FIRST THINGS FIRST

Yavapai Region



2022 Needs and Assets Supplemental Report:

Children's Access to and Use of Public Health Services

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EXECUTIVE SUMMARY

Under the direction of First Things First (FTF), the Arizona State University Center for Health Information & Research (CHiR) conducted a regional network analysis of children from birth to age 5 to determine the health assets and health needs in the Yavapai Region. Yavapai Region consisted of the following subregions: Ash Fork, Bagdad, Chino Valley, Cordes Junction, Prescott, Prescott Valley, Sedona, Verde Valley, and Yavapai South. The main data source was claims data from the Arizona Health Care Cost Containment System (AHCCCS), Arizona's Medicaid agency; therefore, the results presented in this report were for children and mothers who were enrolled in AHCCCS from 2017 to 2019. This population was denoted as AHCCCS children or AHCCCS women.

CHiR and representatives from the FTF Regions, Programs, and Evaluation teams determined priority indicators for this report. AHCCCS children's health was measured in the following categories: primary care and well-child visits, health care workforce, screening for lead poisoning, weight assessment and counseling, developmental health, behavioral health, vision, hearing, oral health, immunizations, maternal prenatal and postpartum care, and health plan performance. Many of the reported indicators were from the Healthcare Effectiveness Data and Information Set (HEDIS)². HEDIS is a performance improvement tool whereby health plans, health care organizations and government agencies submit data on specific health measures. HEDIS uses the collected data to calculate national performance statistics and benchmarks and set standards for measures. HEDIS specifications were applied to the AHCCCS population for each region. Non-HEDIS indicators, which do not have associated benchmarks, were compared to state and national data when possible. The results were displayed by gender, age, race, ethnicity, tribal affiliation³, provider type, and health plan when the data was available and within data suppression guidelines. The results of the analyses are summarized below. When possible, the results are grouped by 1) indicators that met or were above the state average or national HEDIS standards and 2) indicators that did not meet or were below the state average or national HEDIS standards. Other notable findings are also presented that do not have comparison data.

Population and Demographics of Children Enrolled in AHCCCS

There were 234,616 children from birth to age 5 enrolled in AHCCCS statewide from 2017 to 2019. In Yavapai Region there were 6,086 children enrolled in AHCCCS in 2017, 5,727 children enrolled in 2018 and 5,649 children enrolled in 2019. Of these, male AHCCCS children outnumbered females by 3-5%. There

¹ Data used in this report covers all AHCCCS members in Arizona, including members living in FTF tribal regions and subregions. Reports for tribal regions and subregions were carried out with specific approval from each tribe. For those tribal regions and subregions who did not give approval, data is included only in aggregate totals for Arizona, and—in the case of a tribal subregion—aggregate totals for the region.

² See https://www.ncqa.org/hedis/

³ Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS.

were 11% more infants and toddlers than preschoolers in 2017, with the difference dropping to 6% more in 2018 and 5% more in 2019.

Nearly 90% of the AHCCCS children in Yavapai Region lived in four subregions: Prescott Valley (31%), Verde Valley (30-31%), Prescott (14%) and Chino Valley (13-14%). By race, there were 69-73% of AHCCCS children who reported as Caucasian/White, 3% reported as Black, 1% reported as Asian/Pacific Islander and 5% reported as Native American. Of those, 25-27% reported as Hispanic or Latino, and 7% were affiliated with a tribal community. AHCCCS children in the region were mostly enrolled in two health plans: UnitedHealthcare (38-56%) and Banner University Family Care (20-30%). Annual health claims were submitted most often by physicians (26-33%), followed by pharmacies (13-15%), Registered Nurse Practitioner (7-12%), behavioral health outpatient clinics (8%) and hospitals (7-8%).

Health Care Workforce

The supply of physicians in the United States is tracked by the Association of American Medical Colleges biennially. Arizona had 160 hospitals individually licensed by the state which were subtyped as children, critical access, long term, short term, psychiatric, rehabilitation, transplant and non-participating. The Yavapai Region had four short-term hospitals in Cottonwood, Prescott and Prescott Valley along with two psychiatric hospitals, two non-participating hospitals and one rehabilitation hospital. Four Federally Qualified Health Center sites, two rural health clinics, ambulatory surgical centers, medical groups and outpatient treatment centers and other medical facilities are available in the Region. The rate of available primary care physicians in the region was 17-20 primary care physicians per 1,000 AHCCCS children compared to the statewide rate of 23-24 per 1,000 AHCCCS children. For primary care physicians accepting AHCCCS patients, the regional rate was 10-12 physicians per 1,000 AHCCCS children. For dentists accepting AHCCCS patients, the regional rate was 7-8 dentists per 1,000 AHCCCS children compared to 16-17 dentists per 1,000 AHCCCS children statewide.

We compared the distance that regional and statewide AHCCCS children needed to travel to the nearest provider type to assist in determining whether the population in the region may have access to care issues based on travel distance. To visit the nearest primary care physician or pharmacy, 36-38% of regional AHCCCS children traveled up to one mile for services and another 40-44% traveled one to five miles compared to 56-64% of AHCCCS children statewide who traveled up to one mile and another 26-35% traveled one to five miles. The nearest behavioral health provider was one mile away or less for 42-43% of regional AHCCCS children, one to five miles away for 36% of children, and five to 10 miles away for 10% of children versus one mile away or less for 62-65% of AHCCCS children statewide and one to five miles away for 27-30% of statewide AHCCCS children. Around 12% of regional AHCCCS children traveled one mile or less to the nearest hospital and another 43-44% traveled one to five miles compared to 12% of AHCCCS children statewide who traveled one mile or less and another 69% who traveled one to five miles. To visit the nearest dentist, 28-31% of regional AHCCCS children traveled one mile or less and another 54-

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⁴ Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS.

59% traveled one to five miles compared to 62-63% of statewide AHCCCS children who traveled one mile or less and another 28-29% who traveled one to five miles.

Primary Care and Well-Child Visits

Access to primary care is important for the health and well-being of children. Primary care practitioners (PCPs) provide appropriate screenings, treatment and preventive services. When children regularly visit a PCP, they are less likely to visit the emergency department for non-urgent care. Well-child visits are PCP visits scheduled at designated age intervals where a child's growth and development are measured and tracked according to national guidelines. PCPs examine a child holistically for physical, mental, emotional and social/environmental health during a well-child visit.

Regionally from 2017 to 2019, 88% of AHCCCS children had at least one PCP visit compared to 85-86% of AHCCCS children statewide and 86-87% of Medicaid children nationally. All rates exceeded the AHCCCS Minimum Performance Standard (MPS)⁵ of 84%. The following subregions met or exceeded the AHCCCS statewide rates and MPS for annual PCP visits: Ash Fork (2018 and 2019), Bagdad (2018), Chino Valley (all years), Cordes Junction (all years), Prescott (all years), Prescott Valley (all years), Sedona (2017 and 2019) and Verde Valley (all years). AHCCCS children who had annual PCP visits were more likely to be ages 1-2 (92-94%) than ages 3-5 (85%), Hispanic and Latino (90-91%) than Non-Hispanic or Latino (87-88%) and Black (88-90%) than other races.

Regionally, 51-59% of AHCCCS children birth to 15 months had six or more well-child visits compared to 53-60% of AHCCCS children statewide and 63-66% of Medicaid children nationally. The region and state rates were below the AHCCCS MPS of 65% in 2017 and 2018 and 62% in 2019 for this indicator. Subregions Cordes Junction and Prescott Valley exceeded the AHCCCS statewide rate and MPS in 2019 for six or more well-child visits for AHCCCS children birth to 15 months. Regional AHCCCS children birth to 15 months who had six or more well-child visits were more likely to be Hispanic or Latino (53-65%) than Non-Hispanic or Latino (50-57%) and affiliated with a tribe in 2019 (67%) than not affiliated (59%).

For AHCCCS children ages 3-5, 61-65% of regional children had an annual well-child visit compared to 62-65% of statewide children and 72-74% of Medicaid children ages 3-6 nationally. The region was below the AHCCCS MPS of 66% for this indicator. Four subregions met or exceeded the AHCCCS statewide rates and MPS for annual well-child visits for AHCCCS children ages 3-5 in 2019: Ash Fork, Cordes Junction, Prescott Valley and Sedona. Regional AHCCCS children who had an annual well-child visit were more likely to be Hispanic or Latino (66-68%) than Non-Hispanic or Latino (59-64%) and Asian/Pacific Islander (69%) than other races in 2017 and 2019.

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⁵ Minimum Performance Standard (MPS) is the minimal expected level of performance by AHCCCS Contractors. AHCCCS-reported rates are the official rates used to determine Contractor compliance with performance requirements. If a Contractor does not achieve the MPS, they will be required to submit a corrective action plan and may be subject to sanctions for each deficient measure.

Screening for Lead Poisoning

Lead poisoning is a silent killer because often there are no symptoms. Exposure to lead can cause irreversible damage to the brain and other vital organs in children, as well as intellectual and behavioral deficits. To detect abnormal blood lead levels in children, screenings are conducted via a blood lead test. According to the Arizona Department of Health Services (ADHS), children who live in areas designated as high-risk for lead poisoning should receive a blood lead test at 12 and 24 months of age, and older children who have not been previously tested should receive the blood lead test.⁶

ADHS reported 61,391 children under age six (14% of children under age 5) were screened in 2019, and 40,773 (66%) of those children lived in high-risk areas. Of the children living in high-risk areas, 29% were screened at 12 months of age, and 19% were screened at 24 months of age. Only 10% of children were screened at both intervals. For AHCCCS children being screened for lead poisoning one or more times by their second birthday, the regional rates increased from 30-40% compared to AHCCCS statewide rates which increased from 32% in 2017 to 35% in 2019. Four subregions met or exceeded the AHCCCS statewide rates for one or more blood lead screenings for lead poisoning by the second birthday: Chino Valley (all years), Cordes Junction (2018), Prescott (all years) and Prescott Valley (all years).

Weight Assessment and Counseling

Childhood obesity has both short-term and long-term effects, so it is important for PCPs to monitor weight problems in children and provide guidance for maintaining a healthy weight and lifestyle. The prevalence of obesity among children aged 2–5 years in 2015-2016 was 14% according to a national survey. For this report, we focused on AHCCCS children ages 3-5.

In the Yavapai Region, 9-11% of AHCCCS children received weight assessment and counseling compared to AHCCCS children statewide who were assessed at rates of 9-19%. Seven to nine percent of regional AHCCCS children received nutrition counseling versus 4-5% of statewide AHCCCS children. One to six percent of regional AHCCCS children received physical activity assessments while AHCCCS children statewide were assessed <1-1%.⁷ The national HEDIS Medicaid rates included children ages 3-17, and therefore, were not strictly comparable to the region or state rates for AHCCCS children ages birth to 5.

Developmental Screening and Delay

During early childhood, children grow and develop at a rapid pace physically and cognitively. Although children develop skills at different times, there are guidelines that define the period when an average child should meet certain developmental milestones. National pediatric guidelines recommend developmental screenings during well-child visits for all children ages 9 months, 18 months, 2 years and

⁶ https://www.azdhs.gov/preparedness/epidemiology-disease-control/lead-poisoning/index.php#high-risk-zip-codes-home

⁷ Physical Activity Counseling includes sports physicals which are not provided to children in the early childhood age group.

2.5 years. Developmental delay occurs when a child does not demonstrate mastery of developmental milestones. Developmental delays have been found to occur in 10-15% of preschool children nationwide.

Rates of developmental screenings in AHCCCS children birth to age 5 were 6-11% at the regional level compared to statewide AHCCCS rates of 10-14%. Developmental screenings were conducted most often in physician offices (66-84%). Regional AHCCCS children were most likely to receive developmental screenings in the following subregions: Ash Fork (2018 and 2019), Cordes Junction (2018 and 2019), Prescott Valley (2018 and 2019), Sedona (2019) and Verde Valley (2018 and 2019).

Rates of diagnosing developmental delay in AHCCCS children were 2-3% at the regional level compared to 3-5% at the state level for AHCCCS children. Regional AHCCCS children who were diagnosed with developmental delay were more likely to reside in the following subregions: Cordes Junction (all years), Prescott (all years), Prescott Valley (all years) and Yavapai South (2018). Regional AHCCCS children who were diagnosed with developmental delay were more likely to be ages 3-5 (3-5%) than age 0 (1%) and ages 1-2 (3%), and Native American (3-4%) than Caucasian/White (2-3%). Of those AHCCCS children who were diagnosed with developmental delay, 41-59% of regional AHCCCS children received behavioral health services compared to 47-58% of AHCCCS children statewide. Regional AHCCCS children diagnosed with developmental delay were most likely to receive behavioral health services in the following subregions: Chino Valley, Cordes Junction, Prescott, Prescott Valley and Verde Valley. Male regional AHCCCS children (42-63%) were more likely to receive behavioral health services than females (32-55%).

Behavioral Health

The social-emotional development and adaptive functioning of a young child is as important as their physical health. Negative early childhood events can lead to behavioral and physical health problems in adulthood if behavioral health intervention services are not provided at the infant and toddler stages. For young children, behavioral health services ⁹ would likely include day programs, crisis services, rehabilitation services, health promotion, mental health counseling, psychiatric and psychologist services, and various support services.

Thirteen to seventeen percent of AHCCCS children in Yavapai Region received behavioral health services compared to 11-16% of AHCCCS children statewide. Regional AHCCCS children were more likely to receive behavioral health services in the following subregions: Prescott (all years), Prescott Valley (2019) and Yavapai South (2019. Regional AHCCCS children who received behavioral health services were more likely to be male (16-20%) than female (11-13%), affiliated with a tribe (15-19%) than not affiliated (14-17%) in 2018 and 2019, and Black (15-16%) than other races in 2017 and 2018.

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⁸ Due to the limited capture of developmental screenings in claims data alone, these rates should be interpreted with caution.

⁹ For more detail on AHCCCS behavioral health services, visit https://www.azahcccs.gov/Members/AlreadyCovered/coveredservices.html

Vision¹⁰

Visual impairment affects a child's development, performance, and quality of life. Fortunately, most vision problems are successfully treated when detected early through regular visits to PCPs, and well-child visits should include a vision screening. It has been estimated that 20% of preschool children in the United States have eye or vision problems. Arizona's Eyes on Learning Vision Coalition recommends a vision screening beginning at age one. Children ages 3-5 should have at least one vision screening by a PCP or trained screener, and annual screenings should be provided to children in kindergarten through fourth grade.

In Yavapai Region, 50-55% of AHCCCS children received an annual vision screening or well-child visit compared to 43-47% of AHCCCS children statewide. Rates for regional AHCCCS children receiving an annual vision screening or well-child visit were higher than the regional average in the following subregions: Ash Fork (2019), Chino Valley (2018), Cordes Junction (all years), Prescott Valley (2017 and 2019), Sedona (2018 and 2019) and Verde Valley (all years). Regional AHCCCS children receiving an annual vision screening or well-child visit were more likely to be ages 1-2 (72-78%) than ages 3-5 (59-66%), and Hispanic or Latino (55-60%) than Non-Hispanic or Latino (49-54%). Eye exams were conducted much less frequently, ranging 4-6% annually at the regional and state levels for AHCCCS children. Rates for regional AHCCCS children receiving eye exams were higher in following subregions: Chino Valley (2017), Cordes Junction (2018 and 2019), Prescott (2018 and 2019), Prescott Valley (all years) and Verde Valley (2019). Regional AHCCCS children receiving eye exams were more likely to be ages 3-5 (7-9%) than ages 1-2 (3-4%). Follow-up eye exams were conducted on AHCCCS children in the region and statewide at rates of 4-5%. AHCCCS children with visually significant eye conditions received treatment at rates of 44-51% regionally compared to 54-60% statewide.

Hearing¹⁰

Most children begin hearing sounds at birth and learn to speak over time by imitating the sounds around them. However, it is reported that around two or three out of every 1,000 children are born deaf or hard-of-hearing in the United States, and more lose their hearing later in childhood. For children diagnosed with hearing loss, early detection, intervention and treatment would provide each child with the opportunity to develop better language and communication skills. Arizona strives to screen all infants before one month of age. Infants who do not pass the initial hearing screen and a rescreening, should be evaluated further to confirm or diagnose hearing loss before 3 months of age. Infants diagnosed with permanent hearing loss should receive intervention services before 6 months of age.

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¹⁰ Per the AHCCCS Medical Policy Manual, AHCCCS children should receive hearing and vision screenings during their well-child visits according to the periodicity schedule. Claims data does not specify each service provided during a well-child visit; thus, we cannot verify whether these screenings were provided according to the schedule. The rates in this report should be interpreted with caution.

¹⁰ ibid

Around 99% (82,035) of all Arizona infants received a newborn hearing screening in 2017 which was slightly higher than the national rate of 98%. Less than 1% of all Arizona infants were diagnosed with permanent hearing loss, and of those, 42% were diagnosed before three months of age. Nationally, 10% of infants were diagnosed with permanent hearing loss, and of those, approximately 74% were diagnosed before three months of age. Additional audiology services were provided to 7-15% of AHCCCS children under age one in the region compared to 9-12% of AHCCCS children statewide. Regional AHCCCS children under age one were most likely to receive a hearing screening in Sedona in 2017, Prescott Valley in 2018 and Verde Valley in 2019.

Hearing screenings were provided to 9-15% of AHCCCS children ages 1-5 in the region compared to 20-28% of AHCCCS children statewide. Regional AHCCCS children ages 1-5 who received a hearing screening were most likely to reside in Prescott in 2017, Cordes Junction in 2018 and Prescott Valley in 2019. The provision of additional audiology services to regional AHCCCS children ages 1-5 decreased from 92% in 2017 to 89% in 2019, while statewide AHCCCS children's rates decreased from 68% to 57% over the same period. AHCCCS children ages 3-5 (90-97%) were more likely to receive additional audiology services than ages 1-2 (78-89%).

Oral Health

Oral health is a key indicator of overall health, well-being and quality of life. Access to dental care is necessary to maintain good oral health. Two preventative care dental visits are recommended annually for children. For young children, the application of fluoride varnish to primary and permanent teeth is also recommended to prevent cavities.

In Yavapai Region, 50-57% of AHCCCS children had at least one annual dental visit compared to 51-53% of AHCCCS children statewide. Neither the region nor the state met the AHCCCS MPS of 60% for annual dental visits for ages 2-20. Two subregions met or exceeded the AHCCCS MPS: Ash Fork (2019) and Prescott Valley (2018 and 2019). Regional AHCCCS children who had at least one annual dental visit were more likely to be ages 3-5 (62-67%) than ages 1-2 (36-42%) and Hispanic or Latino (58-66%) than Non-Hispanic or Latino (48-55%). Two preventative care dental visits are recommended annually for children. In the region, 21-25% of AHCCCS children received the biannual preventative care dental visit compared to 18-20% of AHCCCS children statewide; however, 48-55% of regional AHCCCS children had at least one preventative care dental visit per year.

