	1(800) 658-5744 uat.edu	Online, Undergraduate, Graduate Degree Programs
Chamberlain University (Phoenix)	1(877) 751-5783	Undergraduate and Graduate
Private, for-profit, 2-year		
Universal Technical Institute (Avondale)	1(800) 834-7308	Automotive, Diesel, Motorcycle
Arizona Automotive Institute (Glendale)	(623) 934-7273 aai.edu	Automotive, Diesel, Welding, Refrigeration Heating/Ventilation
The Refrigeration School, Inc. (Phoenix)	(480) 676-5843 refrigerationschool.com	HVAC, Refrigeration, Electrician and Weldi
Arizona College (Glendale and Mesa)	1(855) 706-8382	Allied Health
National Paralegal College, Inc. (Phoenix)	1(800) 371-6105 nationalparalegal.edu	Certificate, Undergraduate and Graduate Programs
Pima Medical Institute (Mesa)	1(800) 477-7462	Allied Health
Brookline College (Phoenix, Tempe, Tucson, Albuquerque)	1(888) 337-9003 brooklinecollege.edu	Online, Certificate, Undergraduate Progra
Southwest Institute of Healing Arts (Tempe)	(480) 994-9244	Massage

Public New Mexico Colleges and Universities

Public, 4-year		
The University of New Mexico (Albuquerque, Taos, Gallup, Los Alamos, Valencia)	(505) 277-0111 unm.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
New Mexico State University (Las Cruces, Grants, Alamogordo)	(575) 646-0111 nmsu.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
Eastern New Mexico University (Portales, Ruidoso, Roswell)	1(800) 367-3668 enmu.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
New Mexico Institute of Mining and Technology (Socorro)	(575) 835-5435 nmt.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
New Mexico Highlands University (Las Vegas)	1(877) 850-9064 nmhu.edu	Undergraduate and Graduate Programs
Western New Mexico University (Silver City)	1(800) 872-9668 wnmu.edu	Online, Undergraduate, Graduate, Graduate Certificate Programs
Institute of American Indian Arts (Santa Fe)	(505) 424-2325 iaia.edu	Undergraduate and Graduate Programs
Public, 2-year		
Northern New Mexico College (Espanola)	(505) 747-2111 nnmc.edu	Certificate and Associate Programs
Clovis Community College (Clovis)	(559) 325-5200 cloviscollege.edu	Certificate and Associate Programs
Central New Mexico Community College (Albuquerque)	(505) 224-3000 cnm.edu	Certificate and Associate Programs
Luna Community College (Las Vegas)	(505) 454-2500 luna.edu	Certificate and Associate Programs
Mesalands Community College (Tucumcari)	(575) 461-4413 mesalands.edu	Certificate and Associate Programs
Santa Fe Community College (Santa Fe)	(505) 428-1000 sfcc.edu	Certificate and Associate Programs
Southwest Indian Polytech Institute (Albuquerque)	(505) 792-2976 sipi.edu	Certificate and Associate Programs
San Juan College (Farmington)	(505) 326-3311 sanjuancollege.edu	Certificate and Associate Programs
New Mexico Junior College (Hobbs)	(575) 392-4510 nmjc.edu	Certificate and Associate Programs
New Mexico Military Institute (Roswell)	(575) 622-6250 nmmi.edu	Certificate and Associate Programs
Dona Ana Community College (Las Cruces)	(575) 527-7500 dacc.nmsu.edu	Certificate and Associate Programs

Private New Mexico Colleges and Universities

Private, non-profit, 4-year				
University of the Southwest (Hobbs)	(575) 392-6561 usw.edu	Undergraduate and Graduate Programs		
St. John's College (Santa Fe)	(505) 984-6000 sjc.edu	Undergraduate and Graduate Programs		
Private, for-profit, 2-year				
Carrington College (Albuquerque)	(602) 427-0722 carrington.edu	Allied Health Programs		
Brookline College (Albuquerque)	1(888) 337-9003 brooklinecollege.edu	Online, Certificate, Undergraduate and Graduate Programs		
Pima Medical Institute (Albuquerque)	1(800) 477-7462 pmi.edu	Certificate, Associate and Bachelor Programs		

Other Colleges and Universities

Fort Lewis College (Durango, CO) - public, 4-year	1(877) 352-2656 fortlewis.edu	Undergraduate and Graduate Programs
University of Colorado (Boulder, Colorado Springs, Denver, Aurora) – public, 4-year	(303) 860-5600 cu.edu	Online, Certificate, Undergraduate, Graduate and Graduate Certificate Programs
Colorado State University (Fort Collins) – public, 4-year	(970) 491-6909 colostate.edu	Online, Certificate, Undergraduate, Graduate and Graduate Certificate Programs
Adams State University (Alamosa) – public, 4-year	(719) 587-7011 adams.edu	Undergraduate and Graduate Programs
Lincoln Tech (Denver) – private, for-profit, 2-year	1(844) 570-4996 lincolntech.edu	Automotive, Diesel, Welding and other skill trades
IntelliTec College (Albuquerque, Colorado Springs, Grand Junction, Pueblo) – private, for-profit, 2-year	1(800) 748-2282 intellitec.edu	Automotive, Refrigeration and HVAC, Allied Health, Cosmetology, Massage
University of Utah (Salt Lake City, UT) – public, 4- year	(801) 581-7200 utah.edu	Undergraduate, Graduate Programs
Utah State University (Logan, Blanding, Price) – public, 4-year	(435) 797-1000 usu.edu	Online, Certificate, Undergraduate, Graduate and Graduate Certificate Programs
Brigham Young University (Provo) – private, non-profit, 4-year	(801) 422-4636 byu.edu	Online, Undergraduate, Graduate Programs
Southern Utah University (Cedar City) – public, 4-year	(435) 586-7700 suu.edu	Online, Undergraduate, Graduate Programs
Utah Valley University (Orem) – public, 4-year	(801) 863-8000 uvu.edu	Online, Undergraduate, Graduate Programs
Weber State University (Ogden) – public, 4-year	(801) 626-6000 weber.edu	Online, Undergraduate, Graduate Programs
Dixie State University (St. George, UT) – public, 4 year	(435) 652-7777 dixie.edu	Undergraduate and Graduate Programs

Nutrition Assistance Program

The Arizona Department of Economic Security's Nutrition Assistance Program (formerly the Food Stamp Program) is Arizona's program for the Food and Nutrition Service (FNS) Supplemental Nutrition Assistance Program (SNAP). Nutrition Assistance supports families to prevent under-nutrition in Arizona. To apply for the Nutrition Assistance Program, visit your local Department of Economic Security (DES) Office.

Window Rock DES Office

54B HWY 264 Junction P.O. Box 1890 Window Rock, AZ 86515 Phone: (928) 871-8090

Fax: (928) 871-2374 **Chinle DES Office**

West of HWY 191, across from CHS P.O. Box 157 Chinle, AZ 86503

Phone: (928) 674-1033 or 1032

Kayenta DES Office

1/2 mile North of HWY 163 P.O. Box 68 Kayenta, AZ 86033 Phone: (928) 687-3509

Tuba City DES Office

North Main St. Suite 203 P.O. Box 130 Tuba City, AZ 86045

Phone: (928) 283-4511 or 4007

Page DES Office

1057 Vista Ave. P.O. Box 1656 Page, AZ 86040

Phone: (928) 645-8131

Winslow DES Office

319 East 3rd St. Winslow, AZ 86047 Phone: (928) 289-2425

Kykotsmovi DES Office

Across from the Hopi Tribal Bldg. P.O. Box 684 Kykotsmovi, AZ 86039 Phone: (928) 734-2202

Navajo Nation Food Distribution Program

The Navajo Food Distribution Program supplies USDA Foods and nutritional training to income-eligible households living on the Navajo Nation. The food distribution program is committed to the health and well-being of the Navajo people. Please contact your local office for eligibility and location of distribution.

Administration Office

P.O. Box 1390 Window Rock, AZ 86515 Phone: (928) 871-6429 Fax: (928) 871-6435

Fort Defiance Warehouse

P.O. Box 1390 Window Rock, AZ 86515 Phone: (928) 729-4022 Fax: (928) 729-4206

Leupp Warehouse

P.O. Box 5182 Leupp, AZ 86035 Phone: (928) 686-3220 Fax: (928) 686-3219

Tuba City Warehouse

P.O. Box 3939 Tuba City, AZ 86405 Phone: (928) 283-3290 Fax: (928) 283-3297

Teec Nos Pos Warehouse

P.O. Box 919 Teec Nos Pos, AZ 86514 Phone: (928) 656-3650 Fax: (928) 656-3654

Crownpoint Warehouse

P.O. Box 95 Crownpoint, NM 87313 Phone: (505) 786-2280 Fax: (505) 786-2322

Mexican Springs Warehouse

P.O. Box 164 Tohatchi, NM 87325 Phone: (505) 733-2855

Kirkland Warehouse

P.O. Box 1917 Kirkland, NM 87417 Phone: (505) 598-9736 Fax: (505) 598-9754

Women, Infant and Children (WIC) Nutrition Program

The Supplemental Nutrition Program for Women, Infants and Children, known as WIC, is a nutrition program for pregnant, breastfeeding women and families with children younger than 5 years old. WIC clients receive:

- personalized nutrition education and services;
- screenings and referrals for health care and social services;
- breastfeeding support,
- education and assessments;
- and nutrition dense, prescribed food packages and health food.

Navajo Nation WIC Central Office

2296 Administration Bldg. 2 P.O. Box 1390 Window Rock, AZ 86515 Phone: (928) 871-6698

Apache County WIC Program

Certified Breastfeeding Counselors/ **Location Counselors**

Round Valley: (928) 333-2415

Ext *6505

Saint Johns: (928) 337-7978 Concho: (928) 551-2218

Chinle WIC

Southwest of the Chinle Chapter House, across Chevron Phone: (928) 674-2184 Fax: (928) 674-2158

Coconino County WIC Program

Certified Breastfeeding Counselors/ **Location Counselors** (928) 679-7250

Crownpoint WIC

HWY 371, Navajo Rte. 9, I.H.S. compound, pink double wide trailer, Bldg. 2833

Phone: (505) 786-2185 Fax: (505) 786-2187

Farmington WIC

Giles St. 138 Suite A Farmington, NM 87401 Phone: (505) 327-9951 Fax: (505) 324-8667

Fort Defiance WIC

St, Michaels Professional Plaza, St. Michaels, AZ 86511 Phone: (928) 871-7894 Fax: (928) 871-7878

Gallup WIC

915 West Coal Ave. Gallup, NM 87301 Phone: (505) 722-4767

Ganado WIC

HWY 191 & SR 264, Sage Memorial Hospital Compound P.O. Box 928 Ganado, AZ 86505 Phone: (928) 755-5940

Kayenta WIC

Fax: (928) 755-3637

HWY 160, Mile Post 394.3, Kayenta Health Center compound P.O. Box 1407 Kayenta, AZ 86033 Phone: (928) 697-5507 Fax: (928) 697-5509

Navajo County WIC

Heber/Overgaard: (928) 535-7115 Holbrook: (928) 524-4750 Pinetop: (928) 367-4633 Show Low: (928) 532-6050 Snowflake: (928) 536-4656 Winslow: (928) 289-6834

Pinon WIC

East of the Pinon Chapter House, double wide trailer with a red roof P.O. Box 35 Chinle, AZ 86503

Phone: (928) 725-3755 Fax: (928) 725-3353

Shiprock WIC

2017-4018 Cottonwood Dr., behind NNMC, across from Behavioral Health P.O. Box 129 Shiprock, NM 87420 Phone: (505) 368-1135

Tsaile WIC

Fax: (505) 368-1077

Southwest of Tsaile Junction, Navajo Rte. 64 and Navajo Rte. 12 P.O. Box 711 Tsaile, AZ 86556 Phone: (928) 724-2200

Tuba City WIC

South Main St., Bldg. 3749, West of the Subway restaurant P.O. Box 2109 Tuba City, AZ 86045 Phone: (928) 283-3181

Winslow WIC

Fax: (928) 283-3177

500 North Indiana Ave. Winslow, AZ 86047 Phone: (928) 289-3219

Fax: (928) 289-9308

I.H.S./638 Baby-Friendly Hospital Initiative

The I.H.S./638 Baby-Friendly Hospital Initiative is working to create a healthy start for babies to prevent childhood obesity. As part of this initiative, Indian Health hospitals and clinics are encouraging clinicians in Indian Country to support policies and practices that foster breastfeeding as the exclusive feeding choice for infants in their first six months of life. By doing so, clinicians will reduce current and future medical problems and decrease health care costs. This initiative will use quality improvement processes to improve breastfeeding rates through new maternity care and infant feeding practices.

I.H.S./638 Hospitals Designated as Baby-Friendly:

- Tuba City Regional Health Care in Tuba City, AZ
- Chinle Comprehensive Health Care Facility in Chinle, AZ
- Gallup Indian Medical Center in Gallup, NM
- Northern Navajo Medical Center in Shiprock, NM
- Phoenix Indian Medical Center in Phoenix, AZ
- Whiteriver Indian Hospital in Whiteriver, AZ
- Zuni Comprehensive Community Health Center in Zuni, NM

Breastfeeding Resource List

La Leche League

Phone: 1(877) 452-5324

Website: Illi.org

Arizona 24/7 Breastfeeding Hotline

Phone: 1(800) 833-4642

Phoenix Indian Medical Center Breastfeeding Hotline

Phone: (602) 317-1833

Flagstaff Medical Center Breastfeeding Center

Phone: (928) 773-2605

Chinle Comprehensive Health Care

Phone: (928) 674-7001

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Unit/Clinic, Pediatric Clinic, or Public Health Nursing Department.

Crownpoint Health Care Facility

Phone: (505) 786-5291

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Unit/Clinic, Pediatric Clinic, or Public Health Nursing Department.

Gallup Indian Medical Center

Phone: (505) 722-1000

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Unit/Clinic, Pediatric Clinic, or Public Health Nursing Department.

Hopi Health Care Center & Hopi Breastfeeding Coalition

Phone: (928) 737-6000 or

(928) 814-5159

Navajo Nation WIC Program

Please contact your local Navajo Nation WIC Office (page 50) to speak with a Certified Breastfeeding Counselor/ Educator.

Navajo County WIC Program

Certified Breastfeeding Counselors/ **Location Counselors**

Holbrook: (928) 524-4750

Snowflake/Heber: (928) 536-6340

Pinetop: (928) 367-4633 Show Low: (928) 532-6050

Northern Navajo Medical Center

Phone: 1(800) 549-5644

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Unit/OB Clinic, Pediatric Clinic, or Public Health Nursing Department.

Pinon Health Center

Phone: (928) 724-3600

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Clinic, Pediatric Clinic, or Public Health Nursing Department.

Tséhootsooí Medical Center

Phone: (928) 729-8000

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Unit, OB Clinic, Pediatric Clinic, or Public Health Nursing Department.

Tuba City Regional Health Care

Phone: 1(866) 976-5941

Call to speak with a Certified Breastfeeding Counselor/Educator in the OB Unit, OB Clinic, Pediatric Clinic, or Public Health Nursing Department.