Fluoride varnish was applied to 45-52% of AHCCCS children in the region compared to 47-49% of AHCCCS children statewide. Subregions Ash Fork (2017 and 2019), Chino Valley (all years), Cordes Junction (2017 and 2018), Prescott (2018 and 2019), Prescott Valley (all years), Sedona (2017) and Verde Valley (2019) met or exceeded the AHCCCS statewide rate for AHCCCS children having received a fluoride varnish application. Regional AHCCCS children who had a fluoride varnish application were more likely to be ages 3-5 (56-60%) than ages 1-2 (31-39%) and Hispanic or Latino (51-59%) than Non-Hispanic or Latino (43-50%).

Maternal Prenatal and Postpartum Care

The health of women before pregnancy and after delivery significantly impacts their health and the health of their babies. Thus, it is important to focus on women's prenatal and postpartum care. Prenatal care

involves regular visits to a health care provider to monitor the mother's health and health of the developing fetus. Women should have at least one prenatal visit in the first trimester of pregnancy. The period of up to 60 days following childbirth is called the postpartum period for AHCCCS women. Preexisting health conditions, social determinants, and newly developed conditions contribute to maternal morbidity and mortality during this period so at least one postpartum visit is recommended.

In Yavapai Region, 92-95% of pregnant women began prenatal care in the first trimester compared to 84-86% of AHCCCS women statewide, which were both above the Healthy People 2030 target rate of 81%¹¹. All subregions met or exceeded the Healthy People 2030 target rate for timely prenatal care except for Bagdad (suppressed for all years) and Cordes Junction (2019). The demographics for AHCCCS women receiving timely prenatal care varied among categories. For postpartum care, 92-93% of regional AHCCCS women had at least one postpartum visit compared to 88-89% of AHCCCS women statewide and 64-75% of Medicaid women nationally. The subregions who met or exceeded the AHCCCS statewide rates for at least one postpartum visit in all years were Chino Valley, Prescott, Prescott Valley, Sedona and Verde Valley. There were slight variations in the demographics for postpartum visits, but the overall rates were high, ranging 80-100%.

Health Plan Performance

This section provided a selection of health indicators to compare results among AHCCCS children enrolled in each of the AHCCCS health plans available in the region. All regional health plans met or exceeded the AHCCCS statewide aggregate performance and MPS for PCP visits for ages 1-5 in at least one year. Regional health plan performance was high for at least one well-child visit in the first 15 months, ranging 94% to 100% for all reporting health plans. Mercy Care Plan was the only health plan that met or exceeded the AHCCCS statewide aggregate rate and MPS for six or more well-child visits in the first 15 months in 2019. Three health plans met or exceeded the AHCCCS statewide aggregate rate and MPS for one or more annual well-child visits for ages 3-5: Care 1st (2017 and 2019), Comprehensive Medical and Dental Program (2019) and Mercy Care Plan (2018). Three regional health plans met or exceeded the AHCCCS statewide aggregate health plan performance and MPS for preventative care dental visits¹² for ages 1-5: Banner University Family Care (2019), Care 1st (2017) and DES Developmental Disability (all years).

Conclusion

From 2017 to 2019, Yavapai Region showed strong performance on the following AHCCCS children's and women's health indicators: annual PCP visits, lead poisoning screenings, newborn hearing screenings, immunizations (DTaP, Hepatitis, Combo 3), and prenatal and postpartum care visits. These achievements contributed to good health outcomes throughout the region. The areas where needs were identified for

¹¹ Healthy People 2030 Prenatal Care Objective - https://health.gov/healthypeople/objectives-and-data/browse-objectives/pregnancy-and-childbirth/increase-proportion-pregnant-women-who-receive-early-and-adequate-prenatal-care-mich-08

¹² The AHCCCS statewide indicator for preventative care dental visits includes ages 2-20, which incorporates a significantly larger number of AHCCCS children than our reporting on ages birth to 5, so the rates should be compared with caution.

AHCCCS women and children included well-child visits, developmental screenings, vision screenings, oral health, and the supply of health care professionals. The information in this report can be combined with other available information to create a more comprehensive view of young children and women in the region for regional council planning.

INTRODUCTION

THE IMPORTANCE OF EARLY CHILDHOOD HEALTH

Under the direction of First Things First (FTF), the Arizona State University Center for Health Information & Research (CHiR) conducted a regional analysis of children from birth to age 5 to explore the health assets and needs in the FTF Yavapai Region. This report provides detailed health utilization and access to services for children birth through 5, along with prenatal and postpartum women, who were enrolled in the Arizona Health Care Cost Containment System (AHCCCS). Additional information is provided via medical board licensing data to further describe access to medical professionals and services contracted under AHCCCS. The goal is for the FTF Regional Partnership Councils to utilize the findings in this report when conducting regional planning discussions, as an additional resource and tool to the Regional Needs and Assets base report.

DEFINITIONS

Access to Care

This term refers to making health care services readily available when needed and removing all barriers.

Age Groups

- Age is defined as the age of the patient on Dec. 31 of each given year. The age for a patient is constant through the report year. Special age breakdowns are listed for certain indicators that have an associated milestone.
- Infants: less than 1 year of age
- Toddlers: greater than or equal to 1 year of age to less than 3 years of age
- Preschooler: greater than or equal to 3 years of age to less than 6 years of age

Assets

An asset is a finding where young children or women appear to be faring well regarding utilization of or access to health care.

Behavioral Health

To determine whether children are receiving behavioral health services, we used the following definition: category of service on claim equals mental health services (category of service = 47) or primary diagnosis is a behavioral health diagnosis as listed in the AHCCCS Behavioral Health Services Matrix https://www.azahcccs.gov/PlansProviders/MedicalCodingResources.html.

Children

Unless noted otherwise, all references to children denote children, ages birth to 5, who are AHCCCS members.

CMS Median

The Centers for Medicare & Medicaid Services (CMS) annually collects and reports state performance rates on a standardized set of care quality measures for Medicaid and Children's Health Insurance Program beneficiaries, called the Child and Adult Core Set. The CMS Median is the average performance among reporting states for each measure.

Habilitation

Training in independent living skills or special developmental skills, sensory-motor development, orientation and mobility and behavior intervention.

<u>Healthcare Effectiveness Data and Information Set</u>

The Healthcare Effectiveness Data and Information Set (HEDIS) is a tool produced by the National Committee for Quality Assurance (NCQA) that is used by most U.S. health plans to measure performance and quality in health care. HEDIS® contains over 90 measures under six domains of care: effectiveness of care, access/availability of care, experience of care, utilization and risk adjusted utilization, health plan descriptive information, and measures reported using electronic clinical data systems. The national committee collects HEDIS® survey results from health plans and Preferred Provider Organizations through the Healthcare Organization Questionnaire and collects non-survey data through the Interactive Data Submission System. HEDIS measures are specifically defined to make comparisons among health plans. The measurement set is reviewed annually. CHiR uses the AHCCCS claims within HEDIS. HEDIS measures have complicated numerator and denominator calculations, and therefore, are expressed and interpreted as rates.

Health Plans

Health plan categories include acute care, Children's Rehabilitative Services, Comprehensive Medical and Dental Program, Developmental Disability/Department of Economic Security, Long Term Care, and Fee-For-Service American Indian health plans.

Minimum Performance Standard

Minimum Performance Standard (MPS) is the minimal expected level of performance by AHCCCS Contractors. AHCCCS-reported rates are the official rates used to determine Contractor compliance with performance requirements. If a Contractor does not achieve the MPS, they will be required to submit a corrective action plan and may be subject to sanctions for each deficient measure.

Needs

A need is an area where it appears that access or utilization of health care is low.

Postpartum Period

The AHCCCS postpartum period begins the day the pregnancy terminates and continues for 60 days following pregnancy termination.

Primary Care Physician Specialties

Physicians included in the primary care specialty include Family Practitioner, General Practitioner, Internal Medicine and Pediatrician.

Race/Ethnicity

Race and ethnicity are grouped and reported in the following manner.

- Race
 - Asian/Pacific Islander
 - o Black
 - Caucasian/White
 - o Native American
 - Other/Unknown

- Ethnicity
 - Hispanic or Latino
 - Not Hispanic or Latino
 - o Unknown

Up until 2017, AHCCCS only collected one race/ethnicity variable and used the Hispanic value to denote Hispanic or Latino origin. As of 2017, AHCCCS began collecting race and ethnicity as separate variables. Hispanic is retained as a race variable, but AHCCCS is phasing out its use; therefore, the decrease in the use of Hispanic in the race variable correlates to the increase in reporting of Unknown in the race variable. Ethnicity is reported separately beginning in 2018 and notes on its use in this report are below.

- Individuals who reported "Not Hispanic, Latino, Spanish" are not of Hispanic or Latino origin.
- To denote those of Hispanic or Latino origin, we combine Mexican, Mexican American, Chicano, Puerto Rican, Cuban, Other Hispanic/Latino Origin, and Hispanic or Latino Unknown.
- All individuals who reported a race/ethnicity of Hispanic prior to 2017 were assigned a race of other/unknown and an ethnicity of Hispanic or Latino origin
- Ethnicity Unspecified refers to individuals who did not answer or were not provided the opportunity to give this information.
- Ethnicity Unknown means the individual chose to be unknown. AHCCCS started phasing out this category in October 2018.
- Data on multiracial individuals is not collected.

Tribal Affiliation

Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS. This is based on AHCCCS-stated affiliation, not residential location.

Well-Child Visits

Children enrolled in AHCCCS receive well-child visits under the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Program. The EPSDT program provides comprehensive treatment and preventive health care services for children under age 21. The services include dental, physical, behavioral health, developmental, vision, hearing, screenings and other specialty services. EPSDT visits are all-inclusive, meaning one payment is made for all services rendered during the visit. Only certain services are billed

separately when conducted by qualified health care providers, and those are: nutritional assessments, developmental screenings, immunizations, fluoride varnish and ocular photo screening.

Women

Unless noted otherwise, all references to women denote women who were AHCCCS members.

APPROACH

CHIR and representatives from the FTF Regions, Programs, and Evaluation teams determined priority indicators for this report. FTF provided the regional and subregional boundaries. Yavapai Region consisted of the following subregions: Ash Fork, Bagdad, Chino Valley, Cordes Junction, Prescott, Prescott Valley, Sedona, Verde Valley, and Yavapai South. The main data source was claims data from the Arizona Health Care Cost Containment System (AHCCCS), Arizona's Medicaid agency; therefore, the results presented in this report were for children and mothers who were enrolled in AHCCCS from 2017 to 2019. This population was denoted as AHCCCS children or AHCCCS women.

AHCCCS children's health was measured in the following categories: primary care, well-child visits, health care workforce, screening for lead poisoning, weight assessment and counseling, developmental screening and delay, behavioral health, vision, hearing, oral health, immunizations, maternal prenatal and postpartum care, and health plan performance.

Many of the reported indicators were from the Healthcare Effectiveness Data and Information Set (HEDIS). HEDIS is a performance improvement tool whereby health plans, health care organizations and government agencies submit data on specific health measures. HEDIS used the collected data to calculate national performance statistics and benchmarks and set standards for measures. HEDIS specifications were applied to the AHCCCS population for each region. The denominators were listed within each indicator and are available on the National Committee for Quality Assurance website at https://www.ncqa.org/hedis/. Inclusion generally required a child to have continuous enrollment for the reporting year with no more than one gap smaller than 45 days allowed. Some indicators also required enrollment in a period preceding the reporting year.

Non-HEDIS denominators were derived from the children who met the AHCCCS inclusion criteria for the region. The AHCCCS inclusion criteria were children ages 0-5 (0 <= age < 6) who were enrolled in AHCCCS in 2017, 2018, or 2019 and residing in Arizona regions defined by First Things First. Health claims were for paid services in 2017, 2018, or 2019. Additional AHCCCS enrollment requirements were indicator-based. The complete population of children covered by AHCCCS were not included due to the limitations on AHCCCS enrollment gaps which were not met by all children.

For the distance analysis that was reported in the health care workforce section, all AHCCCS-enrolled children were assigned coordinates on a map related to their residential address on file. Health providers were also assigned coordinates from their address on file or public address, if available. Each child's address was analyzed to determine the distance in miles to the closest provider for each provider type. Note that the closest provider may or may not accept AHCCCS patients, but this was not verified for this

analysis. The children were then grouped into distance ranges as percentages. The region and state percentages were listed side-by-side to compare totals and determine if the population in the region may have access to care issues due to the distance required to travel for health services.

Data used in this report covered all AHCCCS members in Arizona, including members living in FTF tribal regions and subregions. Report creations for tribal regions and subregions was carried out with specific approval from the tribe. For those tribal regions who did not give approval, data was included only in aggregate totals for Arizona. In the case of a tribal subregion, only aggregate totals for Arizona and the region were included.

REPORTING

There are 13 health topics discussed in this report. Each section begins with context on the importance of the health topic before discussing the results from the AHCCCS claims data.

The AHCCCS results are presented at the regional level with state and national benchmarks provided for comparison, where available. When possible, the results are grouped by 1) indicators that met or were above the state average or national HEDIS standards and 2) indicators that did not meet or were below the state average or national HEDIS standards. Other notable findings are also presented that do not have comparison data. Most results are presented as percentages for standardization purposes and ease of comparison with benchmarks. The terms rate and percent are used interchangeably.

After reporting the general regional demographics, the results are displayed by gender, age group, race, ethnicity, tribal affiliation, provider type, and/or health plan when the data was available and within the data suppression guidelines stated below. Each section contains maps to display the results at the subregional level. The maps have a color gradient which compared the performance among the subregions for each indicator. A darker color denotes a higher percentage of individuals in the subregion who are included in the indicator. Percentages over 1% are rounded to the nearest whole number. Percentages less than 1% are denoted as "<1%".

A brief conclusion summarizes how well the region is doing with regards to access and utilization of health care services and provides areas where the regional councils may want to focus during their regional planning conversations.

The Executive Summary is designed to provide the main findings and takeaways for the report. A definitions section explains the lesser-known terms. The data sources are detailed in the Appendix which follows the references. The report is hyperlinked for ease of navigating from the Table of Contents and the text to the associated topics, figures and tables.

To protect the confidentiality of program participants, the First Things First Data Dissemination and Suppression Guidelines preclude our reporting data related to health or developmental delay if the count is less than six. Throughout this report, information which was not available because of suppression guidelines is indicated by entries of "<6" for counts or "DS" (data suppressed) for percentages. Data are sometimes not available for particular regions, either because a particular program did not operate in the region or because data are only available at a higher level (i.e., county, state, etc.). Cases where data are not available are indicated by an entry of "N/A."

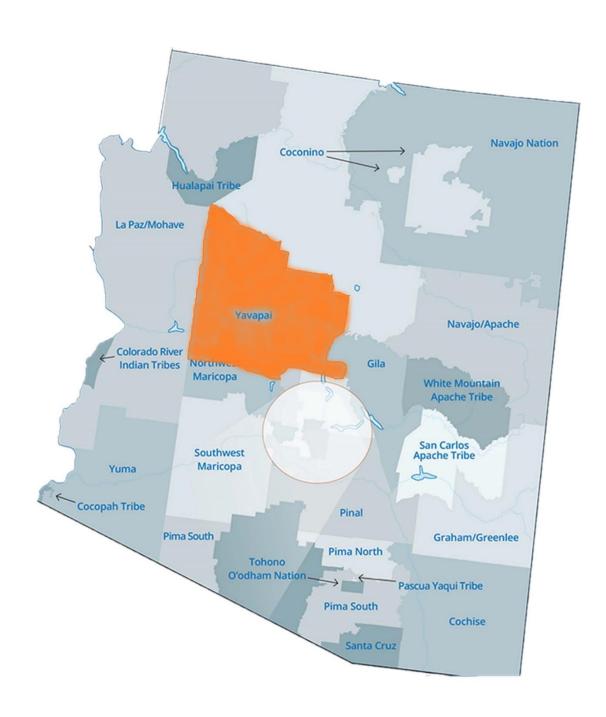
DATA LIMITATIONS

Most of the results in this report used AHCCCS claims and encounter data. While being limited to the population of children enrolled in Arizona Medicaid, this data source was also subject to coding errors and missing data for some indicators.

To best capture the full picture of childhood immunizations, a combination of data from claims, electronic health records, paper medical records and registry data was needed. AHCCCS used a combination of AHCCCS claims, Arizona State Immunization Information System (ASIIS) registry data and medical record data from its contractors to measure immunization rates internally. For this report, we used only AHCCCS claims as we did not have access to the other data sources. Since the AHCCCS claims data only included a subset of the immunizations of Arizona's children, our results showed substantially lower immunization rates than AHCCCS officially reports.

Per the AHCCCS Medical Policy Manual, AHCCCS children should receive hearing and vision screenings during their well-child visits according to the periodicity schedule. Claims data does not specify each service provided during a well-child visit; thus, we cannot verify whether these screenings were provided according to the schedule. The rates in this report should be interpreted with caution.

YAVAPAI REGIONAL RESULTS



POPULATION AND DEMOGRAPHICS OF CHILDREN ENROLLED IN AHCCCS

AHCCCS exists to make care affordable to the individuals and families it enrolls, including the approximately 235,000 children birth to age 5 who were enrolled in AHCCCS from 2017 to 2019.

In Yavapai Region, there were 6,086 children enrolled in AHCCCS in 2017, 5,727 children enrolled in 2018 and 5,649 children enrolled in 2019.

(AHCCCS Claims Data, 2021)

Of the AHCCCS children birth to age 5 in the region, male AHCCCS children outnumbered females by 3-5% (Table 1). There were 11% more infants and toddlers than preschoolers in 2017, with the difference dropping to 6% more in 2018 and 5% more in 2019 (Table 2).

Nearly 90% of the AHCCCS children in Yavapai Region lived in four subregions: Prescott Valley (31%), Verde Valley (30-31%), Prescott (14%) and Chino Valley (13-14%) (Figure 1). By race, there were 69-73% of AHCCCS children who reported as Caucasian/White, 3% reported as Black, 1% reported as Asian/Pacific Islander and 5% reported as Native American (Figure 2). Of those, 25-27% reported as Hispanic or Latino (Figure 3), and 7% were affiliated with a tribal community (Figure 4). AHCCCS children in the region were mostly enrolled in two health plans: UnitedHealthcare (38-56%) and Banner University Family Care (20-30%). Annual health claims were submitted most often by physicians (26-33%), followed by pharmacies (13-15%), Registered Nurse Practitioner (7-12%), behavioral health outpatient clinics (8%) and hospitals (7-8%) (Table 3).

Table 1. Number of AHCCCS Children Birth to Age 5 by Year and Sex

Year	Female	Male	Total of AHCCCS-Enrolled Children
2017	2,934	3,152	6,086
2018	2,721	3,006	5,727
2019	2,742	2,907	5,649

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

Table 2. Number of AHCCCS Children Birth to Age 5 by Year and Age Group

Year	Infant (under 1)	Toddler (1-2)	Preschooler (3-5)
2017	1,387	1,995	2,704
2018	1,224	1,812	2,691
2019	1,237	1,721	2,691

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

¹³ Tribal affiliation refers to whether an individual is a member of a federally recognized Arizona tribe and

is displayed as a flag (Yes/No) in this report. This information is captured during enrollment in AHCCCS.