Navajo Fruit & Vegetable Prescription (FVRX) Program -**Community Outreach & Patient Empowerment (COPE)**

The FVRx Program is an innovative program that partners with health care professionals and local retailers to promote healthy living. Families from households with a pregnant woman and/or a child up to age 5 are eligible for enrollment at their local FVRx Site. Upon meeting with a health professional each month to learn about healthy habits, families can redeem their vouchers to buy fruits and vegetables at local FVRx participating retailers in their communities.

FVRx Sites - where to enroll.

Central Navajo Region

- Chinle Comprehensive Health Care Facility—Family Spirit Program, New Moms Clinic, Pediatric Clinic, Community Nutrition, OB/GYN Clinic
- Pinon Health Center—Public Health Nursing/ **Health Promotion**

Eastern Navajo Region

- Ramah Pinehill Clinic Pediatric Clinic
- Northwest New Mexico First Born
- Gallup Indian Medical Center—OB/GYN Clinic and Pediatrician Clinic
- Crownpoint Community Health Representative

Fort Defiance Region

- Dilkon Community Health Representative
- Fort Defiance Community Health Representative
- Tséhootsooí Medical Center—Public Health Nursing

Northern Navajo Region

- Four Corners Regional Health Center—OB/GYN Clinic and Pediatrician Clinic
- Red Mesa Head Start
- Northern Navajo Medical Center—Diabetes in Pregnancy Team and Pediatric Clinic
- Utah Navajo Health System Montezuma Creek— **Public Health Nursing**

Western Navajo Region

- Monument Valley Community Health Center—Public Health Nursing
- Tuba City Regional Health Care—Pediatric Clinic
- Kayenta Health Center—Pediatric Clinic

FVRx Sites - where to redeem (spend) vouchers.

Central Navajo Region

Chinle Bashas Pinon Bashas **Totsoh Trading Post** Tsaile Alon Wheatfields Lakeside Store

Eastern Navajo Region

Chaco Trade Center Counselor Stop N' Go **Crownpoint Bashas** T&R Market Pine Hill Market (Ramah) Torreon Red Mesa Express

Fort Defiance Region

Dilkon Bashas Mora's Grocery Store Naschitti Red Mesa Express Sawmill Red Mesa Express Sanders Bashas Window Rock Bashas

Northern Navajo Region

Aneth Red Mesa Express Montezuma Creek RME Red Mesa Sinclair Shiprock City Market Teec Nos Pos Trading Post

Western Navajo Region

Simpson Market (Cameron) Goulding's Grocery Store Red Lake Trading Post Tonalea Sinclair

St. Jude Food Bank – Western Navajo Region

The St. Jude Food Bank is located in Tuba City, Arizona and serves all people coming for help with food insecurity. The St. Jude Food Bank partners with local organizations and citizens in strategic initiatives aimed at creating sustainable food systems and encouraging self-reliance.

> 100 Aspen Dr. P.O. Box 1277. Tuba City, AZ 86045

Hours: Monday-Friday 10AM-2PM Phone: (928) 283-6886 Fax: (928) 283-5875

Emergency Food Program — This program provides assistance to low income families in need of immediate food support due to an emergency or a recurring financial hardship. Qualified clients receive one box per month per household. The St. Jude Food Bank also provides support for individuals living with food insecurity and needing support for the day.

Healthy Beginnings — Healthy Beginnings aims to give children a healthy beginning in life with healthy nutritious foods. This program supports families who have children age birth to 5 years old. Each family is limited to one per month. This is an income and age qualified program. Proof of children's ages and custody are required.

Bargain Box — Consumers can come to the food bank to purchase the \$15 Bargain Box with cash or food stamps. Each prefilled box is worth \$30 of food (perishable and non-perishable), cold or frozen food, laundry detergent and bathroom tissue. Bargain Boxes can be purchased at the St. Jude Food Bank.

Bulk Buying Club — Each food item is individually priced. Products vary from 10 pound tubes of ground beef, 8-10 pounds of pork roast, 20-25 pounds of chuck roast, 14 piece drum stick packets, 12 piece chicken packets, 2 pounds of Cheddar cheese or Colby Jack cheese and Blue Bird Flour. Food products are from Sam's Club. Cash or Food Stamps are accepted, Monday-Friday, 10AM-2PM.

St. Mary's Food Bank

Saint Mary's Food Bank exists to help feed hungry families throughout Phoenix and 9 Arizona counties. Saint Mary's is a 501©(3) non-profit entity. Saint Mary's Food Bank offers several programs designed to relieve hunger.

Programs offered:

- **FOOD DISTRIBUTION** Saint Mary's distributes food to hundreds of nonprofit partners through more of Arizona. These agencies include food pantries, dining halls, homeless shelters and more.
- COMMUNITY KITCHEN The Community Kitchen is a hands-on training program that teaches adults with barriers to employment to be successful in the food service industry.
- CHILDREN'S FEEDING PROGRAMS Nearly 1 in 3 children in Arizona struggled with hunger. Saint Mary's Kids Cafe® School Pantry and Backpack programs help to feed hungry children in our communities. Saint Mary's Kids Cafe® School Pantry and Backpack programs help to feed hungry children in our communities.
 - Summer Food Service Program Free Meals For Kids!

The summer food program is a FREE summer meal resource that is available to ALL kids 18 years old and younger. The summer food program provides kids the healthy meals they enjoy during the school year, even when schools are not in session. All kids need to do is show up, and get a meal — There is no need for ID or income verification. Visit fns.usda.gov/summerfoodrocks to find the site nearest you!

If your community organization is interested in hosting the Summer Food Service Program to children in your community, you may contact David Robinson, Child Nutrition Program Specialist at (480) 298-0689 or the Saint Mary's Food Bank Alliance at (602) 242-3663 (FOOD) before April 1st.

Navajo Housing Authority (NHA)

The Navajo Housing Authority is tribally designed housing entity authorized by the Navajo Nation to administer the Indian Housing Block Grant. The NHA provides housing services to enrolled members of the Navajo Nation, who are low income. Clients may pick up an application from one of the 15 NHA offices located across the reservation, attend an orientation and schedule an interview with the housing officer. Clients should bring supporting documents which are extremely helpful for getting them placed on the waiting list. Clients must call the main NHA office to find out which agency they are under.

Main Office

Navajo Housing Authority P.O. Box 4980 Window Rock, AZ 86515 Phone: (928) 871-2600

Fax: (928) 871-2604

Chinle Office

P.O. Box 427 Chinle, AZ 86503

Phone: (928) 674-8500 Fax: (928) 674-8511

Crownpoint Office

P.O. Box 187 Crownpoint, NM 87313 Phone: (505) 786-4000 Fax: (505) 786-4013

Dilkon Office

HC 63 Box A Winslow, AZ 86047 Phone: (928) 657-3353 Fax: (928) 657-3447

Fort Defiance Office

P.O. Box 557 Fort Defiance, AZ 86504 Phone: (928) 729-6360 Fax: (928) 729-6620

Ganado Office

P.O. Box 1011 Ganado, AZ 86505

Phone: (928) 755-6450 Fax: (928) 755-6451

Kayenta Office

P.O. Box 586 Kayenta, AZ 86033 Phone: (928) 697-3100 Fax: (928) 697-3111

Navajo Office

P.O. Box 13 Navajo, NM 87328 Phone: (505) 777-2327 Fax: (505) 777-2210

Ojo Amarillo Office

P.O. Box 764 Fruitland, NM 87416 Phone: (505) 598-5011 Fax: (505) 960-6588

Pinehill Office

P.O. Box 356 Pinehill, NM 87357

Phone: (505) 775-3289 (press 1) Fax: (505) 775-3705

Pinon Office

P.O. Box 1007 Pinon, AZ 86510 Phone: (928) 725-3680 Fax: (928) 725-3682

Dzilna'odilii Office

#13 CR 7588 Bloomfield, NM 87413 Phone: (505) 960-9450 Fax: (505 960-2404

Shiprock Office

P.O. Box 880 Shiprock, NM 87420 Phone: (505) 368-2030 Fax: (505 368-2046

Thoreau Office

P.O. Box 1018 Thoreau, NM 87323 Phone: (505) 908-2400 Fax: (505) 908-2272

Tohajiilee Office

P.O. Box 3996 Tohajiilee, NM 87026 Phone: (505) 908-2400 Fax: (505) 908-2272

Tohatchi Office

P.O. Box 97 Tohatchi, NM 87325 Phone: (505) 733-2224 Fax: (505) 733-2353

Tuba City Office

P.O. Box 338 Tuba City, AZ 86045 Phone: (928) 283-5500 Fax: (928) 283-5510

Navajo Nation Community Housing & Infrastructure Department (CHID)

The Community Housing & Infrastructure Department (CHID) consists of the Administration Office, the Community Development Block Grant (CDBG) office and the Housing Improvement Program (HIP) offices.

Community Housing & Infrastructure Department — **Administration Office**

2296 Administration Bldg. 2, 2nd Floor P.O. Box 2365 Window Rock, AZ 86515

Phone: (928) 871-7240

Community Development Block Grant (CDBG)

CDBG assists projects (water and powerline infrastruc-ture) on a community basis to serve multiple citizens.

2296 Administration Bldg. 2, 2nd Floor

P.O. Box 2365

Window Rock, AZ 86515 Phone: (928) 871-6564

Fax: (928) 871-7418

Housing Improvement Program

HIP provides housing assistance through home repairs, renovation, and replacement of existing house or new construction to assist very low income families and/or individual.

Mailing address for all offices:

P.O. Box 527, Fort Defiance, AZ 86504

Fort Defiance Agency Office

Bldg. 8229 Field House Rd.

Fort Defiance, AZ

Phone: (928) 729-4017 Fax: (928) 729-4277

Chinle (Central) Agency Office

Bldg. 2492 Southwest of the Chinle Chapter House,

Chinle, AZ

Phone: (928) 283-3055 Fax: (928) 283-3083

Tuba City (Western) Agency Office

Bldg. 2949 Edgewater Dr.

Tuba City, AZ

Phone: (928) 283-3055 Fax: (928) 283-3083

Home Site Lease – Navajo Nation Land Department

The Home Site Lease Offices across the five agencies within the Navajo Nation assist clients in obtaining a one-acre residential lease for 75 years. The Lessee has an option of renewal of lease or assign the lease to another individuals or even terminate the lease. The lease provides an opportunity for Navajo families to build or even mortgage a home with lease hold interest. Before obtaining a Home Site Lease, the Lessee must comply with all federal and Navajo environmental laws to obtain clearances to build on the Navajo Nation.

Chinle Land Office

Navajo Rte. 7, across the street from the Chevron Gas Station, Westside of the Chinle Chapter Complex

P.O. Box 2179 Chinle, AZ 86503

Phone: (928) 674-2056 or 2058

Crownpoint Land Office

Southeast corner of Chaco Blvd. and Navajo Rte. 9

P.O. Box 948

Crownpoint, NM 87313 Phone: (505) 786-2376

Tuba City Land Office

P.O. Box 3389 Tuba City, AZ 86045 Phone: (928) 283-3195 Hours: 9:00 AM-3:00 PM

Shiprock Land Office

Southwest corner of HWY 64 and North 551 P.O. Box 208 Shiprock, NM 87420

Phone: (505) 368-1120

Ft. Defiance Land Office

Next to Navajo Nation Oil and Gas in Saint Michaels P.O. Box 2249

Window Rock, AZ 86515

Phone: (928) 871-6523 or 7044

Utah Land Office

P.O. Box 410

Montezuma Creek, UT 84534

Phone: (435) 651-3504

Home Loan Program - Navajo Nation Credit Services Department

The Navajo Nation Office of the Controller Credit Services Department offers the Home Loan Program to qualified individuals who demonstrate credit worthiness with the ability to repay the loan in accordance with the loan terms. The interest rate is based on the Wall Street Journal Prime Rate and the applicant's credit score.

Applications and forms are available at the Credit Services Department or on the website (below).

Administration Bldg. 1, Morgan Blvd. (first floor) P.O. Box 2405 Window Rock, AZ 86515 Phone: (928) 871-6749

Website: nnooc.org

Types of home loans the Home Loan Program offers:

- New Home Construction
- New Manufactures Home
- Home Improvement
- · Refinancing of an existing home
- Purchase of existing site built home

Eligibility

- 18 years and older, must be an enrolled member of the Navajo Nation.
- Must be employed full time for two (2) years or more with no break in service.

Native Partnership for Housing

The Native Partnership for Housing, Inc. is a non-profit corporation that provides opportunities for private home ownership on the Navajo Nation. The Native Partnership for Housing provides housing counseling, helps with repairing existing homes, assists with purchasing private homes and provides community investment in housing.

> 1664 South 2nd St. Gallup, NM 87301 Phone: (505) 722-0551

Fax: (505) 722-5029 Website: nativepfh.org

Section 184 Indian Home Loan Guarantee Program

The Section 184 Indian Home Loan Guarantee Program is a home mortgage product specifically designed for American Indian and Alaska Native families, Alaska villages, tribes, or tribally designated entities. Congress established this program in 1992 to facilitate homeownership and increase access to capital in Native American Communities. With Section 184 financing, borrowers can get into a home with a low down payment and flexible underwriting. Section 184 loans can be used, both on and off native lands, for new construction, rehabilitation, purchase of an existing home, or refinance.

Process: The borrower applies for the Section 184 loan with a participating lender (list on website), and works with the tribe and Bureau of Indian Affairs if leasing tribal land. The lender then evaluates the necessary loan documentation and submits the loan for approval to HUD's Office of Loan Guarantee.

> Toll-free: 1(800) 561-5913 Email: Section184@hud.gov Website: hud.gov/section184

Rural Development Housing Program

The Rural Development Housing Program is part of the United States Department of Agriculture's Rural Development Department. The program provides loans and grants for housing and community facilities. The funds can be used for single family homes or apartments for low-income individuals or the elderly.

Arizona — St. Michaels Satellite Office

Covers: Apache County, AZ; McKinley & San Juan Counties, NM; and San Juan County, UT

St. Michaels Professional Plaza, HWY 264

P.O. Box 859

Saint Michaels, AZ 86511 Phone: (928) 871-5038 Ext. 3

Fax: (855) 801-5592

Arizona — Flagstaff Satellite Office

Covers: Apache County, Navajo County and Coconino

County

1585 South Plaza Way Suite 120

Flagstaff, AZ 86001

Phone: (928) 774-2401 Ext. 4

Fax: (855) 848-4350

New Mexico — Aztec Field Office

Covers: Cibola County, McKinley County and San Juan County

1427 West Aztec Blvd. Suite 1

Aztec, NM 87410

Phone: (505) 334-3090 Ext. 4

Fax: (855) 543-9495

Utah — Monticello Field Office

Covers: San Jan County, UT

32 South 100 East Monticello, UT 84535

Phone: (435) 587-2473

Flagstaff Housing Authority

The Flagstaff Housing Authority assists low-income families with safe, decent and affordable housing opportunities as they strive to improve the quality of their lives. The Housing Authority is committed to operating in an efficient, ethical and professional manner. The Housing Authority administers the following programs: the Section 8 Housing Choice Voucher Program; the Public Housing Program; and Clark Homes, an affordable rental housing development.