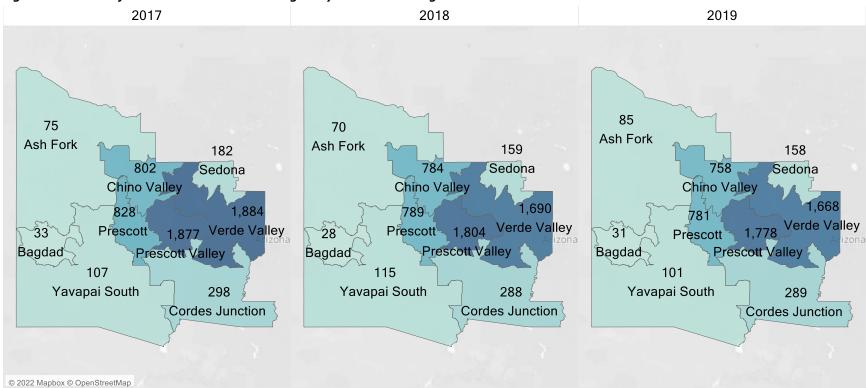


Figure 1. Number of AHCCCS Children Birth to Age 5 by Year and Subregion

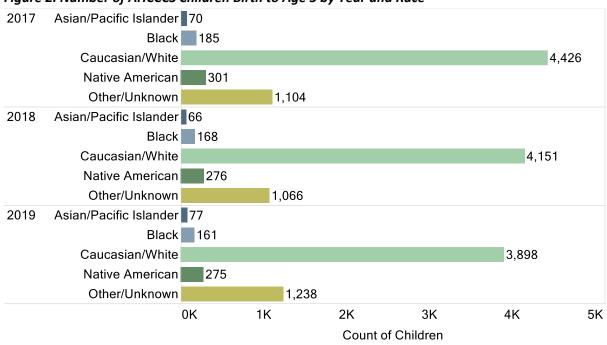


Figure 2. Number of AHCCCS Children Birth to Age 5 by Year and Race

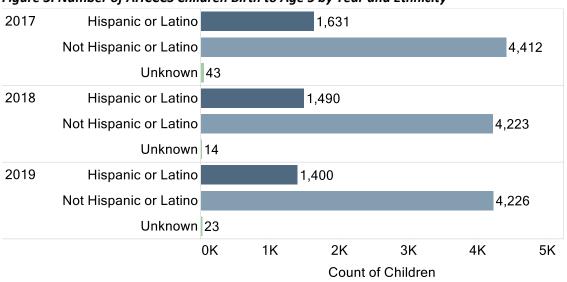


Figure 3. Number of AHCCCS Children Birth to Age 5 by Year and Ethnicity

2017 2019 2018 5,680 6K 5,339 5,274 Count of Children 5K 4K 3K 2K 1K 406 388 375 0K No Yes No Yes No Yes

Figure 4. Number of AHCCCS Children Birth to Age 5 by Year and Tribal Affiliation

Figure 5. Number of AHCCCS Children by Year and Health Plan

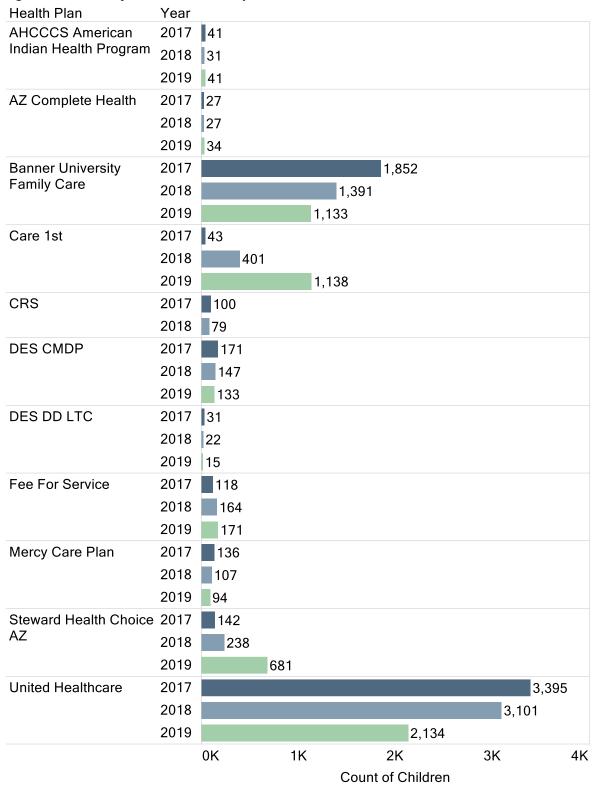


Table 3. Number of AHCCCS Claims by Provider Type (Billing Entity), 2017-2019

	20	17	20	18	2019		
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total	
Behavioral Health Outpatient Clinic	7,219	8%	7,335	8%	7,935	8%	
Dentist	4,431	5%	4,788	5%	4,732	5%	
Durable Medical Equipment Supplier	1,512	2%	1,479	2%	1,458	2%	
Federally Qualified Health Center (FQHC)	1,211	1%	904	1%	935	1%	
Habilitation Provider*	2,893	3%	2,804	3%	2,231	2%	
Home Health Agency	714	1%	681	1%	708	1%	
Hospital	7,333	8%	6,880	7%	7,051	8%	
Integrated Clinics**	2,941	3%	3,465	4%	3,690	4%	
Laboratory	2,685	3%	2,281	2%	2,043	2%	
Non-Emergency Transportation Providers	407	<1%	435	<1%	347	<1%	
Occupational Therapist	1,689	2%	2,548	3%	2,949	3%	
Pharmacy	13,575	15%	12,103	13%	12,149	13%	
Physical Therapist	1,653	2%	1,923	2%	2,637	3%	
Physician – MD/DO	30,633	33%	27,571	30%	24,106	26%	
Physician Assistant	1,807	2%	2,046	2%	2,949	3%	
Registered Nurse Practitioner	6,924	7%	8,678	9%	10,852	12%	
Speech Language Pathology	393	<1%	1,065	1%	1,486	2%	
Speech/Hearing Therapist	2,560	3%	2,992	3%	3,702	4%	
Other	1,812	2%	1,794	2%	1,708	2%	

Notes: * Habilitation is training in independent living skills or special developmental skills, sensory-motor development, orientation and mobility and behavior intervention.

^{**} An Integrated Clinic is a provider licensed by the Arizona Department of Health Services as an Outpatient Treatment Center which provides both behavioral health services and physical health services.

HEALTH CARE WORKFORCE

Currently, Arizona has 160 hospitals individually licensed by the state which are subtyped as children, critical access, long term, short term, psychiatric, rehabilitation, transplant and non-participating (Arizona Department of Health Services, 2021). The Yavapai Region has four short-term hospitals in Cottonwood, Prescott and Prescott Valley along with two psychiatric hospitals, two non-participating hospitals and one rehabilitation hospital. Four Federally Qualified Health Center sites, two rural health clinics, ambulatory surgical centers, medical groups and outpatient treatment centers and other medical facilities are available in the Region (Arizona Department of Health Services, 2021).

The rate of available primary care physicians in the region was 17-20 primary care physicians per 1,000 AHCCCS children (Table 5) compared to the statewide rate of 23-24 per 1,000 AHCCCS children (Table 4). For primary care physicians accepting AHCCCS patients, the regional rate was 10-12 physicians per 1,000 AHCCCS children. For dentists accepting AHCCCS patients, the regional rate was 7-8 dentists per 1,000 AHCCCS children compared to 16-17 dentists per 1,000 AHCCCS children statewide.

In Table 6, we compared the distance that regional and statewide AHCCCS children needed to travel to the nearest provider type to assist in determining whether the population in the region may have access to care issues based on travel distance. To visit the nearest primary care physician or pharmacy, 36-38% of regional AHCCCS children traveled up to one mile for services and another 40-44% traveled one to five miles compared to 56-64% of AHCCCS children statewide who traveled up to one mile and another 26-35% traveled one to five miles. The nearest behavioral health provider was one mile away or less for 42-43% of regional AHCCCS children, one to five miles away for 36% of children, and five to 10 miles away for 10% of children versus one mile away or less for 62-65% of AHCCCS children statewide and one to five miles away for 27-30% of statewide AHCCCS children. Around 12% of regional AHCCCS children traveled one mile or less to the nearest hospital and another 43-44% traveled one to five miles compared to 12% of AHCCCS children statewide who traveled one mile or less and another 69% who traveled one to five miles. To visit the nearest dentist, 28-31% of regional AHCCCS children traveled one mile or less and another 54-59% traveled one to five miles compared to 62-63% of statewide AHCCCS children who traveled one mile or less and another 28-29% who traveled one to five miles.

Table 4. Supply of Key Health Professionals in Arizona per 1,000 AHCCCS Children, 2017-2019

Dravidar Typa	20:	17	20:	18	2019*	
Provider Type	Number	Rate	Number	Rate	Number	Rate
Total Active Physicians	16,345	70	17,356	74	N/A	N/A
Active Primary Care Physicians ¹	5,396	23	5,598	24	N/A	N/A
Pediatricians ⁴	1,214	5	1,257	5	1,293	6
Active Registered and Practical Nurses ²	N/A	N/A	101,599	433	104,434	445
Dentists ³	3,796	16	3,903	17	4,012	17

Source: ¹ (Association of American Medical Colleges, 2017). (Association of American Medical Colleges, 2019). ² (National Council of State Boards of Nursing, 2021). ³ (American Dental Association, 2021). ⁴ (American Board of Pediatrics, 2020); (American Board of Pediatrics, 2019); (American Board of Pediatrics, 2018).

Notes: The rate was calculated using the Arizona population of AHCCCS children birth to age 5 (N = 234,616). National data on pediatricians excluded those who were over age 70 to better control for those who may have been deceased in recent years. ¹ Data were from the 2017 and 2019 AMA Physician Masterfiles. Active physicians were federal and non-federal with an Arizona state license who worked at least 20 hours per week. *Data on active physicians was not available for 2019.

Table 5. Supply of Key Health Professionals in Yavapai Region per 1,000 AHCCCS Children, 2017-2019

Provider		2017		18	2019	
Provider	Num	Rate	Num	Rate	Num	Rate
Primary Care						
Primary Care – All Licensed Primary Care Physicians ²		17	109	19	113	20
Physicians accepting AHCCCS ^{1,2} – Total		12	68	12	59	10
Physicians accepting AHCCCS – Pediatrics		3	15	3	12	2
Physicians accepting AHCCCS – Primary Care		9	53	9	47	8
Physicians with ≥250 AHCCCS patients per year (all ages)		4	26	5	19	3
Behavioral Health – AHCCCS ¹						
Behavioral Health Physician Specialty or Allied Health Professional	113	19	135	24	128	23
Primary Care with Behavioral Health Services*	8	1	9	2	10	2
Other						
Dentist – accepting AHCCCS ²	40	7	45	8	38	7
Hospital ^{1,3}		1	4	1	4	1
Pharmacy ^{1,4}	29	5	29	5	29	5

Source: ¹AHCCCS Claims Data, 2021. ²Arizona Medical Board and Arizona Board of Osteopathic Medical Examiners in Medicine and Surgery, 2021. ³ (Arizona Department of Health Services, 2021). ⁴RXOpen dataset, accessed from data.gov, 2020. CHiR was the source for all processing of the AHCCCS and Workforce data.

Notes: The rate was calculated using the regional population of AHCCCS children birth to age 5 in 2019 (N = 6,086 for 2017, N = 5,727 for 2018 and N = 5,649 for 2019). Pharmacies that were co-located with hospitals or clinics were not captured in the data. Hospital, and pharmacy historic data was not available, so all numbers are based on most recent data available.

^{*}This includes Federally Qualified Health Clinics and Integrated Clinics. These facilities provide both behavioral health services and physical health services.

Table 6. Percent of AHCCCS Children Grouped by Travel Distance Between Provider and Child's Residence by Provider Type for Region and Arizona, 2017-2019

Duranislas Tura (84)las	V	0-1 M	liles	1-5 M	iles	5-10 Miles		10+ Miles		Unknown**	
Provider Type/Miles	Year	Region	ΑZ	Region	ΑZ	Region	ΑZ	Region	ΑZ	Region	ΑZ
Behavioral Health Specialty or Primary Care with Behavioral Health	2017	42%	62%	36%	30%	10%	3%	9%	2%	3%	4%
	2018	43%	64%	36%	27%	9%	3%	9%	2%	2%	3%
Services*	2019	42%	65%	36%	27%	10%	3%	9%	2%	3%	4%
Dentist	2017	31%	62%	54%	29%	10%	3%	5%	4%	1%	2%
	2018	27%	63%	59%	29%	7%	3%	4%	3%	2%	3%
	2019	28%	63%	58%	28%	7%	3%	5%	3%	2%	3%
	2017	12%	11%	43%	69%	7%	9%	37%	10%	<1%	<1%
Hospital	2018	12%	12%	44%	69%	7%	9%	37%	11%	<1%	<1%
	2019	13%	12%	44%	69%	7%	9%	37%	11%	<1%	<1%
	2017	36%	64%	44%	26%	11%	3%	9%	7%	<1%	<1%
Pharmacy	2018	36%	64%	44%	26%	11%	3%	9%	7%	<1%	<1%
	2019	36%	64%	44%	26%	11%	3%	9%	7%	<1%	<1%
Primary Care Physician	2017	37%	56%	40%	34%	11%	4%	9%	4%	2%	3%
	2018	38%	56%	42%	35%	8%	3%	10%	4%	2%	3%
	2019	38%	57%	41%	34%	9%	3%	10%	4%	2%	3%

Source: ¹ (AHCCCS Claims Data, 2021). ² (Arizona Medical Board and Arizona Board of Osteopathic Medical Examiners in Medicine and Surgery, 2021). CHiR was the source for all processing of the AHCCCS and Workforce data.

Notes: See the Approach section for details on this methodology. Pharmacies that were co-located with hospitals or clinics were not captured in the data. Historic data on Hospital and Pharmacy were not available, so all numbers are based on the most recent data available. *Behavioral Health providers includes primary care providers that offer behavioral health services. **The Unknown column captured children who did not have an exact-match address, so the number of miles to the nearest provider could not be accurately calculated. The closest provider may or may not accept AHCCCS patients, but this was not verified for this analysis.

PRIMARY CARE

Access to primary care is important for the health and well-being of children. Primary care practitioners (PCPs) provide appropriate screenings, treatment and preventive services. When children regularly visit a PCP, they are less likely to visit the emergency department for non-urgent care (Transforming Clinical Practice Initiative, 2019) (Piehl, Clemens, & Joines, 2000).

The inclusion criteria for this indicator were children enrolled in the previous 12 months who had at least one claim with a primary care provider, which includes primary care physicians, nurse practitioners and physician assistants.

Regionally, 88% of AHCCCS children ages 25 months to six years had at least one annual PCP visit from 2017 to 2019.

(Arizona Health Care Cost Containment System, July 2021) Statewide, 85-86% of AHCCCS children had at least one PCP visit (Table 7) compared to 86-87% of Medicaid children nationally. All rates exceeded the AHCCCS Minimum Performance Standard (MPS) ¹⁴ of 84%. The following subregions met or exceeded the AHCCCS statewide rates and MPS for annual PCP visits: Ash Fork (2018 and 2019), Bagdad (2018), Chino Valley (all years),

Cordes Junction (all years), Prescott (all years), Prescott Valley (all years), Sedona (2017 and 2019) and Verde Valley (all years) (Figure 6). AHCCCS children who had annual PCP visits were more likely to be ages 1-2 (92-94%) than ages 3-5 (85%), Hispanic and Latino (90-91%) than Non-Hispanic or Latino (87-88%) and Black (88-90%) than other races (Figure 7).

Table 7. Arizona and Regional AHCCCS Rates for PCP Visits, 2017-2019

Indicator/Year	20	17	20	18	2019		
indicator/ Year	Region	Arizona	Region	Arizona	Region	Arizona	
Access to Primary Care	88%	85%	88%	85%	88%	86%	

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

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¹⁴ Minimum Performance Standard (MPS) is the minimal expected level of performance by AHCCCS Contractors. AHCCCS-reported rates are the official rates used to determine Contractor compliance with performance requirements. If a Contractor does not achieve the MPS, they will be required to submit a corrective action plan and may be subject to sanctions for each deficient measure.

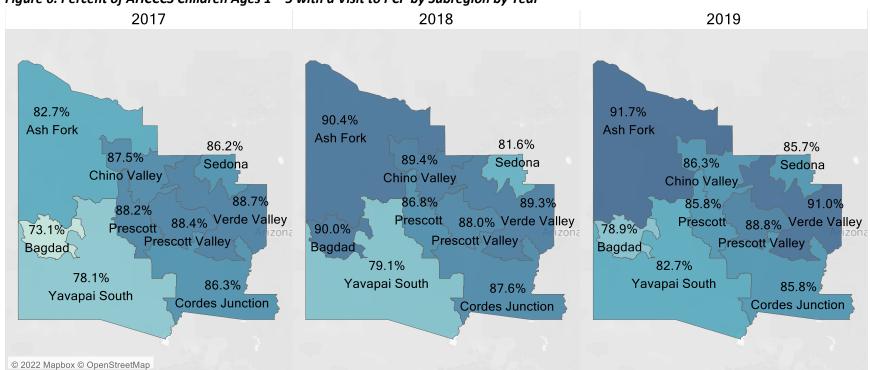


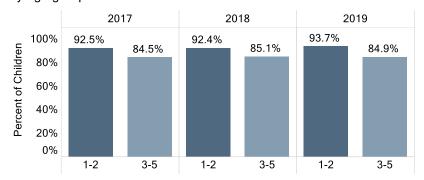
Figure 6. Percent of AHCCCS Children Ages 1 – 5 with a Visit to PCP by Subregion by Year

Regional Range

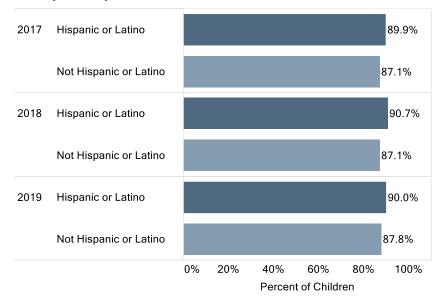
73.1% 91.7%

Figure 7. Percent of AHCCCS Children Ages 1 – 5 with a Visit to PCP by Age Group, Tribal Affiliation, Ethnicity, Race and Year

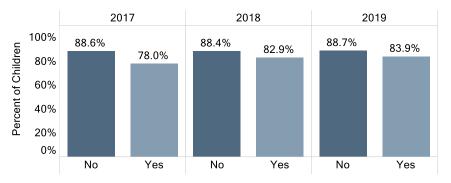
Percent of children with a visit to primary care practitioner ages 1 - 5 by age group



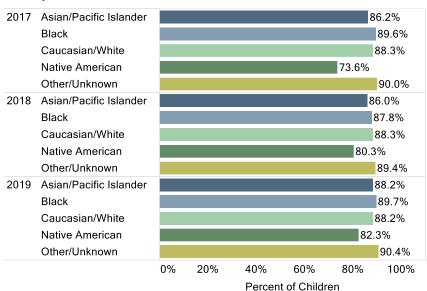
Percent of children with a visit to primary care practitioner ages 1 - 5 by ethnicity



Percent of children with a visit to primary care practitioner ages 1 - 5 by tribal affiliation



Percent of children with a visit to primary care practitioner ages 1 - 5 by race



WELL-CHILD VISITS

Well-child visits provide an opportunity for PCPs to examine a child holistically for physical, mental, emotional and social/environmental health. A child's growth and development are tracked during a well-child visit. Screenings, counseling and immunizations take place at well-child visits. PCPs can instill healthy behaviors in children by reinforcing their importance during well-child visits. Parents and caregivers can team up with PCPs to address concerns. Creating a trusted relationship between the PCP and child is important as the child ages and develops, so these visits are beneficial to everyone involved (Moreno, 2018); (Sturgeon, 2015).

This HEDIS indicator assesses whether children who turned 15 months old during the measurement year had one or more well-child visits since birth, categorized by number of visits from one to six or more. A separate HEDIS indicator assesses whether children ages 3-5 had an annual well-child visit.

Regionally, 51-59% of AHCCCS children birth to 15 months had six or more well-child visits (Table 8) compared to 53-60% of AHCCCS children statewide and 63-66% of Medicaid children nationally. The region and state rates were below the AHCCCS MPS of 65% (2017 and 2018) and 62% (2019) for this indicator. Subregions Cordes Junction and Prescott Valley exceeded the AHCCCS statewide rate and MPS in 2019 for six or more well-child visits for AHCCCS children birth to 15 months (Figure 9). Regional AHCCCS children birth to 15 months who had six or more well-child visits were more likely to be Hispanic or Latino (53-65%) than Non-Hispanic or Latino (50-57%) and affiliated with a tribe in 2019 (67%) than not affiliated (59%) (Figure 10).

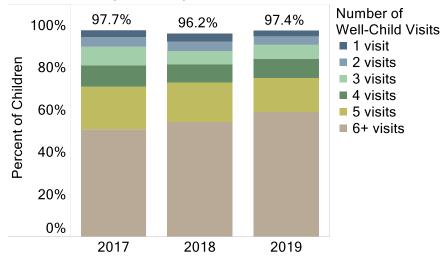
For AHCCCS children ages 3-5 in Table 8, 61-65% of regional children had an annual well-child visit compared to 62-65% of statewide children and 72-74% of Medicaid children ages 3-6 nationally. The region was below the AHCCCS MPS of 66% for this indicator.

In Figure 11, four subregions met or exceeded the AHCCCS statewide rates and MPS for annual well-child visits for AHCCCS children ages 3-5 in 2019: Ash Fork, Cordes Junction, Prescott Valley and Sedona. In Figure 12, regional AHCCCS children who had an annual well-child visit were more likely to be Hispanic or Latino (66-68%) than Non-Hispanic or Latino (59-64%) and Asian/Pacific Islander (69%) than other races in 2017 and 2019.

Table 8. Arizona and Regional AHCCCS Rates for Well-Child Visits, 2017-2019

Indicator/Voor	20	2017		2018		19
Indicator/Year	Region	Arizona	Region	Arizona	Region	Arizona
Six or More Well-Child Visits in First 15 Months of Life	51%	53%	54%	58%	59%	60%
Annual Well-Child Visit, Ages 3-5	61%	62%	61%	63%	65%	65%

Figure 8. Percent of Regional AHCCCS Children by Number of Well-Child Visits Completed During Their First 15 Months by Number of Visits and Year



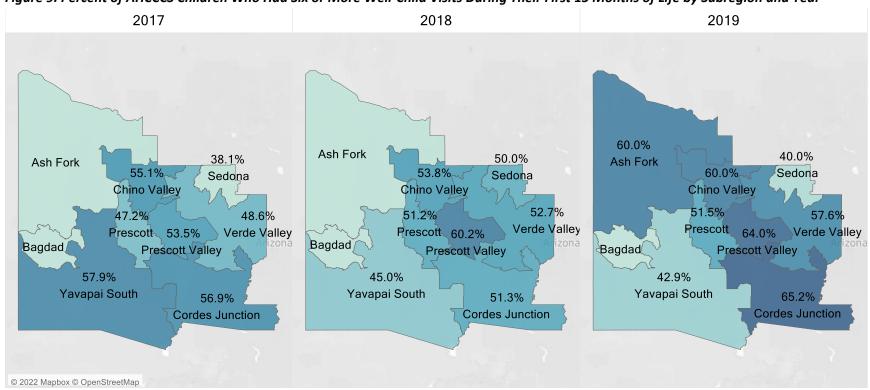


Figure 9. Percent of AHCCCS Children Who Had Six or More Well-Child Visits During Their First 15 Months of Life by Subregion and Year

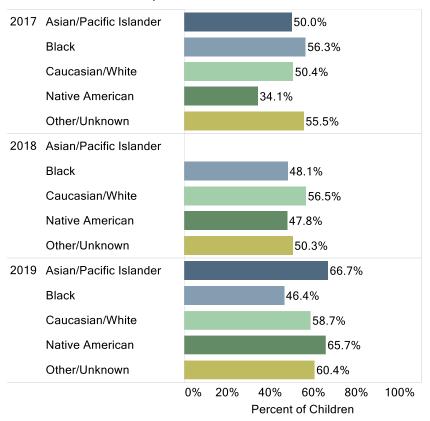
38.1% 65.2%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

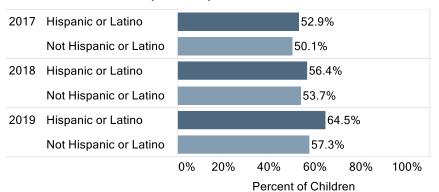
Note: Data was suppressed for Ash Fork (2017 and 2018) and Bagdad (all years).

Figure 10. Percent of AHCCCS Children Who Had Six or More Well-Child Visits During Their First 15 Months of Life by Race, Ethnicity, Tribal Affiliation and Year

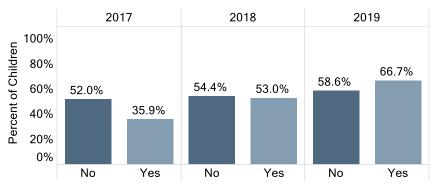
Percent of children with six or more well-child visits during their first 15 months of life by race



Percent of children with six or more well-child visits during their first 15 months of life by ethnicity



Percent of children with six or more well-child visits during their first 15 months of life by tribal affiliation



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Asian/Pacific Islander in 2018.

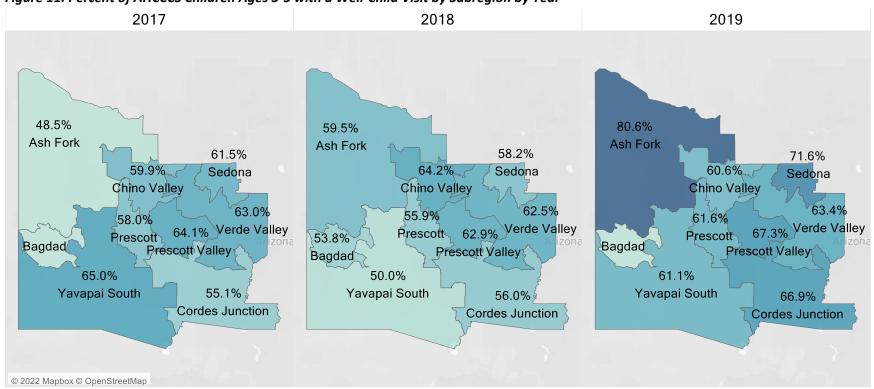


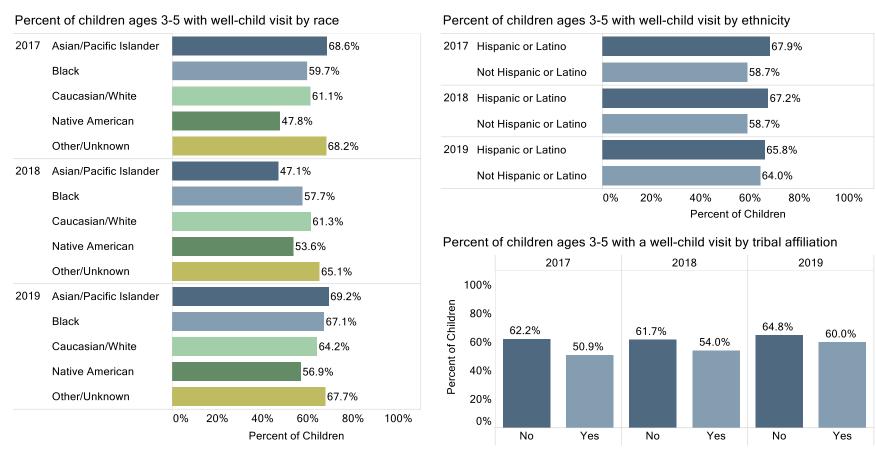
Figure 11. Percent of AHCCCS Children Ages 3-5 with a Well-Child Visit by Subregion by Year

48.5% 80.6%

 $Source: AHCCCS\ Claims\ Data,\ 2021.\ CHiR\ is\ the\ source\ for\ all\ processing\ of\ the\ AHCCCS\ data.$

Note: Data was suppressed for Bagdad in all years.

Figure 12. Percent of AHCCCS Children Ages 3-5 with a Well-Child Visit by Race, Ethnicity, Tribal Affiliation and Year



SCREENING FOR LEAD POISONING

Exposure to lead can cause damage to the brain and other vital organs, as well as intellectual and behavioral deficits. Because children who are exposed to lead often have no obvious symptoms, lead poisoning often goes unrecognized. Screening for lead via a capillary or venous lead blood test is an easy way to detect an abnormal blood lead level in children. There is no safe blood lead level. If not found early, exposure to lead and high blood lead levels can lead to irrevocable effects on a child's physical and mental health (Arizona Department of Health Services, 2006); (Arizona Department of Health Services, 2003); (National Center for Environmental Health, 2020).

In Arizona, blood lead results are reportable to the Arizona Department of Health Services (ADHS) for children less than six years old. According to ADHS, children who live in areas designated as high-risk¹⁵ for lead poisoning should receive a blood lead test at 12 and 24 months of age, and older children who have not been previously tested should receive a blood lead test. ADHS reported 61,391 children under age six (14% of children under age 5) were screened in 2019, and 40,773 (66%) of those children lived in high-risk areas. Of the children living in high-risk areas, 29% were screened at 12 months of age, and 19% were screened at 24 months of age. Only 10% of children were screened at both intervals (Arizona Department of Health Services, 2021).

For AHCCCS children being screened for lead poisoning one or more times by their second birthday, the regional rates increased from 30-40% compared to AHCCCS statewide rates which increased from 32% in 2017 to 35% in 2019. In Figure 13, four subregions met or exceeded the AHCCCS statewide rates for one or more blood lead screenings for lead poisoning by the second birthday: Chino Valley (all years), Cordes Junction (2018), Prescott (all years) and Prescott Valley (all years).

Table 9. Arizona and Regional AHCCCS Rates for Lead Poisoning Screening, 2017-2019

Indicator/Year	20	2017		2018		2019	
	Region	Arizona	Region	Arizona	Region	Arizona	
One or More Tests for Lead Poisoning by Second Birthday	30%	32%	40%	34%	39%	35%	

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

¹⁵ Interactive map of Arizona neighborhoods to identify those considered to be high-risk is online at http://www.azhealth.gov/leadmap

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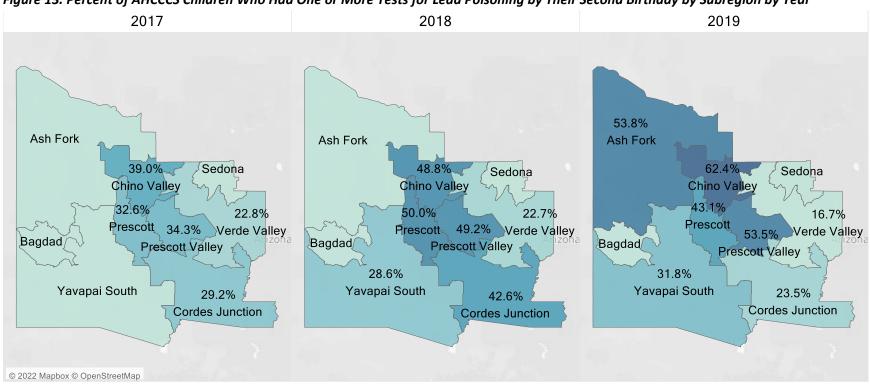


Figure 13. Percent of AHCCCS Children Who Had One or More Tests for Lead Poisoning by Their Second Birthday by Subregion by Year

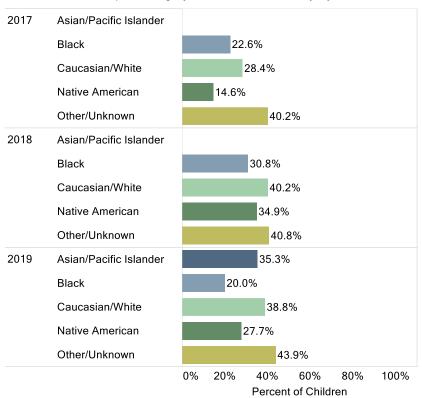
16.7% 62.4%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

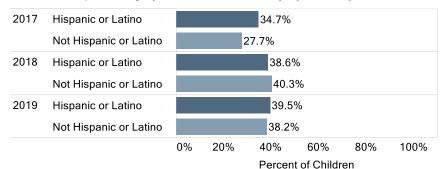
Note: Data was suppressed for Ash Fork (2017 and 2018), Bagdad (all years), Sedona (all years) and Yavapai South (2017).

Figure 14. Percent of AHCCCS Children Who Had One or More Tests for Lead Poisoning by Their Second Birthday by Race, Ethnicity, Tribal Affiliation and Year

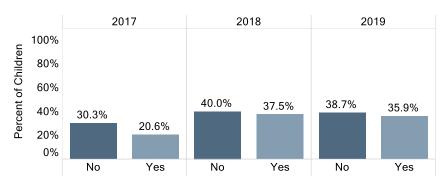
Percent of children who had one or more capillary or venous lead blood test for lead poisoning by their second birthday by race



Percent of children who had one or more capillary or venous lead blood test for lead poisoning by their second birthday by ethnicity



Percent of children who had one or more capillary or venous lead blood test for lead poisoning by their second birthday by tribal affiliation



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Asian/Pacific Islander in 2017 and 2018.

WEIGHT ASSESSMENT AND COUNSELING¹⁶

Childhood obesity has both short-term and long-term effects, so it is important for PCPs to monitor weight problems in children and provide guidance for maintaining a healthy weight and lifestyle. The prevalence of obesity among children aged 2–5 years in 2015-2016 was 14% according to the National Health and Nutrition Examination Survey (Hales, Carroll, Fryar, & Ogden, 2017). For this report, we focused on AHCCCS children ages 3-5.

In the Yavapai Region, 9-11% of AHCCCS children received weight assessment¹⁷ and counseling in Figure 15 compared to AHCCCS children statewide who were assessed at rates of 9-19% in Table 10. Seven to nine percent of regional AHCCCS children received nutrition counseling versus 4-5% of statewide AHCCCS children. One to six percent of regional AHCCCS children received physical activity assessments while AHCCCS children statewide were assessed <1-1%.¹⁸ The national HEDIS Medicaid rates were reported in Table 11; these rates included children ages 3-17, and therefore, were not strictly comparable to the region or state rates for AHCCCS children ages birth to 5.

Table 10. Arizona AHCCCS Rates for Weight Assessment and Counseling, Ages Birth to 5, 2017-2019

Indicator/Year	2017	2018	2019
BMI Assessment	9%	12%	19%
Nutrition Counseling	4%	5%	5%
Physical Activity Counseling	<1%	1%	1%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

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¹⁶ There was limited reporting in claims data as this information was most likely collected in the medical record, so these rates should be interpreted with caution.

¹⁷ Under HEDIS, the rates for weight assessment are an evaluation of whether Body mass index (BMI) percentile is accessed and does not determine the absolute BMI value. The diagnosis codes for pediatric BMI included: Z68.51 (< 5th percentile for age), Z68.52 (5th percentile to < 85th percentile for age), Z68.53 (85th percentile to < 95th percentile for age) and Z68.54 (≥ 95th percentile for age).

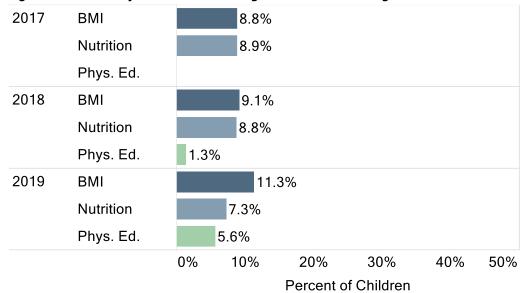
¹⁸ Physical Activity Counseling includes sports physicals which are not provided to children in the early childhood age group.

Table 11. National Medicaid HEDIS Rates for Weight Assessment and Counseling, Ages 3-17 Years, 2017-2019

Indicator/Year	2017	2018	2019
BMI Assessment	73%	74%	77%
Nutrition Counseling	67%	67%	68%
Physical Activity Counseling	61%	62%	64%

Source: (National Committee for Quality Assurance, 2021).

Figure 15. Percent of AHCCCS Children Ages 3-5 Who Had Weight Assessment and Counseling by Year



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Notes: Each of the three items above is a different indicator. Because BMI norms for youth vary with age and sex, this indicator evaluates whether BMI percentile is assessed, rather than an absolute BMI value. Data was suppressed for Physical Activity counseling in 2017.

DEVELOPMENTAL SCREENING AND DELAY

During early childhood, children grow and develop at a rapid pace physically and cognitively. Although children develop skills at different times, there are guidelines that define the period when an average child should meet certain developmental milestones. The American Academy of Pediatrics recommends developmental screenings during well-child visits for all children ages 9 months, 18 months, 2 years and 2.5 years (Centers for Disease Control and Prevention). Parents may also notice concerns they have about their child's development and discuss them with their child's health care provider.

Developmental delay occurs when a child does not demonstrate mastery of developmental milestones, and the delay can range from mild to severe. Developmental delays have been found to occur in 10-15% of preschool children (Choo, Agarwal, How, & Yeleswarapu, 2019). The National Health Interview Survey

found that from 2015-2018, 18% of U.S. children ages 3-17 years had at least one developmental disability (Zablotsky & Black, 2020). After being diagnosed with a developmental delay, children should be referred to appropriate behavioral health services.