> 3481 North Fanning Dr. Flagstaff, AZ 86004

Phone: (928) 526-3734 Fax: (928) 526-3734

Email: housing@flagstaffaz.gov

San Juan County Housing Authority (SJCHA)

The San Juan County Housing Authority (SJCHA) promotes adequate and affordable housing for all San Juan County residents. The SJCHA administers a housing choice voucher program under contract with HUD.

> 7450 East Main St. Suite C Farmington, NM 87402

Phone: (505) 334-4544 Fax: (505) 324-3005

Navajo Tribal Utility Authority

As a not-for-profit enterprise of the Navajo Nation, the Navajo Tribal Utility Authority provides electric, water, wastewater, natural gas, solar energy and communications services.

NTUA has two programs that benefit individuals and families with specific need. For more information, please contact NTUA.

- Senior Discount Programs The plan is designed to help residential customers budget in advance for their utility bills. The plan eliminates the seasonal highs and lows of their monthly bills by allowing them to pay the same budget payment amount each month, despite fluctuations in their monthly usage.
- Life Support Program This program is for customers who require utility services to be maintained because of a serious health condition. The qualification guideline requires a customer be certified by his/her attending licensed physician citing the need for continuous utility service due to a serious health condition which could be life-threatening if utility service is disconnected.

Phone: 928-729-5721 Toll-Free: 1(800) 528-5011 Website: ntua.com

Chinle District

U.S. 191 Highway, Route 7 Junction Chinle, AZ 86503

Fort Defiance District

Route 12 North Navajo Fort Defiance, AZ 86504

Kayenta District

1.5 Mile North Highway 160/163 Kayenta, AZ 86033

Shiprock District

14 Mile West of Hwy 64 Shiprock, NM 87420

Dilkon District

1 Mile North Route N15 Winslow, AZ 86047

Crownpoint District

Highway 371 & Navajo Route 9 Crownpoint, NM 87313

Tuba City District

100 E. Edgewater Drive Tuba City, AZ 86045

Navajo Transit System

Navajo Transit is here to provide you with more information, answer any questions you may have and help create an effective solution for your transportation needs.

> North Navajo Rte. 54 Coalmine Rd., Bldg. 7159 Fort Defiance, AZ 86504 P.O. Box Drawer 1330 Window Rock, AZ 86515 Phone: (928) 729-4002

Email: transit@navajo-nsn.gov

Website: navajotransit.navajo-nsn.gov

Routes and Schedules

Please call the Navajo Transit System for updated schedules. You can also visit their website for the most current schedules on each route.

- Route 01 Tuba City/Fort Defiance
- Route 02 Whitecone/Steamboat/Fort Defiance (not in service)
- Route 03 Kayenta/Fort Defiance
- Route 04 Crownpoint/Fort Defiance
- Route 05 Fort Defiance/Gallup
- Route 06 Crystal/Gallup
- Route 07a Newcomb/Farmington/Fort Defiance
- Route 07b Newcomb/Shiprock/Farmington
- Route 08 Chinle/Ganado/Tsaile
- Route 09 Dilkon/Fort Defiance
- Route 10 Pinon/Chinle/Tsaile
- Route 11 Flagstaff/Tuba City (not in service)
- Route 13 Fort Defiance/Crownpoint/Gallup
- Route 14 Shiprock/Fort Defiance
- Route 15 Sanders/Window Rock
- Route 16 Aneth/Bluff/Blanding
- Route 18 Shiprock Local Area Transit

Central Navajo Agency

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Black Mesa (Kits'iilí)

Meaning: Shattered house.

P.O. Box 189 Pinon, AZ 86510

Phone: (928) 675-0009

Email: blackmesa@navajochapters.org Website: blackmesa.navajochapters.org

Blue Gap/Tachee (Bis Dootl'izh Nideeshgiizh/Táchii')

Meaning: Blue clay gap/Red water.

P.O. Box 4427 Blue Gap, AZ 86520 Phone: (928) 349-0507

Email: tachee@navajochapters.org Website: tachee.navajochapters.org

Chinle (Ch'inilj)

Meaning: Water flows out horizontally.

P.O. Box 1809 Chinle, AZ 86503

Phone: (928) 674-2052 or 2054/2418

Fax: (928) 674-2079

Email: chinle@navajochapters.org Website: chinle.navajochapters.org

Forest Lake (Tsinyi' Be'ek'id)

Meaning: Pond between trees.

P.O. Box 441 Pinon, AZ 86510

Phone: (928) 677-3252 or 3347

Fax: (928) 677-3320

Email: forestlake@navajochapters.org Website: forestlake.navajochapters.org

Hardrock (Tsé Dildó'í)

Meaning: Quarried stone outcrops used for building material.

P.O. Box 20

Kykotsmovi, AZ 86039

Phone: (928) 725-3732 or 3730

Fax: (928) 725-3731

Email: hardrock@navajochapters.org Website: hardrock.navajochapters.org

Lukachukai (Lók'a'ch'égai)

Meaning: White reeds extending out.

P.O. Box 248

Lukachukai, AZ 86507 Phone: (928) 787-2500

Fax: (928) 787-2332

Email: lukachukai@navajochapters.org Website: lukachukai.navajochapters.org

Many Farms (Dá'ák'eh Halání)

Meaning: Many fields.

P.O. Box 185

Many Farms, AZ 86538

Phone: (928) 781-3605 or 3607

Fax: (928) 781-3608

Email: manyfarms@navajochapters.org Website: manyfarms.navajochapters.org

Nazlini (Názlíní)

Meaning: Bend in the river.

P.O. Box 7387 Nazlini, AZ 86540

Phone: (928) 755-5900 or 5901

Fax: (928) 755-5903

Email: nazlini@navajochapters.org Website: nazlini.navajochapters.org

Pinon (Be'ek'id Baa Ahoodzání)

Meaning: Body of water in a sunken area.

P.O. Box 127 Pinon, AZ 86510

Phone: (928) 725-3710 or 3711/3720

Fax: (928) 725-3712

Email: pinon@navajochapters.org Website: pinon.navajochapters.org

Rough Rock (Tséch'ízhí)

Meaning: Rough rock.

P.O. Box 4344 Chinle, AZ 86503

Phone: (928) 728-3361 or 3363

Fax: (928) 728-3362

Email: roughrock@navajochapters.org Website: roughrock.navajochapters.org

Round Rock (Tsé Nikání)

Meaning: Round rock.

P.O. Box 10

Round Rock, AZ 86547

Phone: (928) 787-2510 or 2511

Fax: (928) 787-2512

Email: roundrock@navajochapters.org Website: roundrock.navajochapters.org

Tsaile-Wheatfields (Tsééhílí/Tódzís'á/ Tsézhiní)

Meaning: Flowing through rock/ Wheatfields/

Blackrock.

P.O. Box C18 Tsaile, AZ 86556

Phone: (928) 724-2220 Fax: (928) 724-2223

Email: tsaile@navajochapters.org Website: tsaile.navajochapters.org

Tselani-Cottonwood (Tsé Łání)

Meaning: Many rocks.

P.O. Box 1139 Chinle, AZ 86503

Phone: (928) 725-3765 or 3766

Fax: (928) 725-3767

Email: tselani@navajochapters.org Website: tselani.navajochapters.org

Whippoorwill (Hoshdódii Tó)

Meaning: Whippoorwill spring.

P.O. Box 279 Pinon, AZ 86510

Phone: (928) 725-3728 or 3727

Fax: (928) 725-3745

Email: whippoorwill@navajochapters.org Website: whippoorwill.navajochapters.org

Eastern Navajo Agency

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Alamo (T'iistsoh/T'iistsoh Sikaad)

Meaning: Big cottonwood tree.

P.O. Box 827, Magdalena, NM 87825

Phone: (575) 854-2686 or 2693

Fax: (575) 854-2685

Email: alamo@navajochapters.org Website: alamo.navajochapters.org

Baca-Prewitt (Kin Łigaaí)

Meaning: White house.

P.O. Box 563, Prewitt, NM 87045

Phone: (505) 972-9917 Fax: (505) 972-4221

Email: baca@navajochapters.org Website: baca.navajochapters.org

Bááháálí (Bááh Háálí)

Meaning: Bread flowing out.

P.O. Box 6118, Gallup, NM 87305

Phone: (505) 778-5796 or 5788/5792

Fax: (505) 778-5915

Email: baahaali@navajochapters.org Website: baahaali.navajochapters.org

Becenti (Jádí Hadit'jjh/Tł'óo'ditsin)

Meaning: Antelope lookout/Trees outside. P.O. Box 708, Crownpoint, NM 87313

Phone: (505) 786-2283 or 2284

Fax: (505) 786-2285

Email: becenti@navajochapters.org Website: becenti.navajochapters.org

Casamero Lake (Tséta' Tóak'oolí)

Meaning: Water waves among the rock.

P.O. Box 594, Prewitt, NM 87045

Phone: (505) 786-2457 Fax: (505) 786-2455

Email:

casamerolake@navajochapters.org

casamerolake.navajochapters.org

Chichiltah (Chéch'iltah/Chéch'ilłání)

Meaning: Among the oaks.

P.O. Box 1436, Gallup, NM 87305

Phone: (505) 713-9994 Fax: (505) 778-5758

Email: chichiltah@navajochapters.org Website: chichiltah.navajochapters.org

Churchrock (Kin Litso Sinil)

Meaning: Group of yellow houses.

P.O. Box 594, Churchrock, NM 87311

Phone: (505) 488-2166 Fax: (505) 488-2190

Email: churchrock@navajochapters.org Website: churchrock.navajochapters.org

Counselor (Bilagáana Nééz)

Meaning: Tall Anglo

P.O. Box 93, Counselor, NM 87018

Phone: (575) 568-4311 Fax: (575) 568-0021

Email: counselor@navajochapters.org Website: counselor.navajochapters.org

Crownpoint (T'iists'óóz Nideeshgizh)

Meaning: Narrow trees in the canyon.

P.O. Box 336, Crownpoint, NM 87313

Phone: (505) 786-2130 or 2131

Fax: (505) 786-2136

Email: crownpoint@navajochapters.org Website: crownpoint.navajochapters.org

Huerfano (Hanáádlí)

Meaning: Water coming up.

P.O. Box 968, Bloomfield, NM 87413

Phone: (505) 960-1400 Fax: (505) 960-3044

Email: huerfano@navajochapters.org Website: huerfano.navajochapters.org

Iyanbito (Ayání Bito')

Meaning: Buffalo springs.

P.O. Box 498, Fort Wingate, NM 87316

Phone: (505) 905-5650 Fax: (505) 905-6115

Email: iyanbito@navajochapters.org Website: iyanbito.navajochapters.org

Lake Valley (Be'ek'id Halgaii)

Meaning: Dam in the middle of nowhere.

P.O. Box 190, Crownpoint, NM 87317

Phone: (505) 786-2190 or 2191

Fax: (505) 786-2192

Email: lakevalley@navajochapters.org Website: lakevalley.navajochapters.org

Littlewater (Tó Áłts'íísí)

Meaning: Little water.

P.O. Box 1898, Crownpoint, NM 87313

Phone: (505) 786-2120 Fax: (505) 786-2125

Email: littlewater@navajochapters.org Website: littlewater.navajochapters.org

Manuelito (Kin Hózhóní)

Meaning: Beautiful house.

HCR 57-Box 9069, Gallup, NM 87301

Phone: (505) 905-3073 Fax: (505) 905-0606

Email: manuelito@navajochapters.org Website: manuelito.navajochapters.org

Mariano Lake (Be'ek'id Hóteelí)

Meaning: Wide dam.

P.O. Box 164, Smith Lake, NM 87365

Phone: (505) 786-2182 or 2180

Fax: (505) 786-2181

Email: marianolake@navajochapters.org Website: marianolake.navajochapters.org

Nageezi (Naayízí)

Meaning: Squash.

P.O. Box 100, Nageezi, NM 87037

Phone: (505) 960-7200 Fax: (505) 960-7201

Email: nageezi@navajochapters.org Website: nageezi.navajochapters.org

Eastern Navajo Agency (continued)

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Nahodishgish (Náhodeeshgiizh)

Meaning: The gap.

P.O. Box 369, Crownpoint, NM 87313

Phone: (505) 786-2028 Fax: (505) 786-2370

Email:

nahodishgish@navajochapters.org

Website:

nahodishgish.navajochapters.org

Ojo Encino (Chéch'iizh Bii' Tó/ Tséch'ízhí Bito')

Meaning: Water in the rough rock. HCR 79 Box 1500, Ojo Encino, NM 87013

Phone: (505) 731-2263 or 2262

Fax: (505) 731-1516

Email: ojoencino@navajochapters.org Website: ojoencino.navajochapters.org

Pinedale (Tó Bééhwiisgání)

Meaning: Hardened mud around the water.

P.O. Box 3, Churchrock, NM 87311

Phone: (505) 786-2208 Fax: (505) 786-2211

Email: pinedale@navajochapters.org Website: pinedale.navajochapters.org

Pueblo Pintado (Náhodeeshgiizh Ch'inilini)

Meaning: Flowing out from the gap. HCR 79 Box 3026, Cuba, NM 87013

Phone: (505) 655-3221 Fax: (505) 655-5410

pueblopintado@navajochapters.org

Website:

pueblopintado.navajochapters.org

Ramah (Tł'ohchiní)

Meaning: Onions

PHC 61-Box 13, Ramah, NM 87321

Phone: (505) 775-7100 or 7140/7142

Fax: (505) 775-7141

Email: ramah@navajochapters.org Website: ramah.navajochapters.org

Red Rock (Tsé Łichíí')

Meaning: Red rock.

P.O. Box 2548, Gallup, NM 87305

Phone: (505) 905-8071 or 8135

Fax: (505) 905-1049

Email: redrock@navajochapters.org Website: tselichii.navajochapters.org

Rock Springs (Tséch'ízhí)

Meaning: Rough rock.

P.O. Box 4608, Yahtahey, NM 87375

Phone: (505) 371-5100 Fax: (505) 371-5103

Email: rocksprings@navajochapters.org Website: rocksprings.navajochapters.org

Smith Lake (Tsin Názbas Si'á)

Meaning: Round tree.

P.O. Box 60, Smith Lake, NM 87365

Phone: (505) 786-2141 Fax: (505) 786-2143

Email: smithlake@navajochapters.org Website: smithlake.navajochapters.org

Standing Rock (Tsé ĺí'áhí)

Meaning: Standing rock.

P.O. Box 247, Crownpoint, NM 87313

Phone: (505) 786-2248 or 2247

Fax: (505) 786-2249

Email: smithlake@navajochapters.org Website: smithlake.navajochapters.org

Thoreau (Dló'í Yázhí)

Meaning: Little prairie dog.

P.O. Box 899, Thoreau, NM 87323

Phone: (505) 905-0139 Fax: (505) 905-0140

Email: thoreau@navajochapters.org Website: thoreau.navajochapters.org

To' Hajiilee (Tó Hajiileehé)

Meaning: Where water is pulled up/Where water keeps refilling.