AHCCCS PCPs use developmental screening tools during 9-month, 18-month and 24-month well-child visits. Developmental screenings are assessed in claims data using billing code CPT 96110. AHCCCS has an active Performance Improvement Project to increase the number of screenings in its eligible populations (Arizona Health Care Cost Containment System, 2021). AHCCCS analyzed its own performance on developmental screenings using several data sources and reported 26% (Median = 42%) of eligible members in acute care screened in 2017 and 30% (Median = 33%) screened in 2018. Rates for AHCCCS children in foster care were 34% and 38% for the same years, respectively. AHCCCS also analyzed the 2018 data for disparities and found disparities in five of Arizona's 15 Counties: Apache, Gila, Navajo, Santa Cruz and Yavapai. Racial disparity was also demonstrated for the American Indian population.

Table 12 showed rates of developmental screenings in AHCCCS children birth to age 5 were 6-11% at the regional level compared to statewide AHCCCS rates of 10-14%. ¹⁹ Developmental screenings were conducted most often in physician offices (66-84%) (Table 13). Regional AHCCCS children were most likely to receive developmental screenings in the following subregions: Ash Fork (2018 and 2019), Cordes Junction (2018 and 2019), Prescott Valley (2018 and 2019), Sedona (2019) and Verde Valley (2018 and 2019) (Figure 16).

Rates of diagnosing developmental delay in AHCCCS children were 2-3% at the regional level compared to 3-5% at the state level for AHCCCS children (Table 12). Regional AHCCCS children who were diagnosed with developmental delay were more likely to reside in the following subregions: Cordes Junction (all years), Prescott (all years), Prescott Valley (all years) and Yavapai South (2018) (Figure 18). Regional AHCCCS children who were diagnosed with developmental delay were more likely to be ages 3-5 (3-5%) than age 0 (1%) and ages 1-2 (3%), and Native American (3-4%) than Caucasian/White (2-3%) (Figure 19).

Of those AHCCCS children who were diagnosed with developmental delay, 41-59% of regional AHCCCS children received behavioral health services compared to 47-58% of AHCCCS children statewide (Table 12). Regional AHCCCS children diagnosed with developmental delay were most likely to receive behavioral health services in the following subregions: Chino Valley, Cordes Junction, Prescott, Prescott Valley and Verde Valley (Table 14). Male regional AHCCCS children (42-63%) were more likely to receive behavioral health services than females (32-55%) (Figure 20).

¹⁹ Due to the limited capture of developmental screenings in claims data alone, these rates should be interpreted with caution.

Table 12. Arizona and Regional AHCCCS Rates for Developmental Screenings and Delay, 2017-2019

Indicator/Year	20	17	2018		2019	
indicatory rear	Region	Arizona	Region	Arizona	Region	Arizona
Developmental Screening, Ages Birth to 5	6%	10%	8%	11%	11%	14%
Diagnosing Developmental Delay, Ages Birth to 5	2%	3%	3%	4%	3%	5%
Developmental Delay and Behavioral Health Services, Ages 3-5	41%	49%	41%	47%	59%	58%

Table 13. Percent of Claims by Provider Type for AHCCCS Children Receiving Developmental Screenings, 2017-2019

	2017		20	18	2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Federally Qualified Health Center (FQHC)	<6	DS	<6	DS	16	2%
Physician – MD/DO	314	79%	450	84%	481	66%
Physician Assistant	13	3%	8	1%	16	2%
Registered Nurse Practitioner	70	18%	71	13%	214	29%

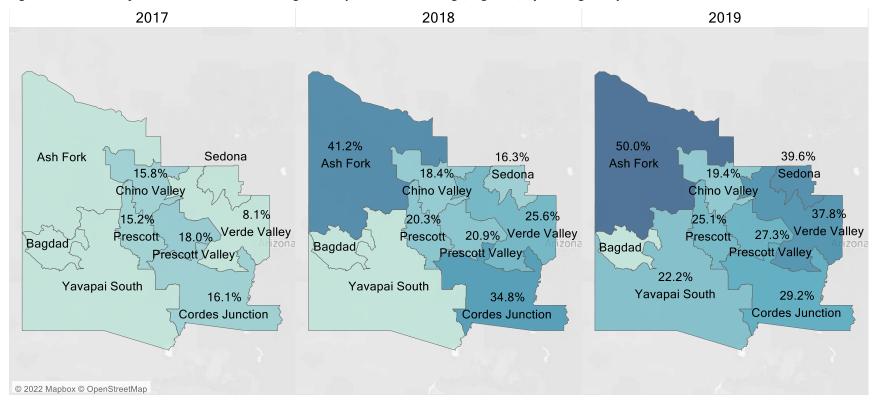


Figure 16. Percent of AHCCCS Children Receiving Developmental Screenings, Age 1-2, by Subregion by Year

50.0%

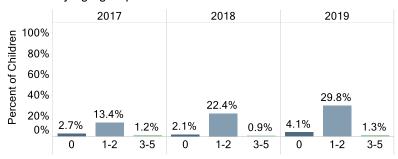
8.1%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Ash Fork (2017), Bagdad (all years), Sedona (2017) and Yavapai South (2017 and 2018).

Figure 17. Percent of AHCCCS Children Receiving Developmental Screenings by Age Group, Tribal Affiliation, Ethnicity, Race and Year

Percent of children receiving developmental screenings over all children by age group



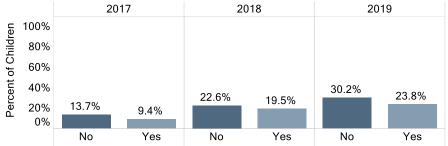
ages 1-2 by tribal affiliation

2017

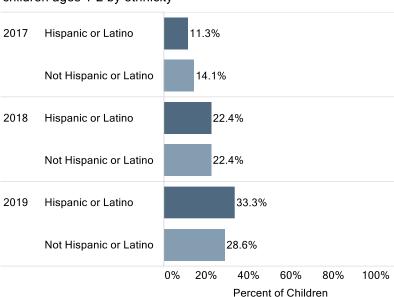
2018

2019

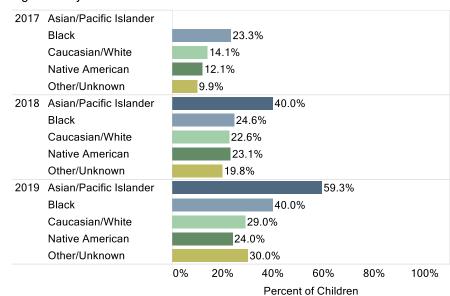
Percent of children receiving developmental screenings over all children



Percent of children receiving developmental screenings over all children ages 1-2 by ethnicity



Percent of children receiving developmental screenings over all children ages 1-2 by race



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Notes: Since developmental delay screenings are more likely to take places for those ages 1-2, the other analyses focus on that age group. Data was suppressed for Asian/Pacific Islander in 2017.

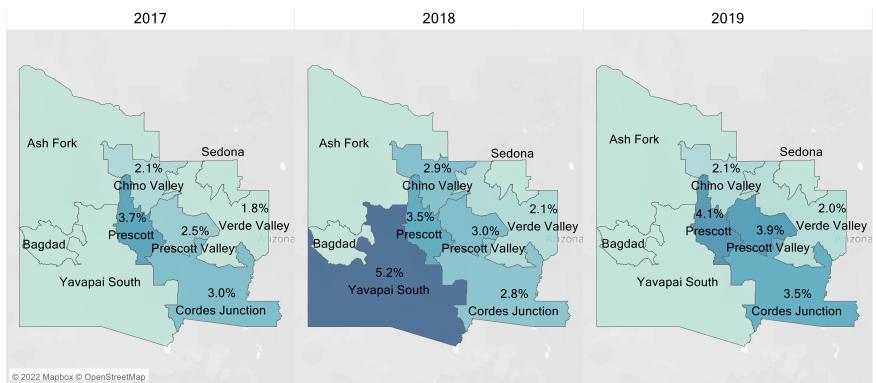


Figure 18. Percent of AHCCCS Children with a Diagnosed Developmental Delay by Subregion by Year

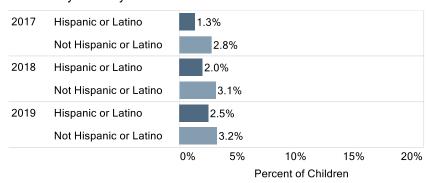
1.8% 5.2%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

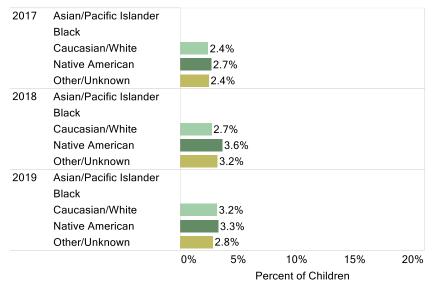
Note: Data was suppressed for Ash Fork (all years), Bagdad (all years), Sedona (all years) and Yavapai South (2017 and 2019).

Figure 19. Percent of AHCCCS Children with a Diagnosed Developmental Delay by Ethnicity, Race, Sex, Tribal Affiliation, Age Group and Year

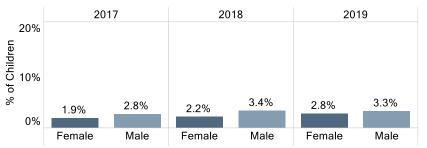
Percent of children with a diagnosed developmental delay over all children by ethnicity



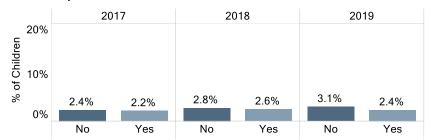
Percent of children with a diagnosed developmental delay over all children by race



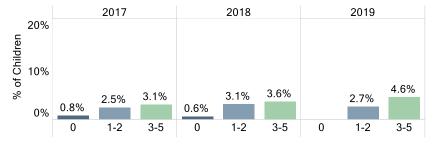
Percent of children with a diagnosed developmental delay over all children by sex



Percent of children with a diagnosed developmental delay over all children by tribal affiliation



Percent of children with a diagnosed developmental delay over all children by age group



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Asian/Pacific Islander (all years), Black (all years), and age 0 (2019).

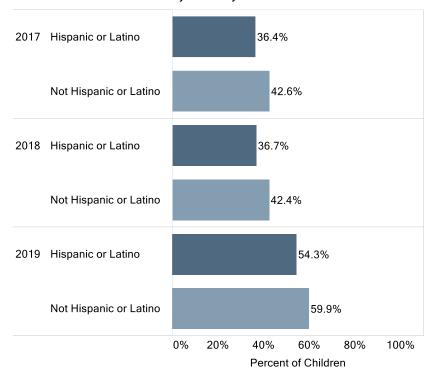
Table 14. Percent of AHCCCS Children with a Diagnosed Developmental Delay Who Have Received Behavioral Health Services by Subregion, 2017-2019

Subregion	2017	2018	2019
Chino Valley	35%	30%	50%
Cordes Junction	67%	DS	DS
Prescott	48%	36%	56%
Prescott Valley	34%	45%	60%
Verde Valley	36%	49%	64%

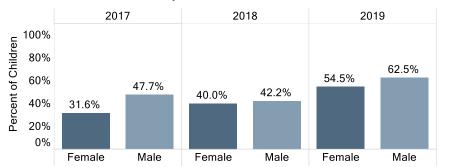
Note: Data was suppressed for Ash Fork, Bagdad, Sedona and Yavapai South subregions.

Figure 20. Percent of AHCCCS Children with a Diagnosed Developmental Delay Who Have Received Behavioral Health Services by Ethnicity, Race, Sex, Tribal Affiliation, Age Group and Year

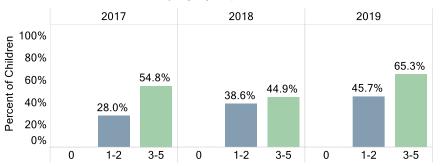
Percent of children who have delay diagnoses who have received behavioral health services by ethnicity



Percent of children who have delay diagnoses who have received behavioral health services by sex



Percent of children who have delay diagnoses who have received behavioral health services by age group



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Notes: The indicator uses diagnosis code R62.50: Unspecified lack of expected normal physiological development in childhood. Data was suppressed for age 0 in all years.

Table 15. Percent of Claims by Provider Type for AHCCCS Children with a Diagnosed Developmental Delay Who Have Received Behavioral Health Services, 2017-2019

	20	17	20	18	20	19
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Behavioral Health Outpatient Clinic	546	33%	676	31%	892	37%
Board Certified Behavior Analysts (BCBA)	<6	DS	<6	DS	9	<1%
Durable Medical Equipment Supplier	64	4%	38	2%	14	1%
Habilitation Provider	108	7%	390	18%	<6	DS
Hospital	66	4%	73	3%	45	2%
Integrated Clinics	326	20%	357	16%	474	19%
Occupational Therapist	118	7%	174	8%	190	8%
Physical Therapist	14	1%	13	1%	47	2%
Physician – MD/DO	38	2%	27	1%	44	2%
Speech Language Pathology	62	4%	102	5%	150	6%
Speech/Hearing Therapist	235	14%	288	13%	527	22%
Other	60	4%	55	3%	41	2%

BEHAVIORAL HEALTH

During the early years of life, the social-emotional development and adaptive functioning of a child changes rapidly and profoundly as their developing brains encounter experiences (National Scientific Council on the Developing Child, 2004). The Adverse Childhood Experiences studies demonstrate how negative early childhood events such as neglect, violence and trauma can lead to behavioral and physical health problems in adulthood like chronic disease, mental illness, and substance abuse (Centers for Disease Control and Prevention, n.d.). However, these effects can be mitigated with proper intervention at the infant and toddler stages by behavioral health services (Arizona Health Care Cost Containment System, 2018). For young children, behavioral health services²⁰ would likely include day programs, crisis

²⁰ For more detail on AHCCCS behavioral health services, visit https://www.azahcccs.gov/Members/AlreadyCovered/coveredservices.html

services, rehabilitation services, health promotion, mental health counseling, psychiatric and psychologist services, and various support services.

Pediatric behavioral health providers screen AHCCCS children from birth to age five for emotional, behavioral, and/or developmental needs. A national screening tool assists providers in coordinating services based on the intensity of need and formulating an integrated treatment plan (American Academy of Child and Adolescent Psychiatry, 2006).

Of AHCCCS children in the region, 13% of children received behavioral services in 2017, 14% of children in 2018 and 17% of children in 2019.

According to Table 16, 13-17% of AHCCCS children in Yavapai Region received behavioral health services compared to 11-16% of AHCCCS children statewide. Regional AHCCCS children were more likely to receive behavioral health services in the following subregions: Prescott (all years), Prescott Valley (2019) and

Yavapai South (2019 (Figure 21). Regional AHCCCS children who received behavioral health services were more likely to be male (16-20%) than female (11-13%), affiliated with a tribe (15-19%) than not affiliated (14-17%) in 2018 and 2019, and Black (15-16%) than other races in 2017 and 2018 (Figure 22).

Table 16. Arizona and Regional AHCCCS Rates for Behavioral Health Services, Ages 3-5, 2017-2019

Indicator/Year	20	2017		2018		2019	
indicator/ Year	Region	Arizona	Region	Arizona	Region	Arizona	
Behavioral Health Services, Ages 3-5	13%	11%	14%	12%	17%	16%	

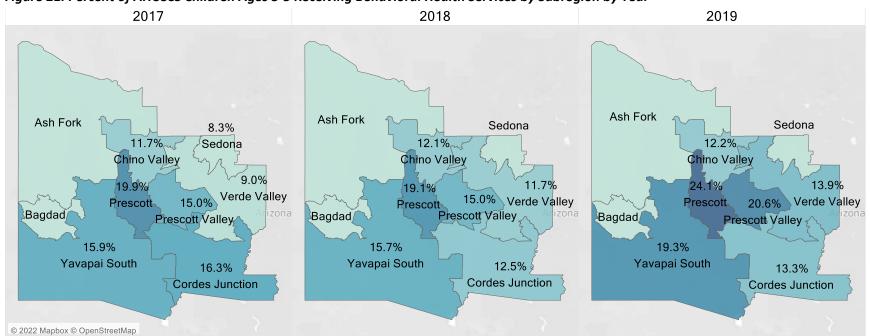


Figure 21. Percent of AHCCCS Children Ages 3-5 Receiving Behavioral Health Services by Subregion by Year

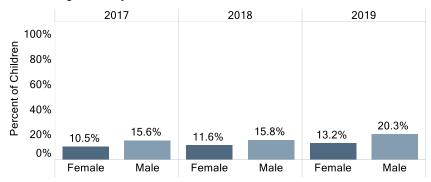
8.3% 24.1%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

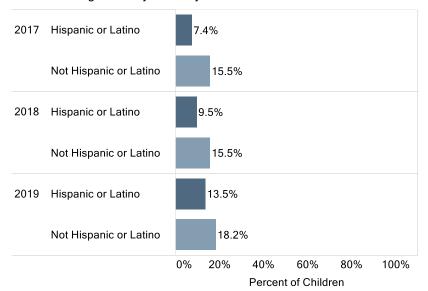
Note: Data was suppressed for Ash Fork (all years), Bagdad (all years) and Sedona (2018 and 2019).

Figure 22. Percent of AHCCCS Children Ages 3-5 Receiving Behavioral Health Services by Sex, Tribal Affiliation, Ethnicity, Race and Year

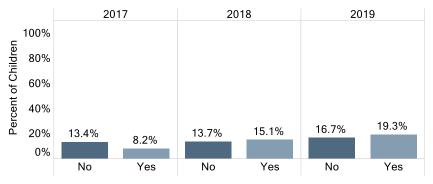
Percent of children who are receiving behavioral health services of all children ages 3-5 by sex



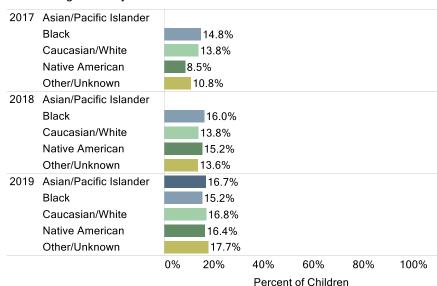
Percent of children who are receiving behavioral health services of all children ages 3-5 by ethnicity



Percent of children who are receiving behavioral health services of all children ages 3-5 by tribal affiliation



Percent of children who are receiving behavioral health services of all children ages 3-5 by race



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Asian/Pacific Islander in 2017 and 2018.

Table 17. Percent of Claims by Provider Type for AHCCCS Children Ages 3-5 Receiving Behavioral Health Services, 2017-2019

	20	17	20	18	2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Behavioral Health Outpatient Clinic	5,982	51%	6,274	52%	6,484	49%
Durable Medical Equipment Supplier	88	1%	66	1%	26	<1%
Habilitation Provider	746	6%	693	6%	<6	DS
Hospital	258	2%	248	2%	219	2%
Integrated Clinics	2,663	23%	2,797	23%	2,780	21%
Occupational Therapist	251	2%	345	3%	640	5%
Physical Therapist	52	<1%	54	<1%	182	1%
Physician – MD/DO	124	1%	118	1%	144	1%
Speech Language Pathology	97	1%	122	1%	357	3%
Speech/Hearing Therapist	1,141	10%	1,058	9%	2,034	15%
Other	315	3%	367	3%	318	2%

VISION

Health conditions such as vision problems are detected through regular visits to PCPs. The American Public Health Association estimates that 20% of preschoolers have eye or vision problems (American Public Health Association, 2019). Vision screenings check the appearance of the eyes and detect potential eye problems. Most vision problems are successfully treated when detected early, but many children do not receive adequate vision screenings. A lack of vision care at younger ages can mean higher rates of undetected vision problems, leading to visual impairments that affect a child's development, performance, and quality of life.