P.O. Box 3398, To' Hajiilee, NM 87026

Phone: (505) 908-2732 or 2730

Fax: (505) 908-2731

Email: tohajiilee@navajochapters.org Website: tohajiilee.navajochapters.org

Torreon/Star Lake (Ya'niilzhiin/ Na'neelzhiin)

Meaning: Dark colored barrier. P.O. Box 1024, Cuba, NM 87013

Phone: (505) 731-2336 Fax: (505) 731-1514

Email: torreon@navajochapters.org Website: torreon.navajochapters.org

Tsayatoh (Tséyaa Tó)

Meaning: Water under the rock.

P.O. Box 86, Mentmore, NM 87375

Phone: (505) 905-2649 Fax: (505) 905-0537

Email: tsayatoh@navajochapters.org Website: tsayatoh.navajochapters.org

Whitehorse Lake (Tó Hweełhíní/Łjjłgaii Be'ek'id)

Meaning: White horse lake.

HCR 79 Box 4069, Cuba, NM 87013

Phone: (505) 655-5430 or 5431

Fax: (505) 655-5432

Email: whitehorselake@navajochapters.org Website: whitehorselake.navajochapters.org

Whiterock (Tséłgaii)

Meaning: White rock.

P.O. Box 660, Crownpoint, NM 87313

Phone: (505) 786-2444 or 2443

Fax: (505) 786-2447

Email: whiterock@navajochapters.org Website: whiterock.navajochapters.org

Fort Defiance Agency

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Bahastł'ah (Tsénáhádzoh/ Bááhaztł'ah)

Meaning: Canyon cove.

P.O. Box 4424

Yahtahey, NM 87375

Phone: (505) 735-2600 or 2602

Fax: (505) 735-2605

Email: twinlakes@navajochapters.org Website: bahastlah.navajochapters.org

Cornfields (K'iiłtsoiitah)

Meaning: Rabbit brush

P.O. Box 478, Ganado, AZ 86505

Phone: (928) 755-5911 or 5912

Fax: (928) 755-5917

Email: cornfields@navajochapters.org Website: cornfields.navajochapters.org

Coyote Canyon (Ma'ii Tééh Yitlizhí)

Meaning: Coyote fell in the watering hole.

P.O. Box 257 Brimhall, NM 87310

Phone: (505) 735-2623 or 2624

Fax: (505) 735-2627

Email:

coyotecanyon@navajochapters.org

coyotecanyon.navajochapters.org

Crystal (Tó Niłts'ílí)

Meaning: Crystal clear water.

P.O. Box 775

Navajo, NM 87328

Phone: (505) 777-2800 or 2801

Fax: (505) 777-2805

Email: crystal@navajochapters.org Website: crystal.navajochapters.org

Dilkon (Tó Áłch'jjdí)

Meaning: Small amount of water.

HR 63 Box E

Winslow, AZ 86047

Phone: (928) 657-8100 Fax: (928) 657-8103

Email: dilkon@navajochapters.org Website: dilkon.navajochapters.org

Fort Defiance (Tséhootsooí)

Meaning: Green place among the rocks.

P.O. Box 366

Fort Defiance, AZ 86504

Phone: (928) 729-4352 or 4357

Fax: (928) 729-4353

Email: ftdefiance@navajochapters.org Website: ftdefiance.navajochapters.org

Ganado (Lók'aahnteel)

Meaning: Wide reeds.

P.O. Box 188

Ganado, AZ 86505

Phone: (928) 755-5920 or 5921

Fax: (928) 755-5927

Email: ganado@navajochapters.org Website: ganado.navajochapters.org

Greasewood Springs (Díwózhii Bii' Tó)

Meaning: Greasewood springs.

P.O. Box 1260

Ganado, AZ 86505

Phone: (928) 654-3239

Fax: (928) 654-3232

Email: greasewoodsprings@

navajochapters.org

Website: greasewoodsprings.

navajochapters.org

Houck (Ma'iito'í)

Meaning: Coyote spring.

P.O. Box 127

Houck, AZ 86506

Phone: (928) 688-2734

Fax: (928) 688-3068

Email: houck@navajochapters.org Website: houck.navajochapters.org

Indian Wells (Tó Hahadleeh)

Meaning: Dripping water.

P.O. Box 3049

Indian Wells, AZ 86031

Phone: (928) 654-3289

Fax: (928) 654-3282

Email: indianwells@navajochapters.org Website: indianwells.navajochapters.org

Jeddito (Jádító)

Meaning: Antelope springs.

P.O. Box 798

Keams Canyon, AZ 86034

Phone: (928) 738-2276 Fax: (928) 738-5455

Email: jeddito@navajochapters.org Website: jeddito.navajochapters.org

Kinlichee (Kin Dah Łichíí')

Meaning: Red house.

P.O. Box 860

Saint Michaels, AZ 86511

Phone: (928) 755-3821 Fax: (928) 755-6364

Email: kinlichee@navajochapters.org Website: kinlichee.navajochapters.org

Klagetoh (Łeeyi'tó)

Meaning: Water under ground.

Unit 42 HC58 Box 90 Ganado, AZ 86505

Phone: (928) 652-2700 or 2704

Fax: (928) 652-2701

Email: klagetoh@navajochapters.org Website: klagetoh.navajochapters.org

Low Mountain (Jeeh Deez'á/T'áá Sahdii Dah Azkání)

Meaning: Pinon gum point.

P.O. Box 4416

Blue Gap, AZ 86520

Phone: (928) 725-3700 or 3701/3702

Fax: (928) 725-3703

Email: lowmountain@navajochapters.org Website: lowmountain.navajochapters.org

Lupton (Tsé Si'ání)

Meaning: Sitting rock.

P.O. Box 403

Lupton, AZ 86508

Phone: (928) 688-2128 Fax: (928) 688-3150

Email: lupton@navajochapters.org Website: tsesiani.navajochapters.org

Fort Defiance Agency (continued)

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Mexican Springs (Naakaii Bito')

Meaning: Mexican springs.

P.O. Box 689

Tohatchi, NM 87325 Phone: (505) 733-2832

Fax: (505) 733-2833

mexicansprings@navajochapters.org

mexicansprings.navajochapters.org

Nahata Dziil (Nahat'á Dziil)

Meaning: Strength through planning.

P.O. Box 400 Sanders, AZ 86512 Phone: (928) 688-2150 Fax: (928) 688-2235

Email: nahatadziil@navajochapters.org Website: nahatadziil.navajochapters.org

Naschitti (Nahashch'idí)

Meaning: Badger.

P.O. Drawer D

Sheep Springs, NM 87364

Phone: (505) 732-5400 or 5401

Fax: (505) 732-5406

Email: naschitti@navajochapters.org Website: naschitti.navajochapters.org

Oak Springs/Pine Springs (Teeł Ch'init'i')

Meaning: Cattail marsh in a row.

P.O. Box 486

Window Rock, AZ 86515

Phone: (928) 871-6179 Fax: (928) 871-6182

Email: oaksprings@navajochapters.org Website: oaksprings.navajochapters.org

Red Lake (Be'ek'id Halchíí')

Meaning: Red lake.

P.O. Box 130

Navajo, NM 87328

Phone: (505) 777-2810

Fax: (505) 777-2815

Email: redlake18@navajochapters.org Website: redlake18.navajochapters.org

Saint Michaels (Ts'íhootso/ Ch'ihootso)

Meaning: Green meadow.

P.O. Box 829

Saint Michaels, AZ 86511

Phone: (928) 871-7842 or 7844

Fax: (928) 871-3023

Email: stmichaels@navajochapters.org Website: stmichaels.navajochapters.org

Sawmill (Ni'iijííh Hasání)

Meaning: Old sawmill.

P.O. Box 1786

Fort Defiance, AZ 86504

Phone: (928) 729-4432 or 4433

Fax: (928) 729-4435

Email: sawmill@navajochapters.orgs Website: sawmill.navajochapters.org

Steamboat (Tóyéé'/Hóyéé')

Meaning: State of fright.

P.O. Box 117

Ganado, AZ 86505

Phone: (928) 736-2631 or 2633

Fax: (928) 736-2634

Email: steamboat@navajochapters.org Website: steamboat.navajochapters.org

Teesto (T'iis Tó/Ha'naa Naat'eetiin/ Naa'nideetiin)

Meaning: Watering tree/Road going past.

P.O. Box 7385 Winslow, AZ 86047

Phone: (928) 657-8042 or 8043

Fax: (928) 657-8046

Email: teesto.navajochapters.org Website: teesto.navajochapters.org

Tohatchi (Tó Haach'i')

Meaning: One who digs for water.

P.O. Box 1236

Tohatchi, NM 87325

Phone: (505) 733-2845 or 2846

Fax: (505) 733-2847

Email: tohatchi@navajochapters.org Website: tohatchi.navajochapters.org

Whitecone (Be'ek'id Baa'oogeedí)

Meaning: Excavated for a pond.

28 N. HWY 77 PMB 5120

Holbrook, AZ 86025

Phone: (928) 654-3900 or 3928

Fax: (928) 654-3901

Email: whitecone@navajochapters.org Website: whitecone.navajochapters.org

Wide Ruins (Kinteel)

Meaning: Wide house.

P.O. Box 208

Chambers, AZ 86502

Phone: (928) 652-3223

Fax: (928) 652-3253

Email: wideruins@navajochapters.org Website: wideruins.navajochapters.org

Northern Navajo Agency

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Aneth (T'áá Bíích'jjdii)

Meaning: Just like the devil.

P.O. Box 430

Montezuma Creek, UT 84534

Phone: (435) 651-3525 Fax: (435) 651-3560

Email: aneth@navajochapters.org Website: aneth.navajochapters.org

Beclabito (Bitł'ááh Bito')

Meaning: Water underneath.

HC-61 Box 20

Shiprock, NM 87420 Phone: (928) 656-3265

Fax: (928) 656-3813

Email: beclabito@navajochapters.org Website: beclabito.navajochapters.org

Cove (K'aabizhiistl'ah)

Meaning: Nestled in a cove.

P.O. Box 378

Red Valley, AZ 86544

Phone: (928) 653-5806 or 5807

Fax: (928) 653-5808

Email: cove@navajochapters.org Website: cove.navajochapters.org

Gadii'ahi/To'Koi (Gad ĺí'áhí/Tókó'í)

Meaning: Juniper tree sticking in the ground/Fire water.

P.O. Box 1318

Shiprock, NM 87420

Phone: (505) 368-1070 Fax: (505) 368-1072

Email: gadiiahi@navajochapters.org Website: gadiiahi.navajochapters.org

Mexican Water (Naakaii Tó)

Meaning: Mexican water.

HC 61 Box 38

Teec Nos Pos, AZ 86514

Phone: (928) 429-0986 or 0943/1054

Fax: none

Email:

mexicanwater@navajochapters.org

mexicanwater.navajochapters.org

Nenahnezad (Niinahnízaad)

Meaning: A long incline.

P.O. Box 438

Fruitland, NM 87416

Phone: (505) 960-9702 Fax: (505) 960-6657

Email:

nenahnezad@navajochapters.org

nenahnezad.navajochapters.org

Newcomb (Bis Deez'áhí/T'iis Ndeeshgiizh)

Meaning: Cottonwoods spreading out from

the wash.

P.O. Box 7946

Newcomb, NM 87455

Phone: (505) 696-3300 or 3436

Fax: (505) 696-5475

Email: newcomb@navajochapters.org Website: newcomb.navajochapters.org

Red Mesa (Tsé Łichíí' Dah Azkání)

Meaning: Red rock mesa.

P.O. Box 422

Montezuma Creek, UT 84534

Phone: (928) 656-3679 Fax: (505) 656-3680

Email: redmesa@navajochapters.org Website: redmesa.navajochapters.org

Red Valley (Tsé Łichíí' Dah Azkání)

Meaning: Red rock mesa.

P.O. Box 304

Red Valley, AZ 86544

Phone: (928) 653-5800 Fax: (928) 653-5803

Email: redvalley@navajochapters.org Website: redvalley.navajochapters.org

Rock Point (Tsé Nitsaa Deez'áhí)

Meaning: Big rock point.

P.O. Box 190

Rock Point, AZ 86545

Phone: (928) 659-4350 or 4351

Fax: (928) 659-4356

Email: rockpoint@navajochapters.org Website: rockpoint.navajochapters.org

San Juan (Tsétsjí Nániitł'iní)

Meaning: Stacked against the rocks.

P.O. Box 1636 Fruitland, NM 87416

Phone: (505) 960-6916 or 0010

Fax: (505) 960-0021

Email: sanjuan@navajochapters.org Website: sanjuan.navajochapters.org

Sheep Springs (Tó Haltsooí)

Meaning: Yellow springs.

P.O. Drawer I

Sheep Springs, NM 87364

Phone: (505) 732-5408 Fax: (505) 732-5409

Email: sheepsprings@navajochapters.org Website: sheepsprings.navajochapters.org

Northern Navajo Agency (continued)

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Shiprock (Naaťáanii Nééz/Tsé Bit'a'í)

Meaning: Tall leader/Rock with wings.

P.O. Box 3810 Shiprock, NM 87420

Phone: (505) 368-1081 or 1088

Fax: (505) 368-1092

Email: shiprock@navajochapters.org Website: shiprock.navajochapters.org

Teec Nos Pos (T'iis Názbas)

Meaning: Cottonwood trees in a circle.

P.O. Box 106

Teec Nos Pos, AZ 86514 Phone: (928) 656-3662 Fax: (928) 656-3661

Email: teecnospos@navajochapters.org

Website:

teecnospos.navajochapters.org

T'iistsoh Sikaad (T'iistsoh Sikaad)

Meaning: Big tree spreading out.

P.O. Box 7359 Newcomb, NM 87455

Phone: (505) 696-5470 Fax: (505) 696-5473

Email:

tiistsohsikaad@navajochapters.org

Website:

tiistsohsikaad.navajochapters.org

Toadlena/Two Grey Hills (Tó Háálí/ Bis Dah Litso)

Meaning: Where the water flows out/Two grey hills.

P.O. Box 7894

Newcomb, NM 87455

Phone: (505) 789-3100 or 3104

Fax: (505) 789-3101

Email: twogreyhills@navajochapters.org

Website:

twogreyhills.navajochapters.org

Tółikan (Tółikan)

Meaning: Sweet water.

P.O. Box 105

Teec Nos Pos, AZ 86514

Phone: (928) 429-0977

Fax: none

Email: sweetwater@navajochapters.org Website: tolikan.navajochapters.org

Tsé'ałnáozt'i'í (Tsé'ałnáozt'i'í)

Meaning: Rocks in a row.

P.O. Box 219

Sanostee, NM 87461

Phone: (505) 723-2702 or 2703/2707

Fax: (505) 723-2705

Email: sanostee@navajochapters.org Website: tsealnaoztii.navajochapters.org

Tsédaak'áán (Tsétaak'áán)

Meaning: Rock uplift.

P.O. Box 1288

Shiprock, NM 87420

Phone: (505) 368-1599

Fax: (505) 368-1598

Email: tsedaakaan@navajochapters.org Website: tsedaakaan.navajochapters.org

Upper Fruitland (Doo Alk'ahii)

Meaning: Non-fattening.

P.O. Box 1257

Fruitland, NM 87416

Phone: (505) 960-5032 or 9811

Fax: (505) 960-5033

Email: upperfruitland@navajochapters.org Website: upperfruitland.navajochapters.org

Western Navajo Agency

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Birdsprings (Tsídii To'í)

Meaning: Bird springs.

HC 61, Box K Winslow, AZ 86047

Phone: (928) 686-3266 or 3267

Fax: (928) 686-3269

Email: birdsprings@navajochapters.org Website: tsidiitoii.navajochapters.org

Bodaway-Gap (Tsinaabaas Habitiin)

Meaning: Wagon trail.

P.O. Box 1546 Gap, AZ 86020

Phone: (928) 283-3493 or 3494/3491

Fax: (928) 283-3496

Email: bodaway@navajochapters.org Website: bodaway.navajochapters.org

Cameron (Na'ní'á Hayázhí/Na'ní'á Hasáanii)

Meaning: Old bridge.

P.O. Box 669

Cameron, AZ 86020

Phone: (928) 679-2323 Fax: (928) 679-2297

Email: cameron@navajochapters.org Website: cameron.navajochapters.org

Chilchinbeto (Chiiłchin Bii' Tó)

Meaning: Sumac spring.

P.O. Box 1681 Kayenta, AZ 86033

Phone: (928) 697-5680 or 5681

Fax: (928) 415-4929

Email: chilchinbeto@navajochapters.org

chilchinbeto.navajochapters.org

Coalmine Canyon (Tsé Kó Hásání/ **Leejin Haagééd)**

Meaning: Digging out coal.

P.O. Box 742

Tuba City, AZ 86045

Phone: (928) 280-0700 Fax: (928) 283-3345

Email: coalmine@navajochapters.org

coalminecanyon.navajochapters.org

Coppermine (Béésh Haagééd)

Meaning: Digging out metal.

P.O. Box 1323 Page, AZ 86040

Phone: (928) 691-1109

Email: coppermine@navajochapters.org

coppermine.navajochapters.org

Dennehotso (Deinihootso)

Meaning: Meadows merging.

P.O. Box 2301

Dennehotso, AZ 86535

Phone: (928) 658-3300 or 3301

Fax: (928) 658-3304

Email: dennehotso@navajochapters.org Website: dennehotso.navajochapters.org

Kaibeto (K'ai'bii'tó)

Meaning: Willows within the water.

P.O. Box 1761 Kaibeto, AZ 86053

Phone: (928) 673-5852 or 5850/5851

Fax: (928) 673-5853

Email: kaibeto@navajochapters.org Website: kaibeto.navajochapters.org

Kayenta (Tó Dínéeshzhee')

Meaning: Fingers of water.

P.O. Box 1088 Kayenta, AZ 86033

Phone: (928) 697-5520 or 5521/5522

Fax: (928) 697-5524

Email: kayenta@navajochapters.org Website: kayenta.navajochapters.org

LeChee (Łichíi'ii)

Meaning: Name of extinct burgundy-colored

medicinal plant. P.O. Box 4720

Page, AZ 86040

Phone: (928) 698-2805 Fax: (928) 698-2803

Email: lechee@navajochapters.org Website: lechee.navajochapters.org

Leupp (Tółchí'íkooh/Tsiizizii/Tooh)

Meaning: Grand falls.

P.O. Box 5428

Leupp, AZ 86035

Phone: (928) 686-3227 Fax: (928) 686-3232

Email: leupp@navajochapters.org Website: leupp.navajochapters.org

Western Navajo Agency (continued)

To access most up to date information on Chapters, visit http://www.nndcd.org/chapters.aspx

Navajo Mountain (Naatsis'áán)

Meaning: Head of the Earth.

P.O. Box 10070 Tonalea, AZ 86044

Phone: (928) 672-2915 Fax: (928) 672-2917

navajomountain@navajochapters.org

Website:

navajomountain.navajochapters.org

Oljato (Ooljéé' Tó)

Meaning: Moon water.

P.O. Box 360455

Monument Valley, UT 84536

Phone: (435) 727-5850 Fax: (435) 727-5852

Email: oljato@navajochapters.org Website: oljato.navajochapters.org

Shonto Community Governance (Shą́ą'tóhí)

Meaning: Water on the sunny side.

P.O. Box 7800 Shonto, AZ 86054

Phone: (928) 672-2910 or 2911

Fax: (928) 608-5515

Email: shonto@navajochapters.org Website: shonto.navajochapters.org

Tolani Lake (Tó Nehelííh)

Meaning: Water collecting in a basin.

HC61-PMB-Box 3001 Winslow, AZ 86047

Phone: (928) 686-3285 or 3286

Fax: (928) 686-3287

Email: tolanilake@navajochapters.org Website: tolanilake.navajochapters.org

Tonalea/Red Lake (Tó Nihalíjíh)

Meaning: Where the water emerges.

P.O. Box 207 Tonalea, AZ 86044 Phone: (928) 283-3430 Fax: (928) 283-3435

Email: tonalea@navajochapters.org Website: tonalea.navajochapters.org

Tó Naneesdizí Local Government (Tó Naneesdizí)

Meaning: Tangled Water, Scattered Water, Braided Water.

P.O. Box 727 Tuba City, AZ 86045

Phone: (928) 283-3284 or 3285

Fax: (928) 283-3288

Email: tonaneesdizi@navajochapters.org Website: tonaneesdizi.navajochapters.org

Ts'ah Bii' Kin (Ts'ah Bii' Kin)

Meaning: House in the field of sagebrush.

P.O. Box 1755 Kaibeto, AZ 86053

Phone: (928) 672-2337 or 2902/2903

Fax: (928) 614-7004

Email: tsahbiikin@navajochapters.org Website: tsahbiikin.navajochapters.org

Navajo Traditional and Cultural Services

Navajo Traditional and Cultural Services provide community and school-based culture outreach services based on Navajo traditional teachings to promote wellness and a healthy lifestyle.

Diné Haataalii Association, Inc./Dine Bi Nahagha' Yee Da' Ahoota'

Providing guidance in all matters concerning Dine traditional beliefs, values and structure.

P.O. Box 476

Window Rock, AZ 86515

Gallup Indian Medical Center — Office of Native Medicine

P.O. Box 1337 Gallup, NM 87301

Phone: (505) 722-1000 Fax: (505) 726-8817

Contact: Sheila Goldtooth, Native Medicine

Coordinator

Chinle Comprehensive Regional Health Care Facility — Office of Native Medicine

The CCRHCF Office of Native Medicine coordinates traditional services with the Tsaile Health Center and the Pinon Health Center.

P.O. Box "PH" Chinle, AZ 86503

Phone: (928) 674-7001 Fax: (928) 674-7372

Contact: Roland Begay, Native Medicine Coordinator

Four Corners Regional Health Center

HWY 160 & Navajo Rte. 35 HCR 6100 Box 30

Teec Nos Pos, AZ 86514 Phone: (928) 656-5000

Fax: (928) 656-5181

Contact: Ernest H. Begay, Traditional Healer &

Counselor

Tuba City Regional Health Care Corporation— **Community Counseling Center**

167 North Main St. P.O. Box 600

Tuba City, AZ 86045

Phone: (928) 283-2783

Contact: Pearl Curley, Office of Native Spiritual

Medicine Coordinator

Tséhootsooí Medical Center

Corner of Navajo Rte. 7 & Navajo Rte. 12 P.O. Box 649

Fort Defiance, AZ 86504

Contact: HPDP Culture Liaison (928) 729-8055

Winslow Health Care Center — Office of Native Medicine

Protection Prayers, Ceremony Recommendations, Tobacco Smoke Purifications, Herbal Purifications, Tacheeh (Dine or Intertribal Sweat Lodge), Navajo Traditional & Cultural Education.

500 Indiana Ave. Winslow, AZ 86047 Phone: (928) 289-6268

Contact: Thomas E. Yazzie, Native Healer

Navajo Cultural Consultants

Lyle Harvey — Traditional Emphasis (928) 206-9465

Damien Jones — Moccasin Making & Crafts (928) 797-7608

Lillie Pete— Traditional Food Demonstration (928) 349-3215

Richard Begay — Arrowhead Making & Boys Initiation (928) 797-0940

Robert Johnson — Constellation and Navajo History (928) 797-9848

Tom Chee — Traditional Emphasis (928) 729-5511

DIAL 9-1-1 IF YOU ARE EXPERIENCING A LIFE THREATENING EMERGENCY.

Navajo Treatment Center for Children and Their Families (NTCCTF)

The Navajo Treatment Center for Children and Their Families provides voluntary outpatient counseling and other mental health services to children ages 4 to 17 years old, unless otherwise specified from a referring agency. On-going support services, outpatient counseling and aftercare services are also offered to individuals, couples, groups and families either at school, home or at one of the NTCCF clinics. Prevention education and presentations are available for schools, communities, chapters, departments and programs.

Administration

Quality Inn Professional Complex, 2nd Floor Suite 203

P.O. Box 1967

Window Rock, AZ 86515 Phone: (928) 871-7679 Fax: (928) 871-6176

Methamphetamine and Suicide Prevention Initiative (MSPI)

Quality Inn Professional Complex, 2nd Floor Suite 203

P.O. Box 1967

Window Rock, AZ 86515 Phone: (928) 871-7679 Fax: (928) 871-6176

Prevention Specialist/Recreation Specialist

(928) 871-6281 or 6282 • Traditional Practitioner (928) 729-4281

Fort Defiance Clinic

Kit Carson Rd. Bldg. F126, East of the Field House

P.O. Box 1789

Fort Defiance, AZ 86504

Fax: (928) 729-4285

Clinical Family Therapist

Phone: (928) 729-4441 Work Cell: (928) 206-6471

• Family Therapist

Phone: (928) 729-4284 Work Cell: (928) 797-1377

Treatment Coordinator

Phone: (928) 729-4282

Chinle Clinic

Navajo Rte. 7, BIA Bldg. 136, Room C9

P.O. Box 1000 Chinle, AZ 86503

Fax: (928) 674-5740

• Family Therapist

Phone: (928) 674-2201 Work Cell: (928) 349-0204

Tuba City Clinic

Main St., Northeast of the Tuba City Chapter House

P.O. Box 2199

Tuba City, AZ 86045

Fax: (928) 283-3279

Family Therapist

Phone: (928) 283-3270 Work Cell: (928) 205-9405

• Treatment Coordinator

(928) 283-3269

Kayenta/Shiprock Area

P.O. Box 10

Kayenta, AZ 86033

Fax: (505) 368-1192

Family Therapist

Phone: (505) 368-1169 Work Cell: (928) 206-9406

Shiprock Clinic

Bldg. 24, BIA Rd. 531, Southwest of Wells Fargo Bank

P.O. Box 4001

Shiprock, NM 87420

Fax: (505) 368-1192

Family Therapist

Phone: (505) 368-1193 Work Cell: (505) 368-1193

Treatment Coordinator

Phone: (505) 368-1191

Crownpoint Clinic

HWY Junction 371 Navajo Rte. 9 Shopping Center Suite 2

P.O. Box 638

Crownpoint, NM 87313

Fax: (505) 786-2421

Family Therapist

Phone: (505) 786-2333 Work Cell: (928) 205-3427

• Treatment Coordinator

Phone: (505) 786-2420

DIAL 9-1-1 IF YOU ARE EXPERIENCING A LIFE THREATENING EMERGENCY.

Navajo Nation Division of Behavioral and Mental Health Services

The Navajo Nation Division of Behavioral and Mental Health Services' (DBMHS) mission is to provide comprehensive behavioral health services to Native Families. DBMHS promotes balance and harmony in Native families and communities through inward healing and personal growth by providing comprehensive, culturally appropriate, integrated behavioral and mental health services.

Services:

- Treatment Plans
- Assessment & Placement
- Residential and Outpatient Treatment Programs
- Care Coordination & Collaboration
- Traditional & Faith Services

- Transportation Coordination
- Individual, group and family therapy
- · Adventure based counseling
- Crisis counseling/intervention
- Aftercare Treatment

Please call DBMHS office for information on office location and required documents for enrollment into the program.

DBMHS Administration Office

Phone: (928) 871-6240 or 6235

Regional Behavioral Health Authority — Window Rock

Phone: (928) 871-6877

NEW MEXICO OFFICES

Crownpoint Outpatient Treatment Center (505) 786-2111 or 2128

Gallup Outpatient Treatment Center (505) 722-9470 or 9394

Navajo Regional Behavioral Health Center – Shiprock (505) 368-1438

Shiprock Outpatient Treatment Center (505) 368-1429 or 1050

ARIZONA OFFICES

Chinle Outpatient Treatment Center (928) 674-2589 or 2190

Dilkon Outpatient Treatment Center (928) 657-8000

Fort Defiance Outpatient Treatment Center (928) 729-4012

Kaibeto Outpatient Treatment Center (928) 673-3267 or 3268

Kayenta Outpatient Treatment Center (928) 697-5570 or 5571

Newlands Outpatient Treatment Center (928) 688-3475

Red Mesa Outpatient Treatment Center (928) 656-5000 or 5735

Tuba City Outpatient Treatment Center (928) 283-3346

DIAL 9-1-1 IF YOU ARE EXPERIENCING A LIFE THREATENING EMERGENCY.

Crisis Lines

Crisis Text Line

Text HELLO to 741741

Veterans Crisis Line

Phone: 1(800) 273-TALK (8255) -

Press 1 Text 838255

Chat: veteranscrisisline.net

National Suicide Lifeline

Phone: 1(800) 273-TALK (8255)

National Runaway Safeline

Phone: 1(800) RUNAWAY (786-2929)

Teen Line

Phone: (310) 855-4673 Text TEEN to 839863 The Trevor Project (LGBTQ) Crisis Line

Phone: 1(866) 488-7386 Text START to 678678

Gay & Lesbian National Hotline

Phone: 1(888) 843-4564

ARIZONA

Northern Arizona Crisis Line

Phone: 1(877) 756-4090

Teen Lifeline - Statewide Arizona

Phone: 1(800) 248-TEEN (8336)

Text (602) 248-8336

NEW MEXICO

Agora Crisis Center

Phone: 1(855) 505-4505 or

(505) 277-3013

Crisis Line

Phone: 1(855) NMCRISIS (662-7474)

Peer to Peer Warm Line

Phone: 1(855) 4NM-7100 (466-7100)

Call 3:30PM-11:30PM

or text 6PM-11PM, 7 days per week.