In the Yavapai Region, 50-55% of AHCCCS children 5 years old and under received a vision screening from 2017 to 2019

AHCCCS Claims Data, 2021

Arizona's Eyes on Learning Vision Coalition recommends a vision screening as early as age one during a well-child visit. Other settings that provide vision screening include pediatrician offices, educational settings and community settings. Children ages 3-5 should have at least one vision screening by a PCP or trained screener during this timeframe. Annual screenings

should be provided to children in kindergarten through fourth grade. A vision screening is not necessary for children with certain developmental delays that cause difficulties with language and speech, motor

skills, behavior, memory, learning, or other neurological functions. Instead, eye doctors recommend that all children with these types of delays receive a comprehensive eye exam. (Eyes on Learning, n.d.)

Vision screenings are typically included in AHCCCS' well-child visits according to their vision periodicity schedule and as medically necessary (Arizona Health Care Cost Containment System, 2021). However, the vision screening is not billed as a separate claim when completed during a well-child visit. Therefore, to capture the population of children who received a vision screening, we assumed that AHCCCS children were screened at their annual well-child visit, or they received a separately billable vision screening. Additional analysis showed that there were very few children who received a vision screening and not a well-child visit annually. Given that the claims data did not specify that a vision screening occurred during the well-child visit, these rates should be interpreted with caution and may be an overestimation of actual vision screenings.

Eye exams are completed by optometrists or ophthalmologists, so we captured those using procedure codes for ophthalmological services. We designated the eye exam as a follow-up eye exam if the visit occurred within six months of a vision screening or well-child visit. If a child was diagnosed with a visually significant eye condition during an eye exam and received treatment or additional visits to an optometrist or ophthalmologist for eyeglasses, surgery or other procedures, the rate of treatment was reported under "visually significant eye conditions who receive treatment". To calculate the rate for visually significant eye conditions who receive treatment, the denominator was all AHCCCS children who received an eye exam and had a diagnosis of strabismus, refraction and accommodation, amblyopia, or other eye disorders; and of those AHCCCS children with an eye condition, the numerator included children who were treated for the eye condition.

In Yavapai Region, 50-55% of AHCCCS children received an annual vision screening or well-child visit compared to 43-47% of AHCCCS children statewide (Table 18). Rates for regional AHCCCS children receiving an annual vision screening or well-child visit were higher than the regional average in the following subregions: Ash Fork (2019), Chino Valley (2018), Cordes Junction (all years), Prescott Valley (2017 and 2019), Sedona (2018 and 2019) and Verde Valley (all years) (Figure 23). Regional AHCCCS children receiving an annual vision screening or well-child visit were more likely to be ages 1-2 (72-78%) than ages 3-5 (59-66%), and Hispanic or Latino (55-60%) than Non-Hispanic or Latino (49-54%) (Figure 24).

Eye exams were conducted much less frequently, ranging 4-6% annually at the regional and state levels for AHCCCS children in Table 18. Rates for regional AHCCCS children receiving eye exams were higher in following subregions: Chino Valley (2017), Cordes Junction (2018 and 2019), Prescott (2018 and 2019), Prescott Valley (all years) and Verde Valley (2019) (Figure 25). Regional AHCCCS children receiving eye exams were more likely to be ages 3-5 (7-9%) than ages 1-2 (3-4%) (Figure 26). Follow-up eye exams were conducted on AHCCCS children in the region and statewide at rates of 4-5%. AHCCCS children with visually significant eye conditions received treatment at rates of 44-51% regionally compared to 54-60% statewide.

Table 18. Arizona and Regional AHCCCS Rates for Vision, 2017-2019

Indicator/Year	20	2017		2018		19
mulcatory rear	Region	Arizona	Region	Arizona	Region	Arizona
Vision Screening or Well-Child Visit	50%	44%	52%	43%	55%	47%
Eye Exams	4%	4%	5%	4%	6%	5%
Eye Exams after Vision Screening or Well-Child Visit	4%	4%	5%	5%	5%	4%
Visually Significant Eye Conditions Who Receive Treatment	51%	54%	44%	56%	51%	60%

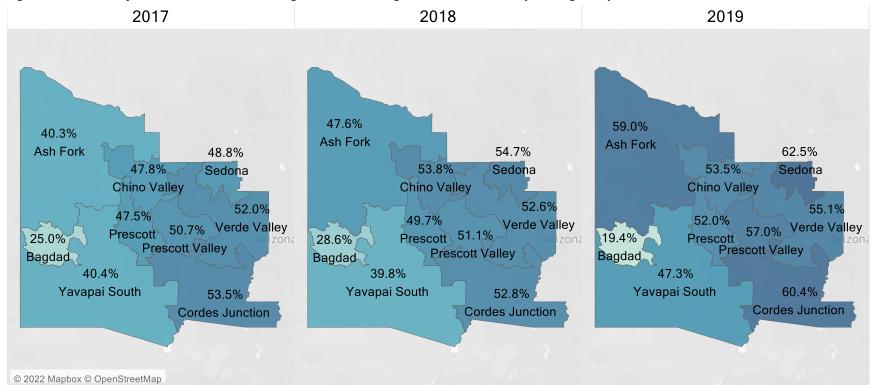


Figure 23. Percent of AHCCCS Children Receiving Vision Screening or Well-Child Visit by Subregion by Year

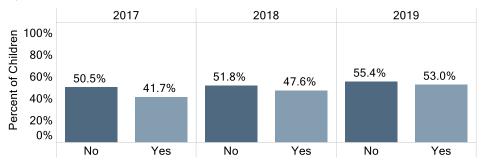
19.4% 62.5%

Figure 24. Percent of AHCCCS Children Receiving Vision Screening or Well-Child Visit by Age Group, Tribal Affiliation, Ethnicity, Race and Year

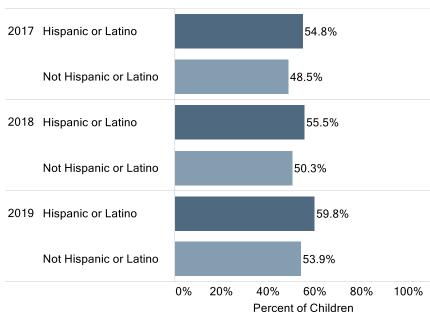
Percent of children receiving vision screening or well child visit by age group



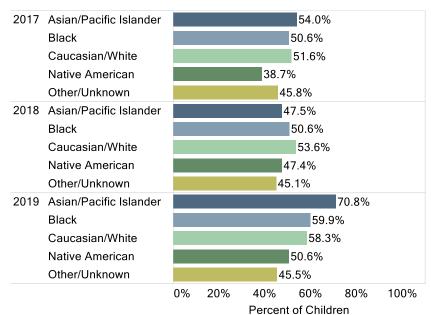
Percent of children receiving vision screening or well child visit by tribal affiliation



Percent of children receiving vision screening or well child visit by ethnicity



Percent of children receiving vision screening or well child visit by race



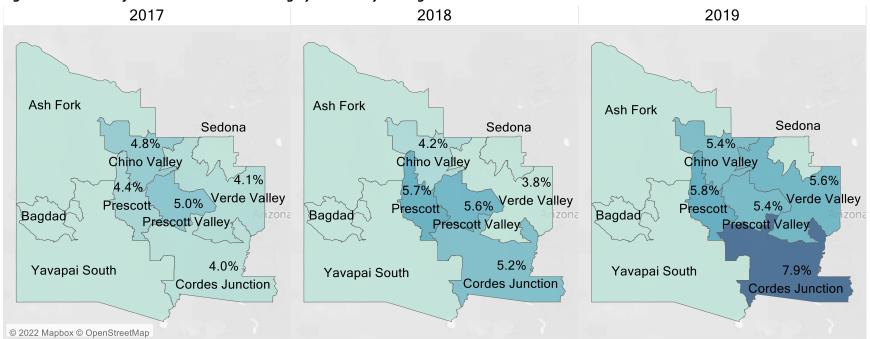


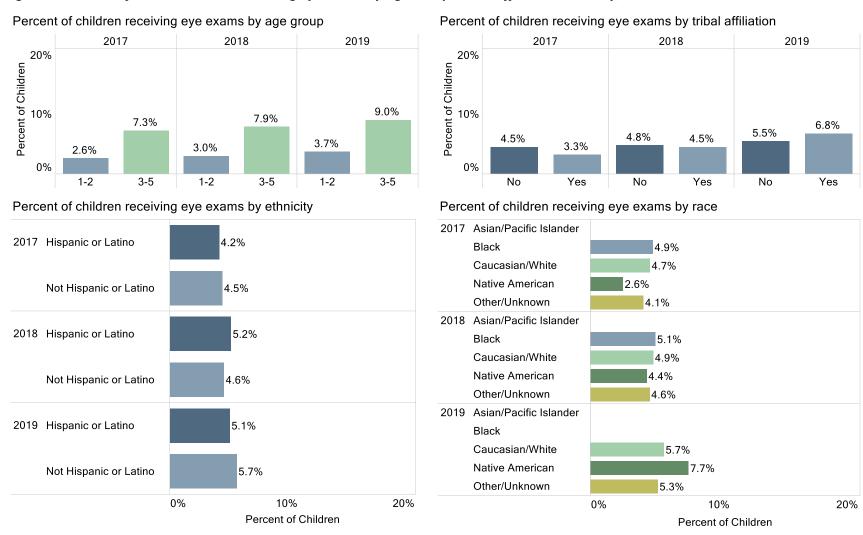
Figure 25. Percent of AHCCCS Children Receiving Eye Exams by Subregion and Year

3.8% 7.9%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed in Ash Fork (all years), Bagdad (all years), Sedona (all years) and Yavapai South (all years).

Figure 26. Percent of AHCCCS Children Receiving Eye Exams by Age Group, Tribal Affiliation, Ethnicity, Race and Year



Notes: Eye exams are performed by an optometrist or ophthalmologist. Data was suppressed for Asian/Pacific Islander for all years and Black for 2019.

HEARING

Most children begin hearing sounds at birth and learn to speak over time by imitating the sounds around them (NIDCD Information Clearinghouse, 2011). The National Institute on Deafness and Other Communication Disorders reports that around two or three out of every 1,000 children are born deaf or hard-of-hearing in the United States, and more lose their hearing later in childhood (NIDCD Information Clearinghouse, 2011). To detect hearing loss early, every state conducts universal newborn hearing screenings before a baby is discharged from a hospital or birthing center. If hearing loss is indicated, parents will be referred to an audiologist to conduct more comprehensive hearing testing and determine appropriate intervention services. For children diagnosed with hearing loss, early intervention helps children develop better language and communication skills.

Arizona strives to screen all infants before 1 month of age. Infants who do not pass the initial hearing screen and a rescreening, should be evaluated further to confirm or diagnose hearing loss before 3 months of age. Infants diagnosed with permanent hearing loss should receive intervention services before 6 months of age (Arizona Department of Health Services, n.d.). This report included available data on hearing screenings along with comprehensive hearing testing, evaluation and assessment which were termed "additional audiology services".

Around 99% (82,035) of all Arizona infants received a newborn hearing screening in 2017 (Arizona Health Care Cost Containment System, 2018) which was slightly higher than the national rate of 98% (National Center on Birth Defects and Developmental Disabilities, 2019). Less than 1% of all Arizona infants were diagnosed with permanent hearing loss, and of those, 42% were diagnosed before three months of age (Arizona Health Care Cost Containment System, 2018). Nationally, 10% of infants were diagnosed with permanent hearing loss, and of those, approximately 74% were diagnosed before three months of age (National Center on Birth Defects and Developmental Disabilities, 2019). Additional audiology services were provided to 7-15% of AHCCCS children under age one in the region compared to 9-12% of AHCCCS children statewide (Table 19). In Table 20, regional AHCCCS children under age one were most likely to receive a hearing screening in Sedona in 2017, Prescott Valley in 2018 and Verde Valley in 2019.

Hearing screenings were provided to 9-15% of AHCCCS children ages 1-5 in the region compared to 20-28% of AHCCCS children statewide (Table 19). Regional AHCCCS children ages 1-5 who received a hearing screening were most likely to reside in Prescott in 2017, Cordes Junction in 2018 and Prescott Valley in 2019 (Figure 29). The provision of additional audiology services to regional AHCCCS children ages 1-5 decreased from 92% in 2017 to 89% in 2019, while statewide AHCCCS children's rates decreased from 68% to 57% over the same period. In Figure 31, AHCCCS children ages 3-5 (90-97%) were more likely to receive additional audiology services than ages 1-2 (78-89%).

Table 19. Percent of AHCCCS Statewide and Regional Hearing Results, 2017-2019

Indicator / Year	2	017	2	018	2019	
indicator / Year	Region	Arizona	Region	Arizona	Region	Arizona
Additional Audiology Services Under Age One	12%	11%	15%	12%	7%	9%
Hearing Screening Ages 1-5	9%	20%	9%	22%	15%	28%
Additional Audiology Services for those Screened, Ages 1-5	92%	68%	86%	66%	89%	57%

Table 20. Percent of AHCCCS Children Under Age One Who Had Audiology Services of All Children by Subregion, 2017-2019

Subregion	2017	2018	2019
Chino Valley	10%	15%	8%
Prescott	DS	15%	7%
Prescott Valley	15%	21%	2%
Sedona	26%	DS	DS
Verde Valley	13%	10%	14%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Ash Fork, Bagdad, Cordes Junction, and Yavapai South subregions.

Figure 27. Percent of AHCCCS Children Under 1 Year of Age Who Had Audiology Services by Sex and Year

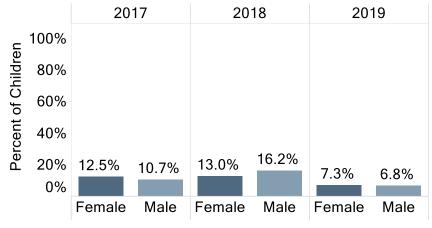
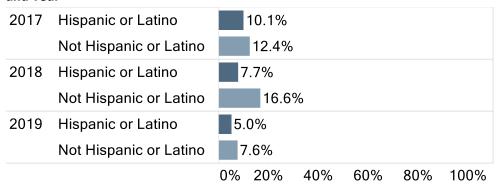


Figure 28. Percent of AHCCCS Children Under 1 Year of Age Who Had Audiology Services by Ethnicity and Year



Percent of Children

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Table 21. Percent of Claims by Provider Type for AHCCCS Children Under Age One Who Had Audiology Services, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Audiologist	9	18%	6	12%	<6	DS
Physician – MD/DO	40	78%	30	58%	21	75%
Registered Nurse Practitioner	<6	DS	15	29%	<6	DS

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

Table 22. Percent of Claims by Provider Type for AHCCCS Children Ages 1-5 Receiving Hearing Screening Tests, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Audiologist	14	11%	31	30%	41	27%
Physician – MD/DO	105	84%	68	66%	93	62%
Other	6	5%	<6	DS	17	11%

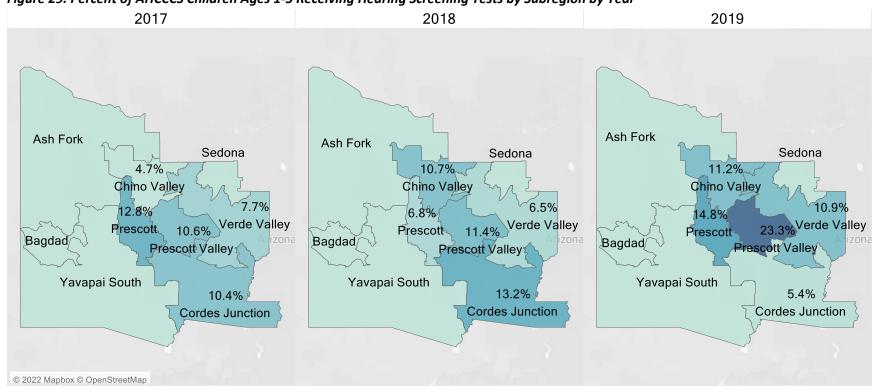


Figure 29. Percent of AHCCCS Children Ages 1-5 Receiving Hearing Screening Tests by Subregion by Year

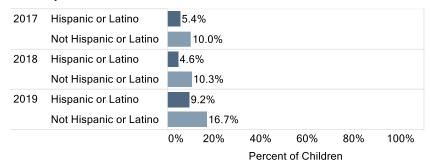
4.7% 23.3%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

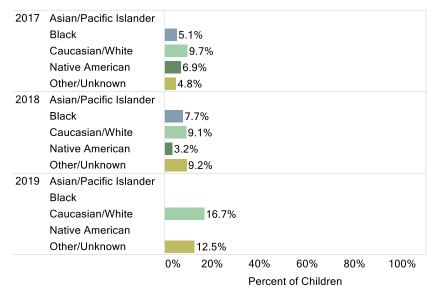
Note: Data was suppressed for Ash Fork (all years), Bagdad (all years), Sedona (all years) and Yavapai South (all years).

Figure 30. Percent of AHCCCS Children Ages 1-5 Receiving Hearing Screening Tests by Age Group, Tribal Affiliation, Ethnicity, Race, Sex and Year

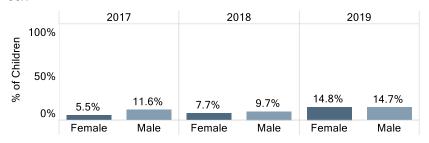
Percent of children receiving hearing screening tests from ages 1-5 by ethnicity



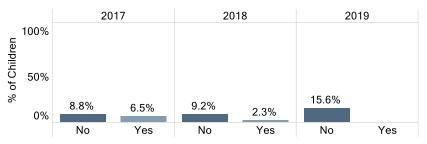
Percent of children receiving hearing screening tests from ages 1-5 by race



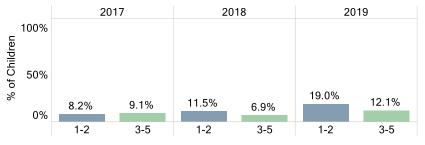
Percent of children receiving hearing screening tests from ages 1-5 by sex



Percent of children receiving hearing screening tests from ages 1-5 by tribal affiliation



Percent of children receiving hearing screening tests from ages 1-5 by age group



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for tribal affiliation in 2019, Asian/Pacific Islander in all years, Black in 2019 and Native American in 2019.