UTAH

San Juan County Crisis Support

Phone: (435) 979-1588

Other Helplines and Hotlines

Poison Control

Phone: 1(800) 222-1222

Birth to Five Helpline

Phone: 1(877) 705-KIDS (5437)

Pregnancy and Breastfeeding Hotline

Phone: 1(800) 833-4642

Arizona Postpartum Depression Warm Line

Phone: 1(888) 434-6667 Website: psichapters.com/az/

Arizona Well Women Health Check — Cancer Screening

Phone: 1(888) 257-8502

Center for Disease Control (CDC) Information Line — National AIDS and STD

Phone: 1(800) 232-4636

American Diabetes Association

Phone: 1(800) 342-2382 Website: diabetes.org

American Cancer Society

Can provide general AZ referral

information

Phone: 1(800) 227-2345

American Heart Association and American Stroke Association

Can provide general Arizona referral

information

Phone: 1(800) 227-8721

Arizona Smoker's Helpline (Ashline)

Phone: 1(800) 556-6222

Allergy and Asthma Network/Mothers of Asthmatics (AAN/MA) - National

Phone: 1(800) 878-4403

American Liver Foundation National Helpline

Phone: 1(800) 465-4837

The Skin Cancer Foundation

Phone: 1(800)754-6490 Website: skincancer.org

Navajo Nation Strengthening Families Program

Strengthening Families Program CRISIS LINE: (505) 368-1157

Strengthening Families Program (SFP) will provide all victims within the Navajo Nation culturally holistic advocacy, supportive services, prevention education and a safe shelter for immediate safety that will promote healing. All services will be provided in a supportive safe and healing environment that will foster the ability to self-advocate with confidence.

Administration Office

2296 Administration Bldg. 2, 2nd Floor, Window Rock Blvd. P.O. Box 4590 Window Rock, AZ 86515

Phone: (928) 871-7629 Fax: (928) 871-6830

Fort Defiance Office

2296 Administration Bldg. 2, 2nd Floor, Window Rock Blvd. P.O. Box 4590 Window Rock, AZ 86515

Phone: (928) 871-7635 Fax: (928) 871-6830

Dilkon Office

50 feet Northwest of the Dilkon Chapter House HC 63 Box J Winslow, AZ 86047 Phone: (928) 657-8030 Fax: (928) 657-8098

Tuba City Office

Currently at the 2296 Administration Building 2, 2nd Floor, Window Rock Blvd. until further notice. P.O. Box 4590 Window Rock, AZ 86515

Phone: (928) 871-7635 Fax: (928) 871-6830

Shiprock Office

P.O. Box 2873 Shiprock, NM 87420 Phone: (505) 368-1156 Fax: (505 368-1155

Crownpoint Office

2724 Chapter House Rd. P.O. Box 936 Crownpoint, NM 87313 Phone: (505) 786-2236 Fax: (505) 786-2238

Other Domestic & Sexual Violence Resources

Central Navajo Region

Alternative Treatment Violence Program — Chinle, AZ

Domestic violence intervention/prevention. Court order required in order for assessment and therapy services to be provided.

Chinle Comprehensive Health Care Facility

Phone: (928) 674-7412 or 7377

Ama Doo Alchini Bighan, Inc. — Chinle, AZ

Protecting families and their children from domestic violence and sexual violence.

Toll free: 1(877) 698-0899 Phone: (928) 674-8314

After 5PM and weekends: (928) 674-7090

Other Domestic & Sexual Violence Resources (continued)

Eastern Navajo Region

Sexual Assault Services (SAS) of Northwest New Mexico — Gallup, NM

Sexual Assault Nurse Exams, victim/survivor advocacy, counseling, outreach, community education, prevention programs, community justice. Serving Gallup and local Navajo communities.

SAS Crisis Hotline 1(866) 908-4700

Phone: (505) 399-5940

Mending the Sacred Circle — Crownpoint, NM

Advocacy and community outreach for domestic and sexual violence victims and survivors.

Crownpoint Healthcare Facility

Phone: (505) 786-6294

Fort Defiance Region

Family Advocacy Center — Fort Defiance, AZ

Medical services for children, teenagers and adults who are victims of sexual abuse and/or sexual assault.

Tséhootsooí Medical Center

Phone: (928) 729-3705 or 8000

Northern Navajo Region

Sexual Assault Services (SAS) of Northwest New Mexico — Farmington, NM

Sexual Assault Nurse Exams, victim/survivor advocacy, counseling, outreach, community education, prevention programs, community justice. Serving Farmington and local Navajo communities.

SAS Crisis Hotline: 1(866) 908-4700

Phone: (505) 325-2805

Utah Office for Victims of Crime

Victim Advocates are available for emotional support and information on legal rights and protection and to help with safety planning, locate shelter and transportation.

Victim Advocate Hotline: (435) 651-3762

Montezuma Creek Office:

Victim Advocate: (435) 651-3762

Domestic Violence Advocate: (435) 651-3749

Monument Valley Office:

Domestic Violence Advocate: (436) 727-3000

Western Navajo Region

Tuba City Regional Health Care Corporation —Sexual Assault Nurse Examiner/Sexual Assault Response Team (SANE/SART)

The SANE/SART program serves sexual assault victims by providing comprehensive medical treatment and confidential forensic evaluation by nurse experts through a coordinated community response. Services available 24 hours, 7 days a week.

167 North Main St.

P.O. Box 600, Tuba City, AZ 86045

Phone: (928) 283-2934 or 2900

Tohdenashai Shelter: Home of Women and Children

Protecting families and their children from domestic violence and sexual violence.

P.O. Box 1510, Kayenta, AZ 86033

Toll Free: 1(877) 697-8591 Phone: (928) 697-3635 or 8591

Fax: (928) 697-8592

Page Regional Domestic Violence Services (Another Way)

835 Newburn Rd., Page, AZ 86040

Emergency Hotline: (928) 660-8991

Phone: (928) 645-5300

Hopi Domestic Violence Program

Services for those affected by family violence, intimate-partner violence, stalking and sexual violence. Available 24 hours a day, 7 days a week.

Hopi Judicial Complex, next to the police department.

P.O. Box 1226

Keams Canyon, AZ 86034

Phone: (928) 738-1115 or 1116

After hours call Hopi Dispatch: (928) 738-2233

Fax: (928) 738-1119

Eve's Place

Mobile Advocacy Program providing services to victims of domestic, sexual and teen dating abuse.

Phone: (844) 301-7908

Navajo Nation Special Diabetes Program (NNSDP) & Wellness Centers

The Navajo Nation Special Diabetes Project:

- provides prevention education to reduce new cases of diabetes;
- Identifies individuals who are in the pre-diabetes stage to reduce new developments; and
- provides diabetes management to reduce complication and disabilities.

The Wellness Centers are located within each Service Area, where clients with or without diabetes can work-out. Visit nnsdp.org or call local office for updated wellness events, classes and Wellness Center schedules for each Service Area.

NNSDP — Central Office

P.O. Box 3748 Window Rock, AZ 86515 Phone: (928) 871-6532 Fax: (928) 871-6543

NNSDP — Window Rock Wellness Center *

P.O. Box 3748 Window Rock, AZ 86515 Phone: (928) 871-7870 Fax: (928) 871-7867

NNSDP — Chinle Service Area *

P.O. Box 2261 Chinle, AZ 86503 Phone: (928) 674-2422 Fax: (928) 674-2082

* Wellness Center in Service Area

NNSDP — Crownpoint Service Area *

P.O. Box 267 Crownpoint, NM 87313 Phone: (505) 786-2372

NNSDP — Dilkon Service Area *

HCR 63 PMB 6164 Winslow, AZ 86047 Phone: (928) 657-8119

NNSDP — Kayenta Service Area *

P.O. Box 2269 Winslow, AZ 86047 Phone: (928) 657-8119 Fax: (928) 657-8118

NNSDP — Shiprock Service Area *

P.O. Box 1287 Shiprock, NM 87420 Phone: (505) 368-1382 Fax: (505) 368-1384

NNSDP — Tuba City Service Area *

P.O. Box 278 Tuba City, AZ 86045 Phone: (928) 283-3058 Fax: (928) 283-3059

NNSDP — Fort Defiance Service Area

P.O. Box 1610 Fort Defiance, AZ 86504 Phone: (928) 729-4490 Fax: (928) 729-4505

Wellness and Fitness Centers

Tuba City Regional Health Care Corporation — **Health Promotion & Diabetes Prevention Fitness** Center

167 North Main St. P.O. Box 600 Tuba City, AZ 86045 Phone: (928) 283-1420 Fax: (928) 283-1431

Kayenta Fitness Center

Kayenta, AZ 86033 Phone: (928) 697-8487

Hours: 6AM-8AM, 11AM-1PM, 5PM-9PM

Fee: \$2/day or \$20 /month

Tséhootsooí Medical Center — Nihi Dine'é Bá Wellness Center

Corner of Navajo Rte. 12 & Navajo Rte. 7 Fort Defiance, AZ 86504 Phone: (928) 729-8081

Winslow Indian Health Care Center — Hózhóógo **liná Wellness Program**

500 North Indiana Ave. Winslow, AZ 86047 Phone: (928) 289-8065

Shiprock Indian Health Services - Wellness Center

HWY 491 North Shiprock, NM 87420

Phone: (505) 368-6001 (Ask for Wellness Center)

Health Insurance Coverage

Health coverage is important for you and your family to get the medical care you need. While some individuals and families have health insurance through their employer or through their state's Medicaid programs, others choose to purchase their health insurance through the Federally Facilitated Marketplace (FFM). To be eligible to enroll in health coverage through the Marketplace, you:

- Must live in the United States
- Must be a U.S. citizen or national (or be lawfully present).
- Can't be incarcerated.

If you have Medicare coverage, you're not eligible to use the Marketplace to buy a health or dental plan. Open enrollment runs from November 1 to mid-December. Plan coverage starts on January 1. To apply for health coverage through the Marketplace, visit **healthcare.gov** or call 1(800) 318-2596.

Arizona

The Arizona Health Care Cost Containment System (AHCCCS) offers medical programs and resources to serve Arizona residents who meet certain income and other requirements. AHCCS contracts with several health plans to provide medical services, behavioral health services as well as dental and vision health benefits for children.

To apply for AHCCCS or to receive member services, visit **azahcccs.gov** or call 1(855) 432-7587 Monday-Friday 8AM-5PM.

New Mexico

Centennial Care is the name of New Mexico's Medicaid program. Services are provided by four managed care organizations (MCOs). These services include physical health, behavioral health, long term care and community benefits. Eligibility for all Medicaid programs requires that individuals meet certain federal guidelines. These include citizenship, residency and income requirements.

To apply for Centennial Care, visit yes.state.nm.us/yesnm/home/index or call the Human Services Division's Medicaid Expansion Hotline toll-free at 1(855) 637-6574. For general questions, please call 1(888) 997-2583.

Utah

Medicaid is a medical program for people who have low-income and limited resources. To be eligible for Medicaid, you must meet a program type and meet the rules for Utah residency, income and citizenship. There are many types of Medicaid programs in Utah that cover medical, dental or mental health services.

To apply for benefits, visit medicaid.utah.gov/apply-medicaid or call 1(866) 435-7414.

I.H.S. or 638 Hospitals and Clinics

To inquire about the availability of services (dental, optometry, pediatrics, etc.), please refer to the description listed under each I.H.S. or 638 Hospital/Clinic facility.

Central Navajo Region

Chinle Comprehensive Health Care

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Outpatient Clinic, Pharmacy, Lab, Behavioral Health, General Surgery, Native Medicine

HWY 191 & Hospital Dr. Chinle, AZ 86503

Outpatient Clinic Hours: Monday-Friday, 8AM-5PM Phone: (928) 674-7001

Many Farms Dental

HWY 191 Lake Rd. Many Farms, AZ 86538 Monday-Friday 8AM-5PM Closed Thursday mornings

Phone: (928) 781-3801

Rock Point Field Clinic

Rock Point, AZ 86545 Open Tuesdays 9AM-3PM Phone: (928) 659-4282

Tsaile Health Center

Dental, Optometry, Pediatrics, OBGYN/ Women's Health, Family Medicine, Pharmacy, Lab, Behavioral Health, Native Medicine

Navajo Rte. 64 Tsaile, AZ 86556

Monday-Friday 8AM-5PM Phone: (928) 724-3600

Pinon Health Center

Urgent Care, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Family Medicine, Pharmacy, Lab, Behavioral Health, Native Medicine

Navajo Rte. 41 Pinon, AZ 86510

Monday-Friday 8AM-5PM Phone: (928) 725-9500

Eastern Navajo Region

Gallup Indian Medical Center

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Outpatient Clinic, Pharmacy, Lab, Behavioral Health, General Surgery, Native Medicine

516 East Nizhoni Blvd. Gallup, NM 87301

Outpatient Clinic hours: Monday-Friday 8AM-4:30PM Walk-in clinic hours: 7AM-5:30 PM, 7 days a week

Phone: (505) 722-1000

Crownpoint Health Care Facility

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OGYN/Women's Health, Outpatient Clinic, Pharmacy, Lab, Behavioral Health, Native Medicine Junction Rd. 371 and Navajo Rte. 9 Crownpoint, NM 87313 Monday-Friday 7:30AM-5:30PM Closed Wednesday mornings

Phone: (505) 786-5291

Dzilth-Na-O-Dith-Hle Health Center

Dental, Optometry, Pediatrics, OBGYN/ Women's Health, Outpatient Clinic, Pharmacy, Lab 6 Rd. 7586 Bloomfield, NM 87413

Monday, Tuesday, Thursday, Friday 8AM-4PM; Wednesday 8AM-11AM

Toll Free: 1(855) 687-3942 Phone: (505) 960-1801

I.H.S. or 638 Hospitals and Clinics (continued)

To inquire about the availability of services (dental, optometry, pediatrics, etc.), please refer to the description listed under each I.H.S. or 638 Hospital/Clinic facility.

Fort Defiance Region

Tséhootsooí Medical Center

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Primary Care, Pharmacy, Lab, Behavioral Health, Native Medicine

Corner of Navajo Rte. 12 & Navajo Rte. 7

Fort Defiance, AZ 86504

Outpatient Clinic Hours: Monday-Friday 8AM-5PM

Phone: (928) 729-8000

Nahata' Dzill Health Center

Dental, Optometry, Family Medicine, Pharmacy, Lab, Behavioral Health Chiih'toh Blvd. Industrial Bldg. Sanders, AZ 86512

Monday-Friday 8AM-4:30PM

Phone: (928) 688-5600

Sage Memorial Hospital — Navajo Health Foundation

24/7 Emergency Facility, Dental, Optometry, Pediatrics, Outpatient Clinic, Pharmacy, Lab, Behavioral Health

HWY 191 & SR 264 Ganado, AZ 86505

Outpatient Clinic Hours: Monday-Friday 8AM-4PM

Phone: (928) 755-4500

Greasewood Clinic

Navajo Rte. 15 Greasewood, AZ 86505

Tuesday, Wednesday, Friday 9AM-3PM

Phone: (928) 654-3208

Tohatchi Health Center

Dental, Optometry, Outpatient Clinic, Pharmacy, Lab

07 Choos Gai Dr. Tohatchi, NM 87325

Monday-Friday 8AM-5PM Closed Wednesday mornings

Phone: (505) 733-8100

Northern Navajo Region

Northern Navajo Medical Center

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Outpatient Clinic, Pharmacy, Lab, Behavioral Health

HWY 491 North Shiprock, NM 87420

Outpatient Hours:

Monday-Friday 8AM-4:30PM

Phone: (505) 368-6001

Toadlena Field Clinic

Open the second Tuesday of each month 9:30AM-2:30PM

Phone: (505) 789-3281

Sanostee Field Clinic

Open Tuesdays and Thursdays (except second Tuesday of the month) 9:30AM-2:30PM

Phone: (505) 723-2484

Four Corners Regional Health Center

Dental, Optometry, Family Medicine, Pharmacy, Lab, Behavioral Health

HWY 160 & Navajo Rte. 35 Teec Nos Pos, AZ 86514

Outpatient Hours:

Monday-Friday 8AM-4:30PM

Phone: (928) 656-5000

Monument Valley Community Health Center - Utah Navajo Health System

Dental, Optometry, Urgent Care, Pediatrics, Primary Care, Pharmacy, Behavioral Health

30 West Medical Dr.

Monument Valley, UT 84536

Monday-Friday 8AM-6PM Closed until noon every second Wednesday of the month

Phone: (435) 727-3000

I.H.S. or 638 Hospitals and Clinics (continued)

To inquire about the availability of services (dental, optometry, pediatrics, etc.), please refer to the description listed under each I.H.S. or 638 Hospital/Clinic facility.

Northern Navajo Region (continued)

Montezuma Creek Community Health Center — **Utah Navajo Health System**

Dental, Optometry, Pediatrics, Primary Care, Pharmacy, Behavioral Health

1478 East HWY 162

Montezuma Creek, UT 84534

Monday-Thursday 8AM-8PM

Friday 8AM-4:30PM

Phone: (435) 651-3700

Blanding Family Practice Community Health Center — **Utah Navajo Health System**

Dental, Optometry, Pediatrics, Primary Care, Specialty Clinics, Pharmacy, Lab, Behavioral Health

802 South 200 West Blanding, UT 84511

Monday-Friday 8AM-8PM

Saturday 8AM-3PM

Phone: (435) 678-0700

Western Navajo Region

Inscription House Health Center

Dental, Optometry, Pediatrics, Family Medicine, Pharmacy, Lab, Behavioral Health

HWY 98 Navajo Rte. 16 Tonalea, AZ 86044

Monday-Friday 8AM-5PM

Phone: (928) 672-3000

Kayenta Health Center

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Primary Care, Pharmacy, Lab, Behavioral Health

HWY 160, Mile Post 394.3 Kayenta, AZ 86033

Outpatient Clinic Hours: Monday-Friday 8AM-5PM

Phone: (928) 697-4000

Navajo Mountain Community Health Center — Utah Navajo **Health System**

Urgent Care, Dental, Family Medicine, Pharmacy, Lab, Behavioral Health

#2 Rainbow Rd.

Navajo Mountain, UT 86044

Monday-Friday 9:30AM-4PM

Phone: (928) 672-2494

Tuba City Regional Health Care

24/7 Emergency Facility, Dental, Optometry, Pediatrics, OBGYN/Women's Health, Family Medicine, Pharmacy, Lab, Behavioral Health, Native Medicine

167 Main St.

Tuba City, AZ 86045

Phone: (866) 976-5941

Lechee Health Facility

3 miles South on Coppermine Rd., Page, AZ 86040

Phone: (928) 698-4900

Cameron Dental Clinic

HWY 89, within the Cameron Chapter House compound

Cameron, AZ 86020

Monday-Thursday 8AM-5PM

Phone: (928) 213-8161

Dilkon Clinic

Dilkon Community School

Dilkon, AZ

Monday, Wednesday-Friday 9AM-3:30PM, Tuesday 1PM-3:30PM

Phone: (928) 657-3800

Winslow Indian Health Care Center

Dental, Optometry, Pediatrics, OBGYN/ Women's Health, Family Medicine/Primary Care, Pharmacy, Lab, Behavioral Health, Native Medicine

500 North Indiana Ave.

Winslow, AZ 86047 Monday-Friday 8AM-5PM

Phone: (928) 289-4646

Leupp Clinic

Leupp School Rd. Leupp, AZ 86035

Monday, Wednesday-Friday 9AM-3:30PM,

Tuesday 1PM-3:30PM

Phone: (928) 686-6550

Canyonlands Health Care -Chilchinbeto Clinic

Dental, Pediatrics, Women's Health, Primary Care, Pharmacy, Lab, Behavioral Health

HWY 160 & Rte. 59 Chilchinbeto, AZ

Medical: Monday-Thursday

7:30AM-6:30PM

Dental: Monday-Thursday 8AM-6PM Pharmacy: Monday-Friday 9AM-5:30PM

Off Navajo Tribal Land I.H.S. or 638 Hospitals and Clinics

To inquire about the availability of services (dental, optometry, pediatrics, etc.), please refer to the description listed under each I.H.S. or 638 Hospital/Clinic facility.

Sacred Peaks Health Center (Tuba City Regional Health Care **Corporation**)

Primary Care, Pharmacy, Specialty Services, Behavioral Health, Physical Therapy

6300 North HWY 89 Flagstaff, AZ 86004

Monday-Friday 8AM-5PM Phone: (928) 863-7333

Sacred Peaks Health Center — **West (Tuba City Regional Health Care Corporation**)

Primary Care, Pharmacy, Specialty Services, Behavioral Health, Physical Therapy

1338 West Forest Meadows St. Suite 140 Flagstaff, AZ 86004

Monday-Friday 9AM-5PM

Phone: (928) 635-7575

Hopi Health Care Center

EMS Services, Environmental Health, **Medical Stabilization** HWY 264 Mile Post 388

P.O. Box 4000 Polacca, AZ 86042

Phone: (928) 737-6000

Albuquerque Indian Health Center

Primary Care, Pharmacy, Behavioral Health, Specialty Clinics 801 Vassar Drive NE Albuquerque, NM 87106

Phone: (505) 514-6253 Fax: (505) 248-4088

Albuquerque Indian Dental Clinic

9169 Coors NW Albuquerque, NM 87120 (on the SIPI Campus) Phone: (505) 346-2306

Hours: Monday, Wednesday, Thursday 7:30AM-5:30PM Tuesday 9:30AM-5:30PM Friday 7:30AM-4:40PM Closed Saturday, Sunday, Federal Holidays

Native Health

Medical, Dental, Behavioral Health, Community Outreach 4041 North Central Ave., Bldg. C

Phoenix, AZ 85012 Phone: (602) 279-5262

Phoenix Indian Medical Center

24/7 Emergency Department, Specialty Clinics, Dental, Behavioral Health, **Pharmacy**

4212 North 16th St. Phoenix, AZ 85016 Phone: (602) 263-1684

Gila River Health Care Hu Hu Kam Memorial Hospital

24/7 Emergency Department, Medical, Dental, Behavioral Health, Pharmacy,

483 West Seed Farm Rd. Sacaton, AZ 85147

Phone: (520) 562-3321

Gila River Health Care **Komatke Health Center**

Medical, Dental, Behavioral Health, **Pharmacy**

17487 South Health Care Dr. Laveen, AZ 85339

Phone: (520) 550-6000

Gila River Health Care Hau'pal (Red Tail Hawk) Health Center

Medical, Dental, Behavioral Health, **Pharmacy**

3042 West Queen Creek Rd. Chandler, AZ

Phone: (520) 796-2600

Gila River Health Care Ak-Chin Clinic

Specialty Clinics, Primary Care 48203 West Farrell Rd. Maricopa, AZ 85139 Phone: (520) 568-3881

Other Hospitals and Clinics

Arizona

Saint Michaels Clinic — Northern **Apache County Special Health Care District**

Asthma Management, Child Wellness, Chronic Disease Management, Diabetes Care, Drug Screening and Testing, DOT/CDL Physical Examinations

359A West HWY 264 (across from the Conoco Gas Station) St. Michaels, AZ 86511

Toll Free: 1(844) 810-3800 Phone: (928) 810-3800

Hours: Monday and Wednesday 8AM-4PM Tuesday and Thursday 8AM-7PM

Friday 8AM-3PM

Sanders Clinic — Northern Apache **County Special Health Care District**

Asthma Management, Child Wellness, Chronic Disease Management, Diabetes Care, Drug Screening and Testing, DOT/CDL Physical Examinations

Rio Vista Estates Lot #24 Sanders, AZ 86512

Toll Free: 1(844) 810-3800 Phone: (928) 688-7139

Hours: Monday and Wednesday 8AM-4PM. Tuesday and Thursday 8AM-7PM

Friday 8AM-3PM

Little Colorado Medical Center

Emergency Care, Obstetrics, Inpatient/ Outpatient Care, Multi-Specialty Clinic, Surgical Services, Laboratory

1501 North Williamson Ave. Winslow, AZ 86047

Phone: (928) 289-4691

Flagstaff Medical Center

Emergency Care, General Care, Specialty

1200 North Beaver St. Flagstaff, AZ 86001

Phone: (928) 779-3366

Lake Powell Medical Center

Primary Care, Behavioral Health, Opioid Recovery, Dental, Family Planning, Pharmacy

467 Vista Ave. Page, AZ 86040

Phone: (928) 645-8123

Banner Good Samaritan Medical Center — University Medical Center

Acute Care Hospital 111 East McDowell Rd. Phoenix, AZ 85006 Phone: (602) 239-2000

Maricopa Medical Center

Emergency Care, General Care, Specialty Care

2601 East Roosevelt St. Phoenix, AZ 85008 Phone: (602) 344-5011

Mayo Clinic Hospital

Acute Care Hospital 5777 East Mayo Blvd. Phoenix, AZ 85054 Phone: (480) 342-2000

Phoenix Children's Hospital

Specialty Clinics, Urgent Care, Primary Care, Trauma, Newborn Intensive Care Unit

1919 East Thomas Rd. Phoenix, AZ 85016

Toll Free: 1(888) 908-5437 Phone: (602) 933-1000

Tucson Medical Center

Emergency Care, Pediatric Care, Intensive Care Units, Specialty Care 5301 East Grant Rd.

Tucson, AZ 85712 Phone: (520) 327-5461

New Mexico

Rehoboth McKinley Christian Health Care Services — Gallup

Urgent Care Clinic, Inpatient/Outpatient Services, Laboratory, Behavioral Health Services, Home Health & Hospice Care

1901 Red Rock Dr. Gallup, NM 87301 Phone: (505) 863-7000

San Juan Regional Medical Center

Emergency Care, General Surgery, Specialty Clinics, Childbirth Center, Behavioral Health, Family Health, Intensive Care Unit, Laboratory

801 West Maple Farmington, NM 87401 Phone: (505) 609-2000

UNM Children's Hospital

Specialty Care, Maternity Center, Pediatric Emergency Department, Newborn Intensive Care Unit

2211 Lomas Blvd. NE Albuquerque, NM 87106

Phone: (505) 272-5437

Lovelace Medical Center

Specialty Clinics, 24/7 Emergency Department, Labor and Delivery, Pediatrics, Primary Care

601 Dr. Martin Luther King Jr. Ave. NE Albuquerque, NM 87102

Phone: (505) 727-8000

Presbyterian Hospital

Specialty Clinics, Primary Care, Dental/ Oral Surgery, General Surgery, Pediatrics, Women's Health

1100 Central Ave. SE Albuquerque, NM 87106 Phone: (505) 841-1234

Oral Health Resources

Arizona - Holbrook, Winslow, Flagstaff

Please call the providers you are interested in obtaining services from to check if they accept your insurance.

Jason Lyman and Clarence Hansen **Dentist Office**

General family dentistry.

407 East Iowa St.

Holbrook, AZ 86025

Phone: (928) 524-6854

Winslow Indian Health Care Center — Dental

General family dentistry, restorative dentistry.

500 North Indiana Ave.

Winslow, AZ 86047

Phone: (928) 289-4646

Winslow Dental

General dentistry, orthodontics, cosmetic dentistry, endodontist, maxillofacial surgery.

321 West 2nd St. Winslow, AZ 86047

Phone: (928) 289-4441

Family First Dental of Arizona

General dentistry, orthodontics, endodontics.

1520 West 3rd St.

Winslow, AZ 86047

Phone: (928) 289-0700

Dental Innovations

General dentistry, cosmetic dentistry, orthodontics.

772 Mikes Pike St. Suite 101

Winslow, AZ 86047

Phone: (928) 289-3738

North Country HealthCare — **Dental**

General family dentistry.

Winslow: 620 West Lee St.

Winslow, AZ 86047

Phone: (928) 289-2000

Flagstaff: 2920 North Fourth St.

Flagstaff, AZ 86004 Phone: (928) 522-9405

Around the Mountain Pediatric Dentistry

Pediatric dentistry.

1024 North San Francisco St. #101

Flagstaff, AZ 86001

Phone: (928) 779-0385

Flagstaff Dentistry 4 Kids

Pediatric dentistry.

710 North Beaver St. Bldg. #2

Flagstaff, AZ 86001

Phone: (928) 773-8517

Flagstaff Pediatric Dentistry

Pediatric dentistry.

906 West University Ave. Suite 110

Flagstaff, AZ 86001

Phone: (928) 774-1219

Stephanie Collins, DDS

General family dentistry, pediatric dentistry, emergency dentistry, cosmetic dentistry.

902 North Beaver St. Flagstaff, AZ 86001

Phone: (928) 774-0131

Flagstaff Dental Group

General dentistry, pediatric dentistry, emergency dentistry, endodontics, oral and maxillofacial surgery, orthodontics, cosmetic dentistry.

10 West Hunt Ave.

Flagstaff, AZ 86001

Phone: (928) 774-1481

Peak Family Dental Care

General dentistry, pediatric dentistry, orthodontics, oral surgery, cosmetic dentistry.

750 North Kendrick St. Suite 100

Flagstaff, AZ 86001

Phone: (928) 433-2619

Flagstaff Laser Dentistry

General dentistry, pediatric dentistry, endodontics, cosmetic dentistry.

2615 North 4th St. Suite 6

Flagstaff, AZ 86004

Phone: (928) 433-4961

Timberline Dental

General family dentistry, cosmetic dentistry.

518 North Beaver St.

Flagstaff, AZ 86001

Phone: (928) 774-4705

Flagstaff Dentist — Dr. Jason **Dittberner DDS PC**

General family dentistry, endodontics, cosmetic dentistry, orthodontics.

750 North Kendrick St. #200

Flagstaff, AZ 86001 Phone: (928) 773-7900

Village Dental Care

General family dentistry, pediatric dentistry, orthodontics, cosmetic dentistry, endodontics.

710 North Beaver St. Bldg. 1 Flagstaff, AZ 86001

Phone: (928) 774-0181

Flagstaff Family and Cosmetic Dentistry

General family dentistry, cosmetic dentistry.

906 West University Ave. Suite 100

Flagstaff, AZ 86001

Phone: (928) 683-4338

Northern Heights Dental

General family dentistry, pediatric dentistry, emergency dentistry, cosmetic dentistry, endodontics.

1100 North San Francisco St. Suite D Flagstaff, AZ 86005

Phone: (928) 774-5050

Oral Health Resources

Arizona – Flagstaff (continued), Page

Please call the providers you are interested in obtaining services from to check if they accept your insurance.

Woodlands Village Dentistry

General dentistry, cosmetic dentistry, endodontics.