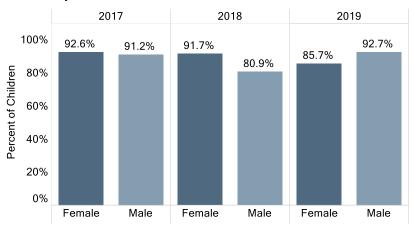
Table 23. Percent of AHCCCS Children Ages 1-5 Screened for Hearing and Who Had Additional Audiology Services by Subregion, 2017-2019

Subregion	2017	2018	2019
Chino Valley	100%	88%	100%
Cordes Junction	DS	100%	DS
Prescott	88%	75%	93%
Prescott Valley	89%	80%	89%
Verde Valley	92%	94%	84%

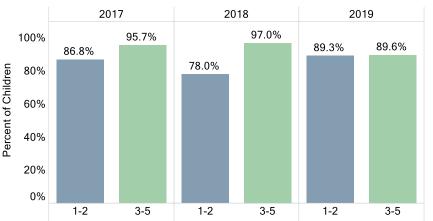
Note: Data was suppressed for Ash Fork, Bagdad, Sedona and Yavapai South.

Figure 31. Percent of AHCCCS Children Ages 1-5 Screened for Hearing and Who Had Additional Audiology Services by Age Group, Tribal Affiliation, Ethnicity, Race, Sex and Year

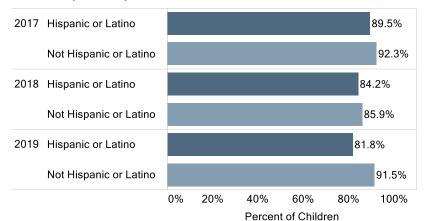
Percent of children screened ages 1-5 who had additional audiology services by sex



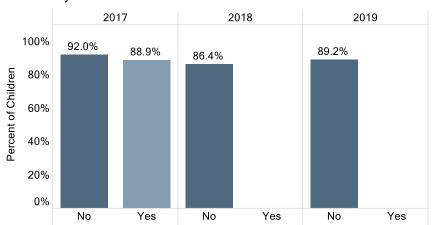
Percent of children screened ages 1-5 who had additional audiology services by age group



Percent of children screened ages 1-5 who had additional audiology services by ethnicity



Percent of children screened ages 1-5 who had additional audiology services by tribal affiliation



Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for tribal affiliation in 2018 and 2019.

Table 24. Percent of Audiology Service Claims by Provider Type for AHCCCS Children Ages 1-5 Screened for Hearing and Who Had Additional Audiology Services, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Audiologist	29	19%	38	26%	46	29%
Integrated Clinics	<6	DS	<6	DS	7	4%
Physician – MD/DO	125	81%	80	56%	90	56%
Registered Nurse Practitioner	<6	DS	20	14%	8	5%
Other	<6	DS	<6	DS	9	6%

ORAL HEALTH

Oral health concerns our teeth, gums, and oral-facial system that includes the ability to smile, speak, chew and other senses. Daily brushing and flossing of our teeth and gums demonstrates good oral hygiene, but it is not enough to maintain good oral health. We also need good nutrition, proper management of other health conditions, access to dental care, and extra help when there is a genetic predisposition to oral health conditions or special health care needs.

Oral health is a key indicator of overall health, well-being and quality of life.

Unfortunately, tooth decay has become a chronic disease in children. The CDC reports that 20% of children ages 5-11 have at least one untreated cavity, and children in low-income families are twice as likely to have cavities than children in higher-income

families (Dye, Xianfen, & Beltrán-Aguilar, 2012). Cavities can be prevented by applying a fluoride varnish to primary and permanent teeth, drinking fluoridated tap water, brushing with a fluoride toothpaste, and applying dental sealants. Children should have regular visits to the dentist, beginning before their first birthday, for early identification and management of problems (Enany, n.d.). This report focuses on dental visits for ages 1-5.

In Yavapai Region, 50-57% of AHCCCS children had at least one annual dental visit compared to 51-53% of AHCCCS children statewide (Table 25). Neither the region nor the state met the AHCCCS MPS of 60% for annual dental visits for ages 2-20 (Table 26). Two subregions met or exceeded the AHCCCS MPS in Figure 32: Ash Fork (2019) and Prescott Valley (2018 and 2019). Regional AHCCCS children who had at least one annual dental visit were more likely to be ages 3-5 (62-67%) than ages 1-2 (36-42%) and Hispanic or Latino (58-66%) than Non-Hispanic or Latino (48-55%) (Figure 33).

Two preventative care dental visits are recommended annually for children. In the region, 21-25% of AHCCCS children received the biannual preventative care dental visit compared to 18-20% of AHCCCS

children statewide (Table 25); however, 48-55% of regional AHCCCS children had at least one preventative care dental visit per year (Figure 34).

In Table 25, fluoride varnish was applied to 45-52% of AHCCCS children in the region compared to 47-49% of AHCCCS children statewide. Subregions Ash Fork (2017 and 2019), Chino Valley (all years), Cordes Junction (2017 and 2018), Prescott (2018 and 2019), Prescott Valley (all years), Sedona (2017) and Verde Valley (2019) met or exceeded the AHCCCS statewide rate for AHCCCS children having received a fluoride varnish application (Figure 35). Regional AHCCCS children who had a fluoride varnish application were more likely to be ages 3-5 (56-60%) than ages 1-2 (31-39%) and Hispanic or Latino (51-59%) than Non-Hispanic or Latino (43-50%).

Table 25. Percent of Statewide and Regional AHCCCS Children Oral Health Visits for Ages 1-5, 2017-2019

Type of Visit / Year	20	17	2018		20	19
Type of Visit / Year	Region	Arizona	Region	Arizona	Region	Arizona
Any Annual Dental Visit	50%	51%	56%	52%	57%	53%
Preventative Care Dental Visit Twice Annually	21%	18%	24%	19%	25%	20%
Fluoride Varnish Application	45%	47%	50%	48%	52%	49%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Table 26. AHCCCS Statewide Contractor Rate of Performance on Annual Dental Visits for Ages Two to 20 Years, 2017-2019

Contractor	2017	2018	2019	Minimum Performance Standard
AHCCCS Complete Care	61%	61%	60%	60%
Comprehensive Medical and Dental Program	74%	75%	60%	60%
KidsCare	74%	74%	76%	60%

Source: (Health Services Advisory Group, 2021); (Health Services Advisory Group, 2019) (Health Services Advisory Group, 2020).

Table 27. Percent of AHCCCS Claims by Provider Type for Children Ages 1-5 With at Least One Annual Dental Visit, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Dentist	4,383	99%	4,763	99%	4,706	98%
Federally Qualified Health Center (FQHC)	26	1%	29	1%	31	1%
Other	26	1%	16	0%	41	1%

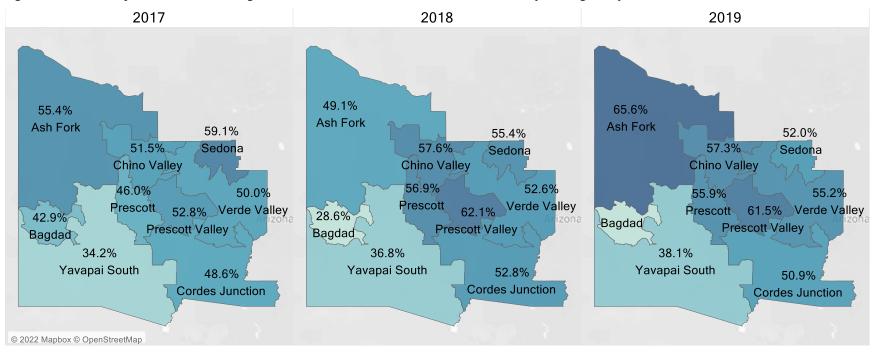


Figure 32. Percent of AHCCCS Children Ages 1-5 With at Least One Annual Dental Visit by Subregion by Year

Regional Range

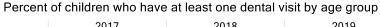
65.6%

28.6%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

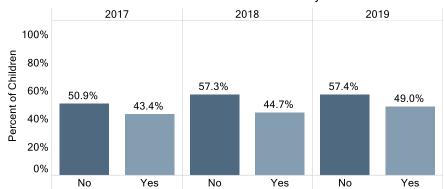
Notes: This indicator includes any claim with an associated dental procedure code (CDT). Data was suppressed for Bagdad in 2019.

Figure 33. Percent of AHCCCS Children Ages 1-5 With at Least One Annual Dental Visit by Age Group, Tribal Affiliation, Ethnicity, Race and Year

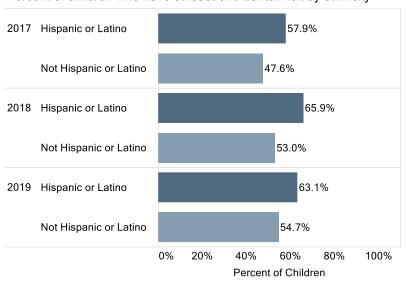




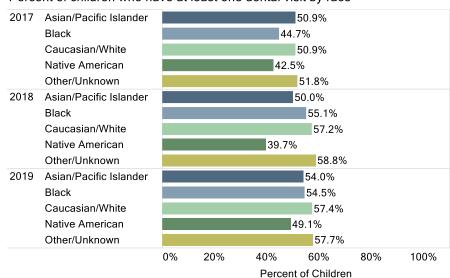
Percent of children who have at least one dental visit by tribal affiliation



Percent of children who have at least one dental visit by ethnicity



Percent of children who have at least one dental visit by race



Notes: This indicator includes any claim with an associated dental procedure code (CDT).

100%

| 54.4% | 55.1% | 20m | 48.3% | 20m | 20m

Figure 34. Percent of AHCCCS Children Ages 1-5 With One and Two Preventative Care Dental Visits in a Year

Notes: This indicator is called a preventative care dental visit and includes the following procedures: D0120 periodic oral evaluation, D0150 comprehensive oral evaluation and D0145 oral evaluation for patient under 3 years of age and counseling with primary caregiver.

Table 28. Percent of Claims by Provider Type for AHCCCS Children Ages 1-5 Receiving Fluoride Varnish, 2017-2019

	2017		2018		2019	
Provider Type	Claims Count	Percent of Total	Claims Count	Percent of Total	Claims Count	Percent of Total
Dentist	2,845	95%	3,118	97%	3,226	98%
Federally Qualified Health Center (FQHC)	9	<1%	8	<1%	17	1%
Physician – MD/DO	121	4%	69	2%	29	1%
Other	12	<1%	6	<1%	24	1%

Source: AHCCCS Claims Data, 2021. CHIR is the source for all processing of the AHCCCS data.

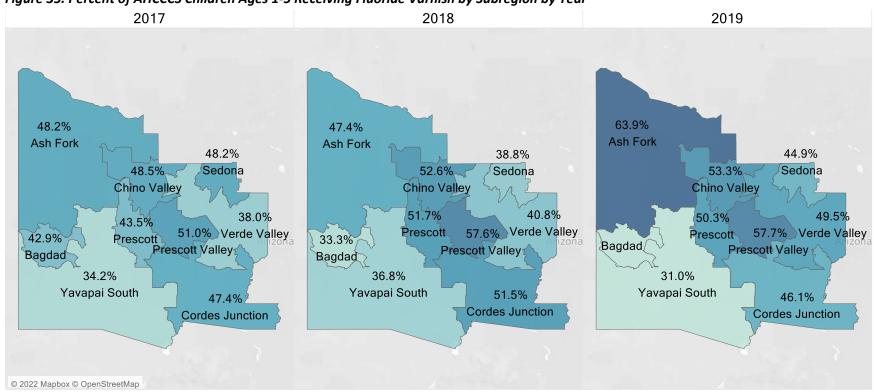


Figure 35. Percent of AHCCCS Children Ages 1-5 Receiving Fluoride Varnish by Subregion by Year

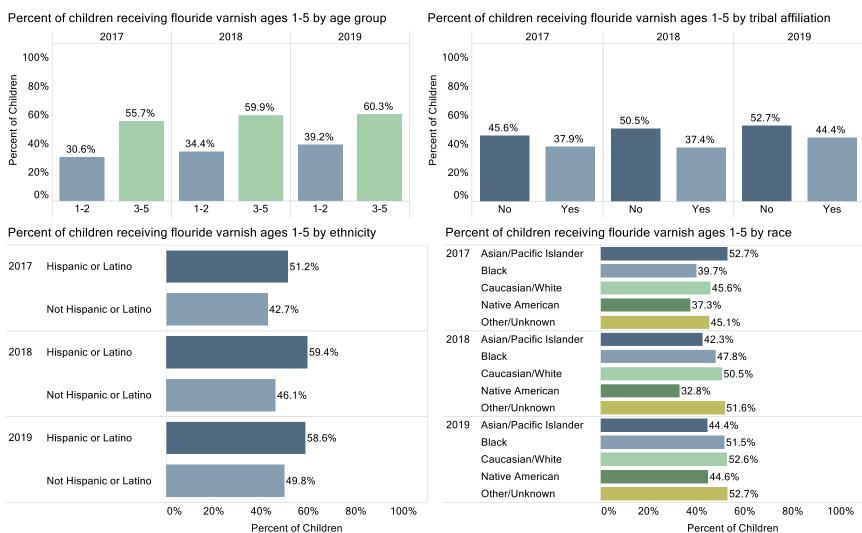
Regional Range

31.0% 63.9%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Bagdad in 2019.

Figure 36. Percent of AHCCCS Children Ages 1-5 Receiving Fluoride Varnish by Age Group, Tribal Affiliation, Ethnicity, Race and Year



IMMUNIZATIONS

Childhood vaccines protect children from many serious and potentially life-threatening diseases such as diphtheria, measles, meningitis, polio, tetanus and whooping cough, at a time in their lives when they are most vulnerable to disease. Approximately 300 children in the United States die each year from vaccine preventable diseases (HHS Office of Disease Prevention and Health Promotion, 2021). Immunizations are essential for disease prevention and are a critical aspect of preventable care for children. Vaccination coverage must be maintained to prevent a resurgence of vaccine-preventable diseases.

The Centers for Medicare and Medicaid Services measures the quality of immunizations through a core indicator of childhood immunization status which is also used by HEDIS. The measure calculates a rate for certain vaccines recommended by a child's second birthday (National Quality Forum, 2017):

- Percent of children who have completed the following schedules: four diphtheria, tetanus and acellular pertussis (DTaP); three polio (IPV); one measles, mumps and rubella (MMR); three haemophilus influenza type B (HiB); three hepatitis B (HepB); one chicken pox (VZV); four pneumococcal conjugate (PCV); one hepatitis A (HepA); two or three rotavirus (RV); two influenza (flu).
- Percent of children who have completed all vaccine courses combined: Combo 10.
- Percent of children who have completed Combo 3: four diphtheria, tetanus and acellular
 pertussis (DTaP); three polio (IPV); one measles, mumps and rubella (MMR); three haemophilus
 influenza type B (HiB); three hepatitis B (HepB); one chicken pox (VZV); four pneumococcal
 conjugate (PCV).

AHCCCS measures childhood immunization completion rates with each of its contractors biennially using the core measure. AHCCCS children's immunization status in Table 30 is the percent of AHCCCS children who have completed each indicated vaccine course by their second birthday, recorded in AHCCCS claims only. These rates were substantially lower than AHCCCS' published statistics in Table 29 due to the limitation of claims data and should be interpreted with caution. AHCCCS declared that claims data does not have the greatest level of detail as claims are not always reported for immunizations, particularly in school settings. To accurately capture immunization rates in AHCCCS' published statistics, AHCCCS uses data from medical records and from the Arizona State Immunization Information System (ASIIS), which is maintained by the Arizona Department of Health Services.

AHCCCS reported that statewide childhood immunization completion rates met or exceeded the national mean rates for three immunizations: DTaP, Hep A and Combo 3 (Arizona Health Care Cost Containment System, 2018) (Table 29). Several barriers to immunizations remained, such as the spread of misinformation about vaccines and parental hesitancy. The rate of exemptions from immunizations increased statewide as nearly 6% of kindergarteners had a Personal Beliefs Exemption in place since the 2017-2018 school year (Arizona Department of Health Services, 2021).

Table 29. AHCCCS Statewide Aggregate Immunization Completion Rates by Two Years Old, FFY 2016

Immunizations	FFY 2016 (period ending 9/30/2017)	HEDIS Medicaid Mean	AHCCCS Minimum Performance Standard
DTaP	79%	77%	85%
Polio	88%	89%	91%
MMR	89%	90%	91%
HiB	87%	88%	90%
Нер В	87%	88%	90%
VZV	88%	89%	88%
PCV	76%	77%	82%
Hep A	88%	84%	40%
RV	61%	69%	60%
Flu	40%	45%	45%
Combo 3	71%	70%	68%

Source: (Arizona Health Care Cost Containment System, 2018).

Note: The rows shaded green are the childhood immunization rates that met or exceeded the national median rates.

Table 30. Percent of Statewide and Regional AHCCCS Children Immunization Status, from AHCCCS Claims Data Only, 2017-2019

l	20	17	2018		20	19
Immunizations	Region	Arizona	Region	Arizona	Region	Arizona
DTaP	35%	30%	35%	38%	56%	52%
Polio	53%	40%	50%	51%	69%	66%
MMR	62%	57%	73%	72%	77%	76%
HiB	58%	44%	60%	56%	72%	69%
Нер В	11%	13%	10%	18%	14%	21%
VZV	61%	57%	72%	72%	77%	76%
PCV	12%	18%	27%	31%	56%	52%
Нер А	66%	65%	73%	75%	76%	78%
RV	39%	31%	33%	39%	55%	51%
Flu	19%	19%	30%	31%	35%	34%
Combo 3	2%	4%	4%	10%	11%	15%
Combo 10	<1%	2%	1%	4%	5%	7%

Notes: Rates only include immunizations recorded in AHCCCS claims, this is likely an undercount of immunization rates. Rows shaded pink are for comparing with Table 29.

MATERNAL PRENATAL AND POSTPARTUM CARE

Research has shown that the health of women before pregnancy and after delivery significantly impacts the health of their babies; therefore, it is important to focus on women's preconception health, prenatal care, postpartum care and beyond (Healthy People 2030).

Women who do not seek prenatal care are three times as likely to deliver a low birth weight infant.

(NICHD - Eunice Kennedy Shriver National Institute of Child Health and Human Development, 2017) For pregnant women, prenatal care is essential for a healthy pregnancy and reducing the complications that can lead to poor birth outcomes for mother and child. Prenatal care involves regular visits to a health care provider to monitor the mother's health and health of the developing fetus, and this care should begin as early as possible in the pregnancy and continue until

delivery. Prenatal care can identify problems or complications and take steps to manage them (NICHD - Eunice Kennedy Shriver National Institute of Child Health and Human Development, 2017). The American

Academy of Pediatrics and the American College of Obstetricians and Gynecologists recommend that a woman with an uncomplicated pregnancy be examined at least once in the first trimester for prenatal care. Appropriate perinatal services and education are crucial components of a healthy birth.

The period of up to 60 days following childbirth is called the postpartum period. Preexisting health conditions, social determinants, and newly developed conditions contribute to maternal morbidity and mortality during this period. Health care providers consider the postpartum period to be critical to the health and well-being of both mother and child, so postpartum care should not be considered as optional. Yet, research has shown that nearly 40% of women in the United States have gone without a single postpartum visit (American College of Obstetricians and Gynecologists, 2018).

In Yavapai Region, 92-95% of pregnant women began prenatal care in the first trimester compared to 84-86% of AHCCCS women statewide in Table 31, which were both above the Healthy People 2030 target rate of 81%²¹. All subregions met or exceeded the Healthy People 2030 target rate for timely prenatal care except for Bagdad (suppressed for all years) and Cordes Junction (2019). The demographics for AHCCCS women receiving timely prenatal care varied among categories in Figure 38.

For postpartum care, 92-93% of regional AHCCCS women had at least one postpartum visit compared to 88-89% of AHCCCS women statewide (Table 31) and 64-75% of Medicaid women nationally. The subregions who met or exceeded the AHCCCS statewide rates for at least one postpartum visit in all years were Chino Valley, Prescott, Prescott Valley, Sedona and Verde Valley (Figure 39). There were slight variations in the demographics for postpartum visits, but the overall rates were high, ranging 80-100% (Figure 40).

Table 31. Percent of All AHCCCS Women Who Received Timely Prenatal and Postpartum Care, 2017-2019

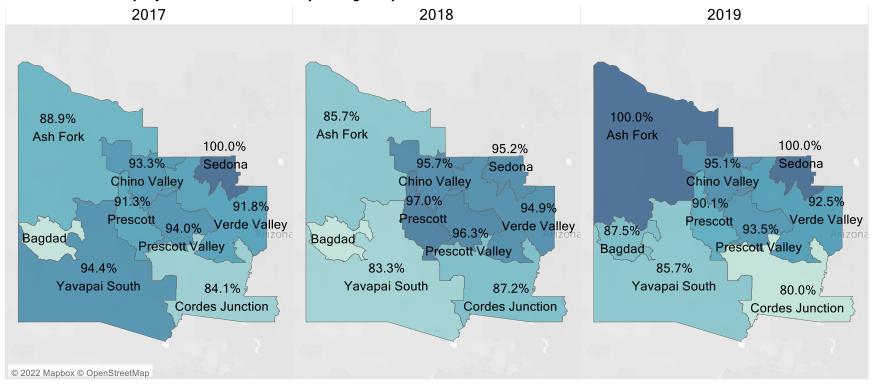
Type of Care	2017		20	18	2019		
Type of Care	Region	Arizona	Region	Arizona	Region	Arizona	
Prenatal Care	92%	84%	95%	86%	92%	85%	
Postpartum Care	93%	88%	93%	89%	92%	89%	

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

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²¹ Healthy People 2030 Prenatal Care Objective - https://health.gov/healthypeople/objectives-and-data/browse-objectives/pregnancy-and-childbirth/increase-proportion-pregnant-women-who-receive-early-and-adequate-prenatal-care-mich-08

Figure 37. Percent of Deliveries That Received a Prenatal Care Visit While Enrolled in AHCCCS in the First Trimester, on the Enrollment Start Date or Within 42 Days of Enrollment in AHCCCS by Subregion by Year



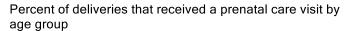
Regional Range

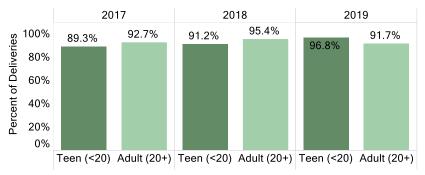
80.0% 100.0%

Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

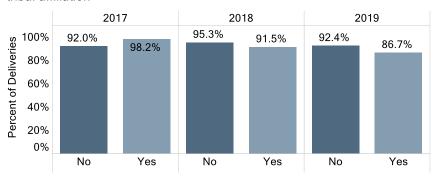
Note: Data was suppressed for Bagdad in all years.

Figure 38. Percent of Deliveries That Received a Prenatal Care Visit While Enrolled in AHCCCS in the First Trimester, on the Enrollment Start Date or Within 42 Days of Enrollment in AHCCCS by Age Group, Tribal Affiliation, Ethnicity, Race and Year

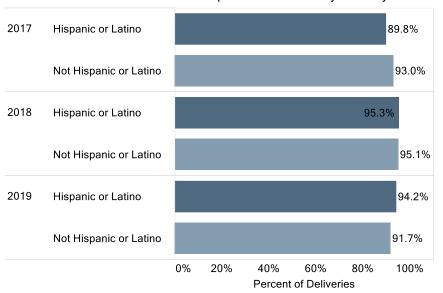




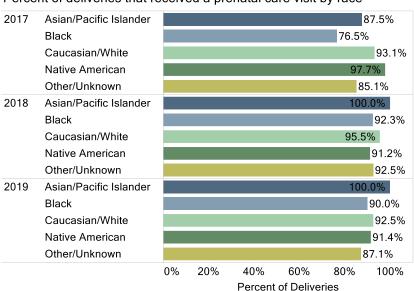
Percent of deliveries that received a prenatal care visit by tribal affiliation



Percent of deliveries that received a prenatal care visit by ethnicity



Percent of deliveries that received a prenatal care visit by race



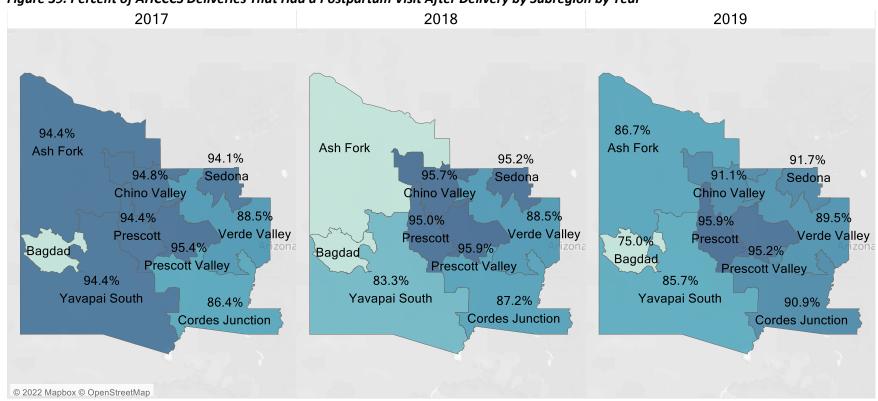


Figure 39. Percent of AHCCCS Deliveries That Had a Postpartum Visit After Delivery by Subregion by Year

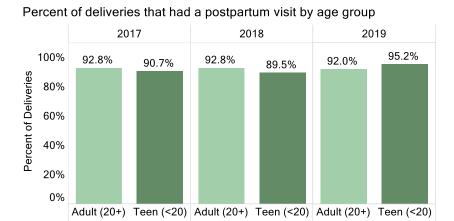
Regional Range

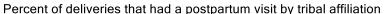
75.0% 95.9%

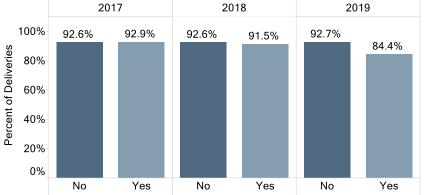
Source: AHCCCS Claims Data, 2021. CHiR is the source for all processing of the AHCCCS data.

Note: Data was suppressed for Bagdad in all years and Ash Fork in 2018.

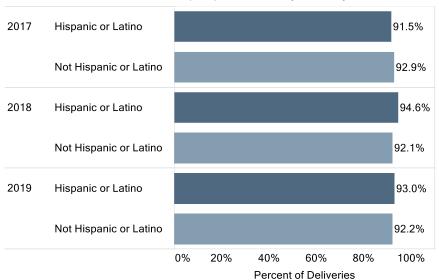
Figure 40. Percent of AHCCCS Deliveries That Had a Postpartum Visit After Delivery by Age Group, Race, Ethnicity, Tribal Affiliation and Year



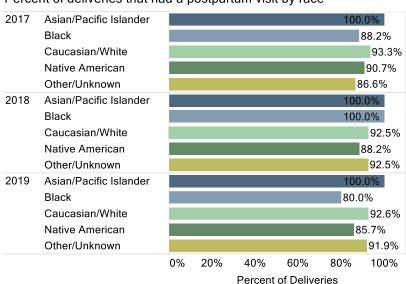




Percent of deliveries that had a postpartum visit by ethnicity



Percent of deliveries that had a postpartum visit by race



HEALTH PLAN PERFORMANCE

This section provided a selection of health indicators to compare results among the AHCCCS health plans. Table 33 provided a snapshot of service utilization for regional AHCCCS children enrolled in each AHCCCS health plan. All regional health plans met or exceeded the AHCCCS statewide aggregate performance and MPS for PCP visits for ages 1-5 in at least one year. Regional health plan performance was high for at least one well-child visit in the first 15 months, ranging 94% to 100% for all reporting health plans. Mercy Care Plan was the only health plan that met or exceeded the AHCCCS statewide aggregate rate and MPS for six or more well-child visits in the first 15 months in 2019. Three health plans met or exceeded the AHCCCS statewide aggregate rate and MPS for one or more annual well-child visits for ages 3-5: Care 1st (2017 and 2019), Comprehensive Medical and Dental Program (2019) and Mercy Care Plan (2018). Three regional health plans met or exceeded the AHCCCS statewide aggregate health plan performance and MPS for preventative care dental visits²² for ages 1-5: Banner University Family Care (2019), Care 1st (2017) and DES Developmental Disability (all years).

²² The AHCCCS statewide indicator for preventative care dental visits includes ages 2-20, which incorporates a significantly larger number of AHCCCS children than our reporting on ages birth to 5, so the rates should be compared with caution.

Table 32. AHCCCS Statewide Aggregate Health Plan Performance and Minimum Performance Standards, 2017-2019

Year/Indicator	Health Plan Type	One or More Annual PCP Visits, Ages 1-6 (MPS)	Six or More Well-Child Visits in First 15 Months (MPS)	One or More Annual Well- Child Visits, Ages 3-6 (MPS)	One or More Annual Preventative Care Dental Visits, Ages 2- 20 (MPS)
	Acute	83% (84%)	60% (65%)	61% (66%)	61% (60%)
2047	CMDP	92% (84%)	75% (65%)	75% (66%)	74% (60%)
2017	CRS	93% (84%)	49% (65%)	66% (66%)	67% (60%)
	DES DD	89% (84%)	N/A (65%)	53% (66%)	57% (60%)
	Acute	84% (84%)	62% (65%)	61% (66%)	61% (60%)
2010	CMDP	93% (84%)	N/A (65%)	73% (66%)	75% (60%)
2018	CRS	92% (84%)	47% (65%)	64% (66%)	68% (60%)
	DES DD	87% (84%)	N/A (65%)	55% (66%)	57% (60%)
	Acute	84% (87%)	64% (62%)	63% (66%)	60% (60%)
2010	CMDP	92% (87%)	N/A (62%)	75% (72%)	75% (60%)
2019	CRS	N/A (87%)	N/A (62%)	N/A (66%)	N/A (60%)
	DES DD	89% (87%)	N/A (62%)	58% (66%)	53% (60%)

Source: (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020); (Health Services Advisory Group, 2021); (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020).

Notes: There was no MPS for DES/DDD for six or more well-child visits in the first 15 months. Cells for which data was not available are indicated by "N/A".

Table 33. Select Regional Indicators by AHCCCS Health Plan, 2017-2019

		One or More		isits in First /	One or More Well-	One or More Preventative
Health Plan	Year	PCP Visits, Ages 1-5	At Least One Visit*	Six or More Visits	Child Visits, Ages 3-5	Care Dental Visits, Ages 1- 5
	2017	88%	100%	DS	DS	39%
AZ Complete Health	2018	83%	100%	DS	DS	42%
	2019	76%	DS	DS	42%	53%
Dames Heissersits	2017	88%	97%	49%	61%	50%
Banner University Family Care	2018	88%	97%	58%	60%	58%
Tunning cure	2019	79%	DS	DS	54%	63%
	2017	84%	100%	DS	68%	63%
Care 1st	2018	85%	100%	DS	58%	55%
	2019	89%	97%	60%	67%	40%
Children's Rehabilitative	2017	94%	100%	57%	63%	52%
Services (CRS)	2018	98%	100%	38%	60%	64%
DES Comprehensive	2017	88%	100%	29%	51%	58%
Medical and Dental	2018	91%	100%	29%	62%	63%
(CMDP) Program	2019	97%	100%	53%	75%	66%
DES Developmental	2017	93%	DS	DS	77%	68%
Disability (DD) Long	2018	100%	DS	DS	DS	64%
Term Care (LTC)	2019	75%	DS	DS	DS	60%
	2017	88%	95%	52%	60%	45%
Mercy Care Plan	2018	91%	95%	42%	72%	52%
	2019	87%	100%	82%	52%	54%
Steward Health	2017	83%	100%	50%	48%	32%
Choice AZ	2018	85%	96%	39%	46%	44%
CHOICE AZ	2019	89%	100%	59%	63%	43%
	2017	89%	98%	54%	63%	52%
United Healthcare	2018	88%	96%	57%	63%	57%
	2019	82%	94%	44%	48%	59%

Notes: Cells shaded green indicate the rate met or exceeded the AHCCCS statewide performance by health plan (Table 34); blue indicates the health plan met or exceeded the AHCCCS statewide aggregate performance, pinks indicate the health plan met or exceeded the MPS, and purple indicates the health plan met or exceeded both the MPS and statewide aggregate performance (Table 32). The American Indian Health Plan was excluded from this table as only 1% of regional AHCCCS children were enrolled in this health plan. *AHCCCS did not measure health plan performance for at least one PCP visit by 15 months of age.

Table 34. Select AHCCCS Statewide Indicators by Health Plan, 2017-2019

Health Plan	Year	One or More PCP Visits, Ages 1-6	Well-Child Visits in First 15 Months Six or More Visits	One or More Well- Child Visits, Ages 3-6	One or More Preventative Care Dental Visits, Ages 2-20
	2017	N/A	N/A	N/A	N/A
AZ Complete Health	2018	82%	61%	59%	48%
	2019	82%	64%	61%	55%
	2017	N/A	N/A	N/A	N/A
Banner University Family Care	2018	84%	62%	60%	54%
	2019	83%	64%	61%	53%
	2017	83%	66%	64%	62%
Care 1st	2018	86%	67%	67%	65%
	2019	84%	71%	64%	63%
	2017	N/A	N/A	N/A	N/A
Magellan Complete Care	2018	N/A	N/A	N/A	N/A
	2019	67%	N/A	47%	37%
	2017	85%	63%	62%	64%
Mercy Care Plan	2018	86%	66%	63%	64%
	2019	87%	65%	65%	63%
	2017	83%	59%	60%	61%
United Healthcare	2018	84%	61%	61%	62%
	2019	86%	66%	67%	62%

Source: (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020); (Health Services Advisory Group, 2021); (Health Services Advisory Group, 2019); (Health Services Advisory Group, 2020).

Notes: Cells that did not have available data for that year and/or the health plan was not contracted for that year are indicated by "N/A". Cells shaded blue indicate the rate met or exceeded the AHCCCS statewide aggregate health plan performance rate; cells shaded purple indicate the rate met or exceeded both the AHCCCS statewide aggregate health plan performance rate and the AHCCCS MPS (Table 32). AHCCCS did not measure health plan performance for the indicator of at least one PCP visit by 15 months of age.

CONCLUSION

The physical, mental, and emotional health of young children lays the foundation for the rest of their life. Yavapai Region had several assets contributing to better health outcomes for young children and women enrolled in AHCCCS from 2017 to 2019, including annual PCP visits, lead poisoning screenings, newborn hearing screenings, immunizations (DTaP, Hepatitis, Combo 3), and prenatal and postpartum care visits. These achievements contributed to good health outcomes throughout the region. The areas where needs were identified for AHCCCS women and children included well-child visits, developmental screenings, vision screenings, oral health, and the supply of health care professionals.

The information in this report can be combined with other available information to create a more comprehensive view of young children and women in the region for regional council planning.

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APPENDIX: DATA SOURCES

The source of data in all tables, graphs, reports, presentations, and other publications is the Arizona Health Care Cost Containment System (AHCCCS) (2021) unless otherwise noted. CHiR is the source of the calculations, analysis and/or processing of the data.

AHCCCS health claims and encounters data. AHCCCS is the state Medicaid provider. The data include health care transactions (paid claims) on all members, patients receiving inpatient, emergency department or other outpatient care in the state. The data layout is already at the individual patient level when received and requires no further manipulation to standardize variables or match patients.

AHCCCS System

In October 2018, AHCCCS enacted major changes to its care delivery system to integrate physical and behavioral health care under designated health plans for its eligible populations, called AHCCCS Complete Care. Integrated care would result in better coordination among providers in the same network and better health outcomes for AHCCCS enrollees. Under AHCCCS Complete Care, the choice of health plans varies by geographic area, but affected members have the same array of covered services and access to a network of providers (Arizona Health Care Cost Containment System, 2018).

Table 35. AHCCCS Complete Care Health Plans by Geographic Service Area

Geographic Service Area	AHCCCS Complete Care Health Plans
North (Apache, Coconino, Mohave, Navajo and Yavapai Counties)	Care 1st and Health Choice Arizona
Central (Maricopa, Gila and Pinal Counties)	Banner University Family Care, Care 1st, Health Choice Arizona, Arizona Complete Health, Magellan Complete Care, Mercy Care, UnitedHealthcare Community Plan
South (Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz and Yuma Counties)*	Banner University Family Care, Arizona Complete Health, UnitedHealthcare Community Plan (Pima County only)

^{*}Zip codes 85542, 85192, 85550 are in the South geographic service area.

Other health plans serve specialty populations. AHCCCS members with developmental disabilities who are enrolled in the Department of Economic Security/Division of Developmental Disabilities (DES/DDD) with a Children's Rehabilitative Services designation receive integrated care through their assigned DDD health plan. Arizona Long Term Care members receive services through program contractors.

American Indian members have the choice of enrolling in an AHCCCS Complete Care managed care plan or the American Indian Health Program (AIHP fee-for-service) for integrated care or switch enrollment between the two at any time. AIHP members can also choose care coordination through a Tribal Regional Behavioral Health Authority when available (secondary health plan). American Indian members can receive services at any time from an Indian Health Service facility, or a tribally owned or operated organization (i.e., Tribal 638 providers or Urban Indian Health providers).

American Indian members determined to have a Serious Mental Illness receive behavioral health services from a Regional Behavioral Health Authority but have the option to choose the American Indian Health Program or AHCCCS Complete Care for physical health services.

Arizona Health Care Workforce- Physicians. For the provider indicators, we capture the supply of Arizona physicians by specialty using the Arizona Health Care Workforce data set. This data set includes administrative data collected from the Arizona Medical Board and the Arizona Board of Osteopathic Examiners in Medicine and Surgery, the licensing agencies for physicians.