1120 West University Ave. Suite 103 Flagstaff, AZ 86001

Phone: (928) 774-5599

Alpine Smiles

General dentistry, cosmetic dentistry, endodontics, orthodontics, emergency dentistry.

1600 West University Ave. Suite 113 Flagstaff, AZ 86001

Phone: (928) 774-9553

Flagstaff Modern Dentistry

General dentistry, cosmetic dentistry, endodontics, maxillofacial surgery, emergency dentistry.

304 South Regent St. Suite 101 Flagstaff, AZ 86001

Phone: (928) 226-7494

Country Club Dental

General dentistry, cosmetic dentistry, non-surgical root canal.

5200 East Cortland Blvd. Suite C-4 Flagstaff, AZ 86004

Phone: (928) 526-4314

Oasis Dental Care

General dentistry, emergency dentistry, cosmetic dentistry.

1300 North Rim Dr. Suite C

Flagstaff, AZ 86001

Phone: (928) 774-4030

Flagstaff Downtown Dental

General dentistry, emergency dentistry, cosmetic dentistry.

323 North Leroux St. #100 Flagstaff, AZ 86001

Phone: (928) 440-1367

Lake Powell Medical Center — Dental

General family dentistry, pediatric dentistry, emergency dentistry, oral surgery, endodontics.

467 Vista Ave. Page, AZ 86040

Phone: (928) 645-9675

Page Dental Center

General family dentistry, emergency dentistry, cosmetic dentistry.

112 6th Ave. Page, AZ 86040

Phone: (928) 645-3206

McFadden Orthodontics

Orthodontics. 112 6th Ave.

Page, AZ 86040

Phone: (928) 645-9668

New Mexico-Gallup

Gallup Indian Medical Center

General dentistry, pediatric dentistry, maxillofacial and oral surgery.

516 East Nizhoni Blvd. Gallup, NM 87301

Phone: (505) 722-1560

*Walk-ins: First 4 people on Tuesday, Wednesday and Thursday at 7AM. Patients must live within the GIMC service area.

Gallup Children's Dentistry & Orthodontics

Pediatric dentistry, orthodontics, sedation dentistry.

802 HWY 491 Gallup, NM 87301

Phone: (505) 862-5018

Sundance Dental & Orthodontics

General family dentistry, emergency dentistry, orthodontics, endodontics, sedation dentistry.

1601 South 2nd St. Gallup, NM 87301

Phone: (505) 722-4422

Rainaldi Dental

General family dentistry.

501 Nizhoni Blvd. Gallup, NM 87301

Phone: (505) 863-9363

Ortho*Dental, Inc.

General dentistry, orthodontics, cosmetic dentistry.

1748 West Maloney Ave. Gallup, NM 87301

Phone: (505) 863-8100

Gallup Dental Group

General dentistry, cosmetic dentistry, endodontics, extractions.

1421 US 491

Gallup, NM 87301

(505) 863-8000

Dental Innovations

General dentistry, orthodontics, cosmetic dentistry.

214 West Aztec Gallup, NM 87301

Phone: (505) 863-4457

Hollywood Orthodontics

Orthodontics.

1213 US 491 C Gallup, NM 87301

Phone: (505) 979-5600

Oral Health Resources

New Mexico – Farmington

Please call the providers you are interested in obtaining services from to check if they accept your insurance.

KidsKare P.C. Family Dentistry

General family dentistry , pediatric dentistry, restorative dentistry, cosmetic dentistry.

506 Airport Dr. Farmington, NM 87401 Phone: (505) 325-7700

Animas Pediatric Dental Group

Pediatric dentistry.
2650 Pinon Frontage Rd. #200
Farmington, NM 87402
Phone: (505) 599-9359

Thompson Dental Group

General family dentistry, pediatric dentistry, endodontics, cosmetic dentistry. 1212 East 20th St. Farmington, NM 87401

Mountain Dental

General family dentistry, pediatric dentistry, cosmetic dentistry, endodontics. 708 East 20th St.

Farmington, NM 87401 Phone: (505) 327-6155

Red Rock Dental

General family dentistry, pediatric dentistry, emergency dentistry, cosmetic dentistry, endodontics, oral surgery.

3030 East Main St. Suite T-1 Farmington, NM 87402

Phone: (505) 436-3569

Integrity Dental

General family dentistry, pediatric dentistry, emergency dentistry, cosmetic dentistry, cosmetic dentistry, sedation dentistry.

850 East Main St. Suite A Farmington, NM 87401 Phone: (505) 278-2206

Clark Family Dentistry

General family dentistry, pediatric dentistry, emergency dentistry, orthodontics, endodontics, cosmetic dentistry.

141 West 20th St. Farmington, NM 87401 Phone: (505) 388-2788

Lusk Family Dentistry

General family dentistry, pediatric dentistry, endodontics, cosmetic dentistry.

204 North Auburn Ave. Farmington, NM 87401 Phone: (505) 325-8401

Four Corners Orthodontics and Dental

General family dentistry, orthodontics. 3751 North Butler Ave. Farmington, NM 87401 Phone: (505) 564-9000

Desert Hills Dental Care

General family dentistry, cosmetic dentistry.

2525 East 30th St. Farmington, NM 87401 Phone: (505) 305-1299

Farmington Family Dentistry

General family dentistry, cosmetic dentistry, endodontics.

703 North Dustin Ave. Farmington, NM 87401 Phone: (505) 564-9700

Summit Family Dental

General family dentistry, emergency dentistry, restorative dentistry, cosmetic dentistry, sedation dentistry. 800 East 30th St. Suite 3 Farmington, NM 87401

Farmington, NM 87401 Phone: (505) 327-9161

Sundance Dental

General family dentistry, emergency dentistry, orthodontics, endodontics, sedation dentistry.

6588 East Main St. Farmington, NM 87402 Phone: (505) 302-1695

Pinon Hills Dental

General dentistry, esthetic dentistry. 4725 Foothills Dr. Farmington, NM 87402 Phone: (505) 325-2859

Jack O. Smalley, DDS

General density, restorative dentistry, cosmetic dentistry, sedation dentistry.
2650 East Pinon Frontage Rd. Bldg. 300 Farmington, NM 87402

Phone: (505) 327-3331

Vision Health Resources

Arizona - Holbrook, Winslow, Flagstaff, Page

Please call the providers you are interested in obtaining services from to check if they accept your insurance.

Stuart Eye Center

Optometry, Optician 421 East Iowa St. Holbrook, AZ 86025 Phone: (928) 524-6171

Winslow Eye Care

Optometry 303 West Second St. Winslow, AZ 86047 Phone: (928) 289-5232

Walmart Vision & Glasses — Winslow

Optician
700 Mikes Pike St.
Winslow, AZ 86047
Phone: (928) 289-6041

Winslow Indian Health Care Center — Eye Clinic

Optometry 500 North Indiana Ave. Winslow, AZ 86047 Phone: (928) 289-6224

America's Best Contacts & Eyeglasses

Optometry, Optician 2700 South Woodlands Village Blvd. Suite 640 Flagstaff, AZ 86001 Phone: (928) 286-5445

Flagstaff Eye Care

Optometry, Optician 410 North San Francisco St. Flagstaff, AZ 86001 Phone: (928) 774-5093

Eye Care Associates

Optometry, pediatric eye exams 940 North Switzer Canyon Dr. Suite 101 Flagstaff, AZ 86001 Phone: (928) 774-7949

Northland Eye Care

Phone: (928) 226-9300

Optometry 2050 South Woodlands Village Blvd. Suite 3 Flagstaff, AZ 86001

Flagstaff Vision

Optometry, Optician, pediatric eye exams 1505 South Yale St. Flagstaff, AZ 86001 Phone: (928) 779-5600

Nationwide Vision

Optometry 801 South Milton Rd. Flagstaff, AZ 86001

JCPenny Optical — Flagstaff Mall

Optometry 4600 North HWY 89 Flagstaff, AZ 86004 Phone: (928) 526-2580

Visionworks — Flagstaff Mall

Optometry

4650 North HWY 89 Space C-2
Flagstaff, AZ 86004
Phone: (928) 526-1911
Phone: (928) 213-1400

Target Optical — Flagstaff

Vision Health Resources

Optician 1650 South Milton Rd. Flagstaff, AZ 86001 Phone: (928) 864-5306

Barnet Dulaney Perkins Eye Center

Ophthalmology 350 North Switzer Canyon Dr. Flagstaff, AZ 86001 Phone: (928) 779-0500

The Eye & Laser Center

Ophthalmology 900 North San Francisco Flagstaff, AZ 86001 Phone: (928) 779-7000

Dr. Douglas M. Savery

Optometry 1650 South Milton Rd. Flagstaff, AZ 86001 Phone: (928) 779-2459

Page Eye Center

Optometry 420 North Navajo Page, AZ 86040 Phone: (928) 645-2772

Vision Health Resources

New Mexico-Gallup and Farmington

Please call the providers you are interested in obtaining services from to check if they accept your insurance.

Gallup Indian Medical Center — Eye Clinic

Optometry

516 East Nizhoni Blvd. Gallup, NM 87301

Phone: (505) 722-1326

Gallup Eye Group

Optometry, pediatric eye exams

816 Boardman Dr. Gallup, NM 87301

Phone: (505) 339-2015

Nizhoni Vision Center

Optometry, pediatric eye exams 305 East Nizhoni Blvd.

Gallup, NM 87301

Phone: (505) 863-5747

Dr. Robert D'orazio

Optometry, pediatric eye exams

305 East Nizhoni Blvd. Gallup, NM 87301

Phone: (505) 863-5747

Vision Clinic

Optometry

1300 South Second St. Gallup, NM 87301

Phone: (505) 722-3388

Eye Associates of New Mexico — Gallup

Ophthalmology

311 East Nizhoni Blvd. Gallup, NM 87301

Phone: (505) 722-2268

Khoury Eye Care

Optometry

1300 West Maloney Ave. Suite 208

Gallup, NM 87301

Phone: (505) 863-1909

Dr. Walter Balfour

Optometry

219 West Coal Ave. Gallup, NM 87301

Phone: (505) 863-6448

Dr. Paul Graves

Optometry

1300 South 2nd St. Gallup, NM 87301

Phone: (505) 722-3388

Walmart Vision & Glasses — Gallup

Optician

1650 West Maloney Ave.

Gallup, NM 87301

Phone: (505) 722-8936

Eagle Vision

Optician

1109 US 491

Gallup, NM 87301

Phone: (505) 722-7296

Bishop Optical

Optician

1500 South 2nd St. #3

Gallup, NM 87301

Phone: (505) 722-7254

Eye Associates of New Mexico — Farmington

Ophthalmology, Optometry, pediatric eye

exams

622 West Maple Suite E Farmington, NM 87401

Phone: (505) 325-4003

Sky View Eyecare

Ophthalmology, Optometry, pediatric eye

exams

3450 East Main St.

Farmington, NM 87402

Phone: (505) 325-7070

New Mexico Eye Clinic

Ophthalmology, Optometry

2300 East 30th St. Suite 105

Farmington, NM 87401

Phone: (505) 327-0406

Advanced Family Eyecare

Optometry

1711 East 20th St.

Farmington, NM 87401

Phone: (505) 326-4080

Vision Mart

Optometry, emergency eye care

520 East Main St., Farmington, NM 87401

Phone: (505) 325-2020

Classic Eyewear

Optometry

113 West Broadway

Farmington, NM 87401

Phone: (505) 326-2020

Stanton Optical

Optometry

4906 East Main St.

Farmington, NM 87402

Phone: (505) 600-4000

Sam's Club Optical Center

Optometry

4500 East Main St., Farmington, NM 87402

Phone: (505) 326-7967

Walmart Vision Center

Optometry

1400 West Main St.

Farmington, NM 87401

Phone: (505) 327-4350

Eyemart Express

Optician

3450 East Main St. Suite B Farmington, NM 87402

Phone: (505) 326-7800

Police Departments

Apache County Sheriff

1(800) 325-1850

Chinle Police District

(928) 674-2111 or 2112

Crownpoint Police District

(505) 786-2050 or 2051

Dilkon Police District

(928) 657-8075

Gallup Metro Dispatch

(505) 722-2231

Kayenta Police District

(928) 697-5600

Shiprock Police District

(505) 368-1350 or 1351

Tuba City Police District

(928) 283-3111

Window Rock Police District

(928) 871-6111 or 6112

Fire Departments

Ganado Fire District

(928) 755-3400

Navajo Nation Window Rock Fire

District

(928) 871-6915

Puerco Valley Fire District

(928) 688-2424

Fire Stations

#10 Window Rock

(928) 871-7557

#12 Fort Defiance

(928) 729-4062

#20 Shiprock

(505) 368-5719

#21 Newcomb

(505) 696-3359

#22 Ojo Amarillo

(505) 566-2852

#40 Tuba City

(928) 283-3007

#50 Chinle

(928) 614-2105

#80 Luepp

(928) 686-3254

#81 Twin Arrows

(928) 856-7299

Navajo Nation Emergency Medical Services (EMS)

Administration

(928) 871-6410

Chinle

(928) 674-7099 or 7098

Crownpoint

(505) 786-5899

Fort Defiance

(928) 729-8619

Inscription House (928) 672-3017 or 3111

Kayenta

(928) 967-4074 or 4075

Pinon

(928) 725-9681

Red Mesa

(928) 656-5542 or 5540

Shiprock

(505) 368-6176 or 6175

Tohajiilee

(505) 908-2367

Tohatchi

(505) 733-2570

Torreon

(505) 731-2393

Tuba City

(928) 283-2531 or 2532

Winslow

(928) 289-6120

EMERGENCY PHONE NUMBERS

Emergency Contac	ets		
CONTACT 1 NAME		RELATIONSHIP	
PHONE 1		PHONE 2	
ADDRESS			
CONTACT 2 NAME		RELATIONSHIP	
PHONE 2		PHONE 2	
ADDRESS			
CONTACT 2 NAME		RELATIONSHIP	
PHONE 2		PHONE 2	
ADDRESS			
Neighbors/Relativ	es		
NAME		PHONE	
NAME		PHONE	
NAME		PHONE	
Medical Contact In	fo		
DOCTOR NAME		PHONE	
DENTIST NAME		PHONE	
HOSPITAL		PHONE	
Police/ Fire/ Ambu	ulance/ 9-1-1		
POLICE DEPARTMENT		PHONE	
FIRE DEPARTMENT		PHONE	
ELECTRIC COMPANY		PHONE	
GAS COMPANY		PHONE	
WATER COMPANY		PHONE	
POISON CONTROL		PHONE	
ANIMAL CONTROL		PHONE	

"Shik'éí, Shidine'é, ałtah háásjįłgóó, ha'áádi dah léi' nihizaad, nihisodizin, ádóone'é niidlínígíí dóó nihe'á'alį nihił ch'aawóle' sha'áłchíní, hosidoolį j̃'jj', sidoałdee'jį'..." -Hastiin Ch'ilhaajiiné

> "My people, don't let our language, prayers, kinship and culture fade. Let it remain with us from the beginning of life until the end of time..." -Chief Manuelito





Access this guide online at:

FirstThingsFirst.org/regions/navajo-nation/

FIRST THINGS FIRST